



City of Kirtland Newsletter

City of Faith and Beauty



City of Kirtland ☞ 9301 Chillicothe Road ☞ Kirtland, OH 44094
440-256-3332 ☞ www.kirtlandohio.com

A Message from Mayor Mark A. Tyler



As Mayor of Kirtland, I am proud to represent a city which has so much to offer. Residents and guests enjoy our beautiful city for its small town feel that is full of heritage and faith.

Among our treasures is the Kirtland Recreation Park. Hidden behind the Kirtland Schools campus on Chillicothe Road, this park is owned and run by the City of Kirtland. The park consists of five baseball/softball diamonds, a soccer field, a football field and a pavilion. While the City maintains the park, many groups including Kirtland Kiwanis, Kirtland Schools and Youth Sports leagues have generously donated time and materials to improve the park for all to enjoy. I'd like to share with you some enhancements that have been made in the last few years.

- 2010 Additional fencing at the north end of the soccer field & added crown on base lines.
Driveway extended from concession stand to soccer field.
Original parking lot expanded to provide additional parking and handicapped parking.
- 2012 Soccer field renovation including water line installation from concession stand to field.
Backstop replaced, fence added to varsity baseball field and concrete pads installed in dugouts.
- 2013 Added a new parking lot providing an additional 40 parking spaces.
Installed parking lot east of the concession stand adding 26 new spaces.
Excavated area west of the concession stand for new playground.
Concrete pads for bleachers on Fields 1,4 and 5 along with concrete pads for dugouts on Field 5.
New shot put pad installed.
- 2014 Installed second discus pad and shot put pad.
Installed new pitching mound on Field 3
Footers added and concrete pad enlarged on Field 5 for two new dugouts.
- 2015 New pavilion built.
New playground equipment constructed.
Pitching mound constructed on Field 3.

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IN THE SPOTLIGHT

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SENIOR NEWS

- Senior Center Highlights

Kirtland Ranked In Top 5 Best Cleveland Suburbs to Raise a Family

In May 2015, Niche, a ranking and review company, released a list of the top 50 Greater Cleveland suburbs to raise a family. **We are proud to announce that Kirtland was ranked 5th.**

The list is based on age demographics, school ratings, crime rates, and access to affordable housing, child care, libraries and grocery stores.

Congratulations and thank you to everyone in our community who help make Kirtland a great place to live and work. For a full list visit: <https://local.niche.com/rankings/suburbs/best-places-for-families/m/cleveland-metro-area/>.

Our Report Card

As ranked by Niche, May 2015

Category	Grade
Crime & Safety	A
Education	A
Access to Library	B
Community	A
Housing	A-



Election Day & Voting Information



Lake County Board of Elections

105 Main Street
P.O. Box 490
Painesville, OH 44077-0490

Phone: 440-350-2700
E-Mail: lake@sos.state.oh.us
Website: www.lakeelections.com

Hours of Operation:
8 a.m. to 4:30 p.m., Monday – Friday

General Election

- Tuesday, November 3, 2015
- Polls open at 6:30 a.m. and close at 7:30 p.m.

Voter Registration

- Voter registration forms are available at the Lake County Board of Elections website: www.lakecountyohio.gov/lakeelections

Absentee Voting

- Absentee voting begins in-office and by mail October 6, 2015
- In-office absentee voting ends November 2, 2015 at 2 p.m.
- Absentee voting by mail ends November 3, 2015

Polling Locations

- To confirm your polling location, please visit the City of Kirtland website: www.kirtlandohio.com. Click on "Voter Information" at the bottom of the homepage or visit www.lakecountyohio.gov/lakeelections/PollingLocations.
- NEW IN 2015: The polling location for Ward 1 has changed from the Library to City Hall starting with the November 2015 election. There will be no change to Wards 2, 3 or 4.

Poll Workers Needed

- If you are interested in working at the polls on Election Day, please contact the Lake County Board of Elections at 440-350-2700.

Kirtland Schools Back in Session



Welcome Back teachers and students. We are looking forward to another great year of learning, activities and sports.

A sure sign that summer is coming to end - school is back in session. Please use extra caution when traveling through Kirtland, especially on Chillicothe Rd. during school hours. When flashing, the speed limit in the school zone is 20mph. Help keep our children safe by being alert!

GO HORNETS!

Kirtland Police Department Promotions & Tips

OFFICER JAMEY FISHER PROMOTED TO SERGEANT

Some in the community may have noticed the change in Officer Jamey Fisher's uniform. He is now sporting stripes on his sleeves since being sworn in as a Sergeant on May 18, 2015. Jamey has been a valuable member of the department and has performed well over his tenure. He is an evidence technician among his many talents and is a certified instructor in a number of areas. He has been an Officer of the Year and given awards by M.A.D.D. for his efforts against drunk driving. He joins his fellow Sergeant Lance Nosse promoted one year earlier in May 2014. Together they are the supervisory team coaching and preparing officers for their duties. Congratulations, Sergeant Fisher!



Mayor Tyler (left), Sgt. Fisher and family

OFFICERS LA TURNER & MARTIN TO FULL TIME

Eric LaTurner and Michael Martin were made permanent full time officers after serving as part time and each serving as emergency appointments due to officers on medical leave. Eric came to Kirtland in March 2014 while Michael joined the department in June 2014. Each has proven their worth to the department and to the citizens of Kirtland. Congratulations Officer LaTurner and Office Martin!

Too Good To Be True? Beware of Scammers!

The Kirtland Police Department would like to notify residents to be aware of scams that are occurring in our community over the phone and by mail. As a reminder, do not provide anyone with your private information such as bank accounts, credit card numbers, and your social security number. Scammers are very good at what they do so if it sounds too good to be true, it most likely is. Please report all scams to the Kirtland Police Department so that they can be investigated and stopped.

Good Neighbors are the Best Defense Against Intruders

Kirtland has been ranked as one of the safest cities in Northeast Ohio, an honor the Kirtland Police Department is proud of. Despite this ranking, Kirtland has experienced a few home and car invasions. The Kirtland Police Department is happy to report that most of these cases have been solved, but please be advised that criminal behavior still exists if the opportunity presents itself. The best defense against criminal activity is knowing your neighborhood and the people in it. Being a good neighbor goes a long way in keeping our community safe. The Kirtland Police Department welcomes calls from residents should anything suspicious or out of the ordinary be suspected. Thank you to our residents who care about our community!



Maintain Drainage Ditches

Hazardous Waste Collection

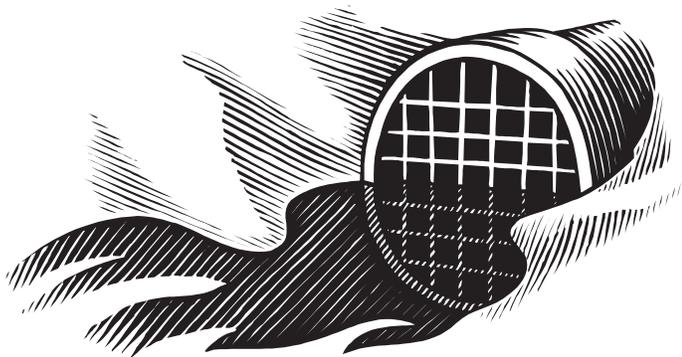
A Reminder to Residents

When Saturday, Sept. 28, 2015
9 a.m. to 3 p.m.

Location Lake County Fairgrounds
South End

Please remember that leaves and other debris should not be dumped or allowed to collect in drainage ditches. An accumulation of leaves or other debris can plug drains and lead to flooding.

While the Public Works Department makes every effort to assist residents, please remember that this responsibility is ultimately that of the homeowner. Thank you for your help with this effort!



For more information, please contact:
Lake County Solid Waste District
440-350-2644

ACCEPTABLE ITEMS:

Aerosols	Oil-based Paints
Antifreeze	Pesticides
Batteries - All Sizes	Photography Chemicals
Coolants	Polyurethanes
Diesel Fuel	Pool Chemicals
Drive Sealers	Primers
Empty Propane Tanks	Roofing Tars
Fluorescent Bulbs (all sizes)	Shellacs
Gasoline	Spray Insecticides
Grease	Stains
Grout	Strippers
Household Cleaners & Solvents	Thinners
Kerosene	Turpentine
Lawn & Garden Chemicals	Used Motor Oil
Lighter Fluid	Varnish
Mercury	Weed Killers

NO Water Based Paints, Radioactive (Smoke alarms), Ammunition, Explosives, or Medical Waste.

FREE Disposal of Leaves, Grass Clippings, Brush, and Logs

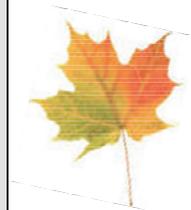
The following is an area resource for **FREE** off-site disposal. This information is provided as a courtesy; there may be other companies that provide similar services. Please contact JTO directly with questions regarding your specific disposal needs.



JTO
6011 Heisley Road, Mentor, OH
(across from Mentor Heisley Racquet Club)
440-352-1900

Hours may vary based on the season. Please call in advance to confirm hours of operation.

Monday - Friday: 7:30 a.m. - 4:30 p.m.
Saturday: 7:30 a.m. - 12:00 p.m.
(Kirtland residents are encouraged to bring items the second Saturday of the month.)



- **FREE** unlimited disposal of any organic, natural materials, including: leaves, grass clippings, brush, and logs
- **NOT accepted:** treated wood products (i.e. deck materials, fencing)
- Please separate grass clippings from other materials. Grass clippings need to be delivered either loose or in recyclable paper bags. Plastic bags will NOT be accepted.

A note from the Kirtland Fire Department

Safe Disposal of Unused and Expired Prescription Medications

Flushing your medicine can cause serious negative environmental impacts. Instead, take them to a secure collection location. Use a felt-tipped marker to obscure any personal information or peel off the labels. They will take prescription medications and over the counter medications such as vitamins, creams, cough syrup, pain relievers, and pet medicines as well.

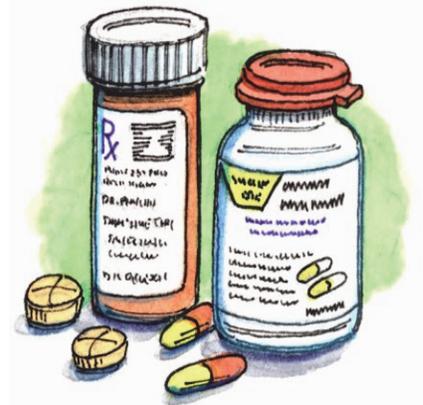
Please do not bring any needles or syringes; only medications.

Why: Getting rid of unused and/or expired medications from your home helps ensure they won't find their way into the hands of abusers, addicts or children. So PLEASE dispose of your prescriptions responsibly.

Here are some locations where these medicines are accepted:

- Lakeland Community College- Kirtland (Building A lower level)
*Closed Sundays
- Lake County Sheriff's Office- Painesville
- Eastlake, Mentor, Willoughby, Willoughby Hills and Madison Township Police Departments

Times: Monday-Friday 7am-8pm
Saturday 9am-5pm
Sunday 1-5pm



Kirtland Fire Department Improves to a Class 3 ISO Rating

In May of 2015, the Kirtland Fire Department received an evaluation from the Insurance Service Organization (ISO) to determine the Fire Department classification. ISO is a leading source of information about property/casualty insurance risk for a broad spectrum of commercial and personal lines of insurance.

The Kirtland Fire Department was evaluated on the following criteria:

- Fire Dispatch and 911 Communications System
- Fire Apparatus and Equipment
- Automatic Aid/Mutual Aid Box Alarm System (MABAS)
- KFD On-Duty Personnel Including Auto-Aid Personnel (Fire Response)
- Firefighter and Officer Training Programs
- Hydrant/Hose/Pumper/Ladder Testing Programs
- Fire Prevention/Public Education Programs
- Water Distribution System (Number of Hydrants/Storage Capacity)

Based on the recent evaluation, the Kirtland Fire Department improved from an ISO Class Six (6) in 2003 to an ISO Class Three (3) in 2015.

Home and Business owners are encouraged to contact their insurance companies because they may receive a reduction in fire insurance rates based on the improved ISO rating.

Congratulations to Chief Hutton and his team.

Mayor Tyler's Message Continued from Front Cover

The improvements continue with the latest plan for the Kirtland Recreation Park being the expansion of both sides of the driveway. This will allow cars and buses easier access to the parking area as well as improve the safety for all residents and visitors.

Construction work will be occurring on both sides of the driveway to the recreation park behind Kirtland Schools. The project will help stabilize the slopes and provide a walkway alongside the driveway. The work will take several months to complete; please watch for construction traffic.

On the north side, stormwater runoff has contributed to several problems. The water has eroded much of the soil at the bottom of the hill. This loss of soil has contributed to landslides on the sides of the ravine. In addition, the erosion dislocated several pieces at the end of the 48-inch culvert pipe under the driveway. To correct the problems, the City will replace drainage pipes, build a retaining wall at the end of the culvert, replace the dislocated culvert pipe sections, and replace the eroded soil. This work will be funded through the Lake County Stormwater Department from the yearly fees paid by the property owners on their taxes.

On the south side, the City will add fill soil to widen the driveway. When the 48-inch culvert was originally constructed, it went sixty feet farther than the bottom of the slope. The proposed work will use this extra pipe length to move the bottom of the slope farther south and allow a wider base for the fill. The soil will be brought up to the level of the driveway, the driveway will be widened, and the north side will be marked for pedestrian use. The soil will be obtained from contractors wishing for a location to dispose of excess soil at no cost to the City. As such, the project may take longer than it would if the City were buying the soil.

Our Recreation Park with a beautiful open pavilion, picnic tables, playing fields and community playground is a welcoming gathering place for Kirtlanders and guests. We strive to improve the quality of life in Kirtland by providing the best parks and recreation facilities and programs. Outstanding recreation facilities and parks can act as economic development drivers, attracting and retaining residents, businesses, and workforce. I appreciate your patience as we beautify our city. Construction is a challenge we all are dealing with, but the end product will certainly be worthwhile.

CITY HALL HVAC UPDATE FROM MAYOR TYLER

After receiving both internal/external questions about the City Hall heating, ventilating and air conditioning (HVAC) Upgrade Project, I deemed it appropriate to provide a status update and explain the overall capital project process. The severe cold weather last winter exposed the need to upgrade the original HVAC system. We brought in a local expert consultant to evaluate the existing system and provide recommendations to upgrade and/or replace. This information was relayed to City Council on February 18, 2015 during the Finance Committee Meeting to discuss the proposed 2015 budget. The HVAC project was not included in the budget since the entire scope of work had not been finalized and that budgetary quotes were not yet available. It was stated that money would be borrowed at a later date to pay for the project. City Council later passed, on third reading, legislation approving the Mayor's proposed budget.

Upon recommendation by our consultant, legislation was introduced to join The Cooperative Purchasing Network (TCPN) so that the City could receive discounted pricing on needed equipment for the City Hall HVAC Project. City Council passed that legislation on second reading on May 4, 2015.

Next, the legislation to borrow money to pay for the project, which was required prior to authorization to proceed, was approved on First Reading by City Council on May 18, 2015. The Project Scope was then finalized, detailed quotes were obtained, and draft legislation was prepared and reviewed to ensure that every detail in the legislation was correct and complete.

Lastly, two resolutions were introduced to Council on July 13, 2015 to authorize the Mayor to enter into corresponding agreements for the air handlers and HVAC controls. Our consultant was present to explain the entire project scope of work.

After Council received confirmation by the Council Clerk on July 15, 2015 that the bond legislation to borrow money had indeed already been approved by Council on May 18, 2015, both pieces of legislation were passed on Second Reading by Council on July 15, 2015.

I would like to thank my staff for ensuring that all aspects of this project were timely and complete prior to submitting to Council for consideration and approval. All five legislative items referenced above were passed by unanimous consent of Council, discussed in open meetings and deemed to be an emergency.

Road Update



The City of Kirtland Service Department road crew has been busy since spring improving and repairing roads throughout the city. The Sperry Road project, consisting of 1.7 miles, is completed.

Currently, road crews are hard at work on Kirtland Lakes Estates, Ledgewood Drive, and Rockwood Drive. The Kirtland Lakes project took an unforeseen turn when it was discovered that 1.2 miles of the sub-base needed to be reconstructed. In order to make repaving effective, it was imperative to properly reconstruct the sub-base. This, along with weather, slowed the overall plans that were in place for the season.

Road repairs will continue throughout the city for the remainder of the season. Work will conclude when the asphalt companies close in the fall and as winter weather approaches.

For current information on road repairs, please visit the city website at www.kirtlandohio.com.

Rest assured, the road crew will be back at work this spring, diligently evaluating and improving roads as planned for the 5-year project. The Service Department appreciates your patience and understanding when dealing with inconveniences that these projects may cause.

Natural Gas and Electricity Notice



The City of Kirtland has received notice of energy marketers going door to door to residents in NOPEC communities stating to the homeowner that their community is no longer a member of NOPEC and that they must choose another supplier. This is completely false. NOPEC continues to be the governmental opt-out aggregation choice in the City of Kirtland for both natural gas and electricity.

Residents who believe they have been moved or slammed to another supplier, should call their utility company and report it. Before any supplier can move a customer to another program the customer will receive a rescission letter from their utility. You have 7-10 days to rescind an enrollment with a supplier you don't want and will need to call the phone number provided in the rescission letter.

Please report inappropriate sales behavior to the PUCO (Public Utilities Commission of Ohio) at <http://www.puco.ohio.gov/puco/index.cfm/contact-us/contact-us-form/?intype=complaint> or call the PUCO consumer complaint line at 800-686-7826.

Residents and small commercial customers can always verify community membership and find additional information on NOPEC by visiting <http://www.nopecinfo.org> or by calling the customer service number for natural gas at 855-667-3201 or electricity at 800-292-9284.

Change Your Clocks + Change Your Batteries

Daylight Saving Time ends the first Sunday of November. Remember to set your clocks back one hour on Sunday, November 1st from 2 a.m. DST to 1 a.m. standard time.

The Kirtland Fire Department encourages residents to change the batteries in their smoke detectors when they change their clocks. A working smoke detector more than doubles a person's chances of surviving a home fire.



SHRED DAY 2015

When Saturday, October 3, 2015
9 a.m. to 12 p.m.

Location Kirland Community Center
7900 Euclid Chardon Road

Rain or shine, bring your documents to be shredded for **FREE!** All Kirtland residents are welcome to bring up to five bankers size boxes.

- Proof of residency is REQUIRED (i.e. drivers' license or utility bill).
- Staples and paper clips do not need to be removed in advance.
- Limit of five bankers size boxes per household. A banker's box (15x12x10) is approximately the same size as a copy paper box for standard letter size paper.
- Please bring documents in a container that can be discarded.
- If you intend to witness your documents being shredded, please be prepared to wait. Shredding is done on a first-come, first-served basis.

TEMPORARY SIGNS

Residents, businesses and community groups who wish to post temporary signs in Kirtland must get permission from the owner of the property where they would like to post the sign. Once permission is received a permit from the City of Kirtland must be obtained. Failure to follow this procedure will result in the immediate removal of the temporary signs. For more information contact the Zoning office at 440-256-3332.



Portion of Route 306 Dedicated to Local Veteran U.S.M.C. LCpl. Daniel G. Zegarac Memorial Highway

On July 17, 2015, a portion of Route 306 in Kirtland was dedicated in memory of local Vietnam veteran, LCpl. Daniel G. Zegarac. State and local officials joined the Zegarac family and friends to designate the section of state Route 306 within the city limits as "U.S.M.C. LCpl. Daniel G. Zegarac Memorial Highway". State Senator John Eklund along with former State Senator Nina Turner introduced Ohio Senate Bill 371, which officially names the portion of the road after the veteran.

Daniel was born on September 1, 1947 and lived in Kirtland all his life. He joined the USMC after graduating from Kirtland High School in 1965 and was deployed to Vietnam in January of 1967. LCpl. Daniel Zegarac was killed in action by hostile ground forces on April 11, 1967. Daniel's sister, Diana, lobbied tirelessly for several years to have a road dedicated in her brother's honor. The signs are located on 306 near Old South Church which is close to where Daniel grew up. This permanent marker will ensure that his service and sacrifice and those of all our veterans will forever be remembered and honored by all who live in and pass through the City of Kirtland.



State Rep. John Rogers, State Rep. Ron Young, Diana Zegarac (sister), Richard Zegarac (brother), Mayor Mark Tyler, Senator John Eklund and Senator Kenny Yuko.

Fall Activities

Halloween Carnival & Senior Open House

When Friday, October 9, 2015
11:30 a.m. to 1:30 p.m.

Location Kirtland Community & Senior Center
7900 Euclid Chardon Road
440-256-4711



Preschoolers, parents, and grandparents (and even great-grandparents) are invited to a *spooktacular Halloween Carnival*. Come in costume, or come as yourself, but join friendly ghosts and goblins for fun and games. Decorate a trick-or-treat bag and explore the outdoor trick-or-treat path. The festivities include hot dogs, apples, and cider for your enjoyment.

Join us for our annual **Kirtland Senior Center Open House**. Adults 55 and older are invited to stop by with or without grandchildren and see what the Center has to offer those in their Golden Years. We have many free activities to try. Complimentary seated massages, reflexology, and reiki sessions will also be available. Local artist and senior center instructor Connie Adams will give a watercolor painting demo. Residency is not required to be a member of the Senior Center.

This multigenerational event is **FREE!** Registration is not required.





Community Thanksgiving Service

When Tuesday, November 24, 2015 at 7:30 p.m.
(doors open at 7:00 p.m.)

Location Kirtland Temple
9020 Chillicothe Road

The Kirtland Community joins together every year for a Community Thanksgiving Service. All members of the community are invited to attend.

This service is non-denominational. It is intended to provide an opportunity for reflection and to celebrate all that we have to be thankful for this season.

The service is **FREE**. However, donations are welcome and will benefit the Kirtland Area Service Council's annual holiday food basket program.

Kirtland Area Service Council Holiday Programs

Holiday Baskets

Thanks to the generosity of the local community, the Kirtland Area Service Council distributes holiday food baskets to Kirtland residents in need of assistance. The baskets are filled with groceries and other non-perishable items.

Residents who wish to contribute may drop off non-perishable items at a collection site or make a monetary donation. Toys and kids outerwear are also accepted.

The donation boxes for food will be put out around the community on Friday, November 27th. Baskets will be assembled on December 11 for delivery on December 12 to people in need in our community.

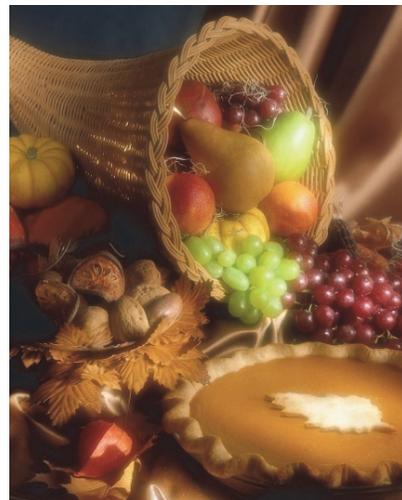
Please drop off all non-perishable items by December 10. Items may be dropped off at these locations:

- **City Hall**
9301 Chillicothe Road
- **Kirtland Fire Stations**
8979 Kirtland Chardon Road
10282 Chillicothe Road
- **Kirtland Senior & Community Center**
7900 Euclid Chardon Road
- **Kirtland Public Library**
9267 Chillicothe Road

Monetary Donations

Monetary donations are welcome and may be sent to and made payable to the:

Kirtland Area Service Council
9301 Chillicothe Road
Kirtland, OH 44094



Requests for Assistance

If you are in need of assistance, please contact:

- Vicki Grinstead 440-256-8095
- Phil Johnson 440-256-3616
- Carol Parks 440-256-3145

About the Kirtland Area Service Council

The Kirtland Area Service Council (KASC) is an agency consisting of its officers and a board of fifteen members elected from within the Kirtland School District. The KASC provides emergency, social, and educational services to the residents of the Kirtland School District, which is composed of Kirtland, Kirtland Hills, Waite Hill, and portions of Willoughby and Chardon. The KASC is a 501(c)(3) corporation.

Thank you for helping the Kirtland Area Service Council to share the spirit of the holiday season with those needing assistance in our community!

Senior News and Activities

Kirtland Senior Center – Come Visit and Join

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming that provides opportunities for social interaction, recreation, minor health and wellness services, and age appropriate physical fitness close to home. The Kirtland Senior Center aims to keep older adults motivated, mentally and physically active, and engaged in their community to provide for an optimal quality of life.

Classes include chair yoga, zumba gold, strength training, 55+ yoga, balance-strengthen-move, low-impact aerobics, gentle yoga, balance, and tai chi. Non-invasive wellness services include reiki, massage, reflexology, and podiatry (call to schedule an appointment).

The Center has exercise machines, a billiards room, a small library, and a puzzle room as well as many other rooms and amenities for activities. Kirtland residency is not required to participate, but membership is. Cost of membership is \$10 for Kirtland residents and \$12 for non-residents. Monthly newsletters provide detailed information and are mailed to all members. Newsletters are also available online at www.kirtlandohio.com. Contact the Kirtland Senior Center at 440-256-4711 or Communitycenter@kirtlandohio.com to request a newsletter.

The hours of operation of the Kirtland Senior Center are as follows:

MONDAY	9:00 A.M. — 9:00 P.M.
TUESDAY	9:00 A.M. — 3:00 P.M.
WEDNESDAY	9:00 A.M. — 3:00 P.M.
THURSDAY	9:00 A.M. — 9:00 P.M.
FRIDAY	9:00 A.M. — 3:00 P.M.

Stop in for a look around!

Unique & Healthy Meals for Seniors -- Plant Based Purity

Are you interested in trying new and unique, healthy and green recipes? This new series of classes will offer participants just that! Each class is a demonstration of a featured recipe where participants will be encouraged to help prepare the dish, learn the health benefits, and enjoy a hearty sample. Handouts of the recipe are also included. This class is for members of the Kirtland Senior Center and cost is \$10 per class. Classes are 10:30-12:00. Class size is limited to 12 and payment is due one week before class. Instructor is Dawn Manning.

Dates and recipes:

- 9/11 Green Detox Energizing Smoothie + the benefits of blending -- *fiber, fiber, fiber!*
- 9/25 White Bean Hummus and Kale Salad -- *heart healthy; keeping it simple & fresh!*
- 10/23 Spinach Pesto Popeye Style -- *your vitamin rich super food!*
- 11/6 Raw Vegan Pumpkin Pudding -- *lower your risk of diabetes and heart disease with this fall delight!*
- 11/20 Arugula Quinoa Salad -- *discover this alkaline high protein ancient grain!*



Senior Activities

55+ Yoga Classes

Thursdays from 5:30 to 6:30 p.m.
Series 1: Oct. 1-22
Series 2: Oct. 29-Nov. 19
Series 3: Dec. 3-17 & Dec. 28
Cost: \$8 per series
Instructor: Amy Alexy



If you are looking for a yoga class that is more challenging this is it! **55+ Yoga** classes are geared to the older active adult. Payment is due one week before the first class to ensure minimum enrollment has been met.

Balance, Strengthen, Move!

Mondays from 4:00 to 5:00 p.m.
Series 1: Sept. 14-28; Oct. 5
Series 2: Oct. 12-26; Nov. 2
Series 3: Nov. 9-30
Cost: \$8 per series
Instructor: Joy Nowels

This class is designed for folks 55 and older who need to improve balance, slowly increase strength and stability, and need to gently start moving again. It is perfect for those who have had a fall, are cane-dependent, have had knee or hip replacement, have Parkinson's, or anyone with movement challenges. It's also great if you are heading into surgery, to strengthen your muscles beforehand. Try a class and see if it is right for you.

Art Classes

Acrylic Painting

Mondays from 5:30 to 6:30 p.m.
Series 1: Sept. 14-28; Oct. 5
Series 2: Oct. 12-26; Nov. 2
Series 3: Nov. 9-30
Cost: \$20 per series
Instructor: Connie Adams

In addition to daytime watercolor and oil painting classes, Kirtland Senior Center now offers acrylic painting to those with or without experience. Some materials will be provided. Students need to provide their own paint brushes (supply list is in the office). Payment is due one full week prior to the start of the first class to ensure that minimum enrollment has been met.



Art on the Go

2nd Monday of the Month at 10:00 a.m.
Sept. 14 - create an Autumn door hanging
Oct. 17, Nov. 9 & Dec. 14 - create greeting cards
(new designs each month)
Cost: \$10 per class

A monthly series of simple engaging art projects to help students express their creative side in an enjoyable, easygoing way. Several mediums of art are explored. Experience is not needed. All materials are provided and you will take home a finished project. Payment is due by the Thursday before the class.

Oil Painting

Tuesdays from 9:30-11:30 a.m.
Oct. 6-Nov. 24
Cost: \$40 per series
Instructor: Sister Maresa

Some supplies are provided and artists are welcome to bring their own if they have them. The first class is very informative and will answer all your questions. Payment is due one week prior to the first class.

Registration

For your convenience, a registration form is available on the back of this newsletter. Registration is taken on a first-come, first-served basis. Fees are required at the time of registration. To sign up for a class, submit payment to the Kirtland Community Center. Registration may be mailed to or dropped off at the Kirtland Community Center. An after-hours drop-off box is located outside of the main entrance to the Kirtland Community Center. Class prices are not prorated. Please make checks payable to: THE CITY OF KIRTLAND.

Adult Activities

Basketball

The Community Center offers co-ed, adult open gyms for basketball (ages 30 and over please). This is a drop-in activity and registration is not required. Participants are asked to bring a light and a dark shirt for play. Special shoes are not required.

Dates of play are September 14, 21, 28; October 5, 12, 19, 26 and November 2, 9, 16, 23; December 7 & 14.



Yoga Classes

When **Session 1: 9/24-11/5**
 Session 2: 11/12, 11/19;
 11/23; 12/3-17 & 12/21

6:45 p.m. to 8:00 p.m.

Location **Kirtland Community Center**
 7900 Euclid Chardon Road

Bring healing energy and harmony to your whole being! Try the mindful practice of Yoga. Cultivate awareness, flexibility, and strength through guided centering and breathing, gentle stretching and yoga postures. This practice will allow you to recharge, reconnect and rejuvenate! Classes begin and end with relaxation. Try approaching your life from a different perspective... take the path to begin or deepen your journey. Instructor - Amy Alexv.

CPR

Cardiopulmonary Resuscitation

Dates **Session 1: September 12**
 (Register by 9/9)

Session 2: November 7
 (Register by 11/4)

9 a.m. to Noon
\$25

Adults (age 18 and older)



The Kirtland Firefighters are offering classes on Cardiopulmonary Resuscitation (CPR). Classes are open to Kirtland and non-Kirtland residents. Students will learn how to perform CPR on adults, children, and infants. Students will also learn how to remove an airway obstruction and how to use an AED.

Upon completing the class, each student will receive an American Heart Association Heartsaver AED card. Certification is valid for two years.

Restorative Yoga

When **Monday, November 30**
 6:00 p.m. to 7:30 p.m.

Location **Kirtland Community Center**
 7900 Euclid Chardon Road

Learn to **rest, relax, and restore** your body and mind with this class! Restorative yoga is **extremely gentle**. The poses utilize props such as blankets, bolsters, and chairs (provided) which support your body and allow it to open up slowly. Restorative Yoga helps you experience deep relaxation and assists with releasing stress. Take advantage of this class to find calm in a hectic holiday season. Space is limited to 12. Cost is \$15 per person and due by 11/23. Instructor - Dawn Gettig.



Pancakes
with
Santa



When **Saturday, December 5, 2015**
 9 a.m. to 11 a.m.

Location **Kirtland Community Center**
 7900 Euclid Chardon Road
 440-256-4711

SAVE THE DATE!

Rentals at the Kirtland Community Center

Looking for the perfect place to host your next party?



Sunflower Meadow Room
Accommodates up to 48 seated



Violet Field Room
Accommodates up to 60 seated



Gym
Accommodates up to 120 seated

**Our indoor rooms and
outdoor pavilion can
accommodate your
next party!**

**Anniversary Parties
Birthday Parties
Baby Showers
Bridal Showers
Graduation Parties
Family Reunions
Retirement Parties**



Outside Pavilion
Features charcoal grills,
12 picnic tables (up to 80 people),
a fireplace and bocce ball courts

**For more information on rentals, please contact the:
Kirtland Community Center
7900 Euclid Chardon Road
440-256-4711 or communitycenter@kirtlandohio.com**

Youth Sports Information

Within the City of Kirtland there are four youth sports leagues run and managed by independent boards for each sport and include baseball, basketball, football/cheerleading, and soccer. The City is responsible for the operation of the fields at Recreation Park and the Community Center. The City maintains the fields and makes improvements to these facilities so that playing quality is sufficient. For specific questions, consult the appropriate league website listed below:

BASEBALL: kirtlandbaseball.com - The Kirtland Baseball League provides inter and intra city leagues of baseball and softball (fast and slow) for girls and boys ages 4 through 18. The league's purpose is to enhance skills and to encourage knowledge of the game. Registration is generally in February and the season runs from May to July.

BASKETBALL: kirtlandyouthbasketball.com - The Kirtland Basketball League is an instructional league for girls and boys in grades 3-6. Teams are single gendered and leagues are separated into two age groups; third/fourth graders and fifth/sixth graders. Games are played on Sunday afternoons and utilize official referees using modified basketball rules for youth play. Sign-ups and tryouts are generally in October and the season runs from December through February.

FOOTBALL: kirtlandfootball.org - The Kirtland Football League is an organized, instructional intercity league for boys and girls ages 7-11 years old. The league supports three tackle teams. There is a 7 year old division, an 8-9 year old division and a 10-11 year old division. There are also cheerleading squads for each division. Games are played on weekend afternoons through October against neighboring community teams. Registration is in May.

SOCCER: kirtlandsoccer.com - The Kirtland Soccer League is for girls and boys in grades K through 6. The league's purpose is to have fun while learning the game of soccer. The season is divided into two parts. The Kindergarten division and first/second grade division only play in the fall. The third/fourth grade division and the fifth/sixth grade division play in the fall and spring. Registration generally runs from April to June.

Kirtland Events at a Glance

SEPTEMBER

September 28 Household Hazardous Waste Collection at Lake County Fairgrounds
9 a.m. to 3 p.m.

OCTOBER

October 3 Shred Day and Recycling Collection - Kirtland Community Center
9 a.m. to Noon

October 9 Halloween Carnival and Senior Open House
11:30 a.m. to 1:30 p.m.

October 31 Trick-or-Treating Door to Door
6 p.m. to 8 p.m.

NOVEMBER

November 3 General Election
Poll Hours
6:30 a.m. to 7:30 p.m.

DECEMBER

December 5 Pancakes with Santa
9 a.m. to 11 a.m.



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POSTAL CUSTOMER
KIRTLAND, OH 44094

Registration Form for Classes

Participant Name: _____

Phone Number: _____ E-Mail: _____

Select Class:

CPR - \$25 per session

- Session 1: September 12 (Register by 9/9)
- Session 2: November 7 (Register by 11/4)

Adult Yoga - \$70 per session

- Session 1: September 24 – November 5
- Session 2: November 12, 19, 23; December 3-17 & 21

Restorative Yoga - \$15

- Monday, November 30 (Register by 11/23)

Total Enclosed: \$ _____

Please circle one: CASH or CHECK No. _____

Please make checks payable to:
Submit registration and payment to:

City of Kirtland
Kirtland Community Center
7900 Euclid Chardon Road
Kirtland, OH 44094