

GILDERSLEEVE GAZETTE

Kirtland Senior Center Monthly Newsletter

FROM THE DESK OF THE MAYOR

It's beginning to feel like that time of year again. Evenings are casting shadows a bit sooner each day, and cooler mornings begin to make it a little tougher when rising and shining. Marching bands are starting to high step in cadence to drumlines at fifty-yard lines. And the most reliable source of energy, the sun, frequently gives way to enormous gatherings of clouds, shrouded by purples and greys I only see in autumn.

Yes, summer is winding down in Kirtland. But we did have one heck of a season. Starting with a Memorial Day reflection at City Hall, Senior Center member, Ken Wyban gave us an astounding reminder what the day is really about. Then in June, we returned to a much more normal Kirtland Strawberry Festival that brought what I believe is the best Friday night parade to date. And with menacing storms forcing a few audibles, the Friends of the Library concerts in front of City Hall brought us wonderful musicians and singers. One of the dazzling headliners, Debbie Gifford, did her absolute best to embarrass me during her act. In case anyone sees Debbie around, please let her know I'll remember her shenanigans next year and keep some extra distance in anticipation of her stirring up more trouble.

As autumn in Kirtland approaches, we have much to look forward to. Keep your eye out for service project announcements as well as our first annual Bazar at City Hall. As we work to settle on an early October date, the afternoon Bazar looks to include vendors, food and great music. Stay tuned.

Finally, in the coming weeks and months, please be on the lookout for crack sealing along 306, roadside ditching and mowing by the Service Department, patch work on Kirtland Chardon and contracted paving on Locust, Prelog, Shadowbrook and Loreto Ridge.

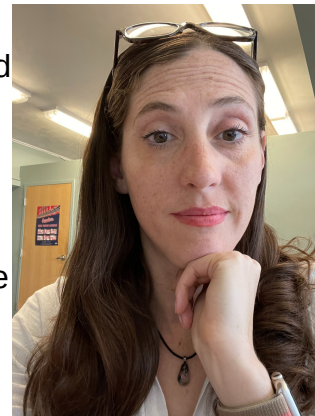
Thank you & Go Hornets! ~ Mayor Potter



Riddle Answers: A waist of time; Fry-day

ALL THE THINGS

As I type this, we are ready to get Senior Summer Camp 2022 underway! We're excited to celebrate this week with you, and are grateful to all of the departments who worked hard to accommodate us. More thanks and pictures coming up in next month's newsletter!



This month is scheduled to be yet another busy one at 7900. Check out page 5 for details about Grandparents Day on Monday, September 12. Sharon thought it would be super fun to open up the Center in the evening for you to come and bring them young'uns! It's free and open to the community - we're looking forward to this multigenerational event. Later that week, we'll be meeting at the Farm Parks for their Senior Day (page 8). The following week, we will come together for our monthly Trivia on Tuesday, September 20, and our monthly bus trip - this time to Thistledown on Thursday, September 22. We round out the month with Safety Forces Day at City Hall on Saturday, September 24, followed by the annual Clam Bake on Tuesday, September 27. And, back by popular demand, we will once again have our "Back to School" themed Open House in the evening on Wednesday, September 28. Please note that 2023 Senior Center memberships will OPEN on the 28!

My goodness. Looking at everything right in a row there, I can truly say that there is never a boring week here in Kirtland!

A few logistical reminders about classes here at the Center:

If you are able to commit to an entire session, please pay at the start of the session rather than the end of the month. This helps us enormously as we (Sharon) work to report our daily numbers to the County. It's important for us to be as accurate as possible in this reporting!

If you have registered for an entire session, we are unable to give refunds or credit if you miss a class. The only time we can give refunds or credits are if we (the Center) or the instructor cancels or reschedules a class. If you have paid for an event or lunch, no refunds or credits will be given after the RSVP date. Remember that we have to order food ahead of time, so when there is a cancellation, we're still on the hook!

And finally, we try to keep schedules as consistent as possible for your convenience as well as ours! Please know that there are times when the schedule has to be adjusted based on facility needs or instructor schedule. When this happens, we will do our best to accommodate all of you, and we appreciate your flexibility.

We love to see so many of our members out and about in the community! It was great to see so many of you at the City, Faith, and Beauty nights during the Kirtland Library Concerts at the Gazebo. We are grateful to the Friends of the Library with support from NOPEC for hosting these awesome events!

Finally, you may have noticed that an incredibly generous family has donated a lift recliner chair in the puzzle room. A huge thank you to Fran Lozar and her family for this awesome comfy addition to our Center!

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SENIOR CENTER MEMBERSHIP

Per calendar year

Resident (first year): \$10

Non-resident (first year): \$12

Resident (renewal): \$5

Non-resident (renewal): \$7

Paperwork and
information available
at the front desk

KIRTLAND SENIOR CENTER

SEPTEMBER 2022 WEEKLY SCHEDULE

For a complete listing of services and classes available, check out our website at www.kirtlandcommunity.com
Drop-in activities require NO pre-registration

MONDAY

9:00 – 9:45 am
 10:00 – 1:00 pm
 10:00 am
 1:00 – 2:00 pm
 1:00 – 3:00 pm

Strength Training
 Pickleball (*drop-in*)
 Knitting Group (*drop-in*)
 TaiJi Fit
 Chair Volleyball (*drop-in*)

TUESDAY

8:30 – 9:30 am
 10:00 – 11:00 am
 9:30 – 12:00 pm
 11:30 – 2:30 pm
 12:30 pm
 12:30 pm

Advanced Pickleball (*drop-in*)
 Aerobics
 Piano Lessons (*September 6, 20*)
 Pickleball (*drop-in*)
 Bingo (*drop-in*)
 Game Day (*drop-in*)

WEDNESDAY

9:00 – 9:45 am
 9:00 – 10:00 am
 10:00 – 1:00 pm
 10:00 am – 12:00 pm
 1:00 pm – 3:00 pm

Strength Training
 Tai Chi – Bamboo Fusion
 Pickleball (*drop-in*)
 Reflexology/Light Therapy
 (*September 14, 28*)
 Chair Volleyball (*drop-in*)

THURSDAY

8:30 – 9:30 am
 9:30 – 11:30 am
 10:00 am
 10:00 – 11:15 am
 10:00 – 1:00 pm
 10:30 am
 12:30 – 2:30 pm
 1:00 – 2:00 pm
 1:00 – 2:00 pm
 2:00 – 3:30 pm

Advanced Pickleball (*drop-in*)
 Watercolor Painting
 Chess (*drop-in*)
 Fit Yoga
 Pickleball (*drop-in*)
 Cards – Hand and Foot (*drop-in*)
 Acrylic Painting
 Tai Chi
 Beginner Pickleball Lessons
 Beginner Pickleball Hour (*drop-in*)

FRIDAY

8:30 – 1:00 pm
 9:00 – 10:00 am
 10:30 – 11:30 am
 10:00 am – 3:00 pm
 12:00 – 1:30 pm
 1:00 – 2:00 pm
 1:00 – 3:00 pm

Pickleball (*drop-in*)
 Gentle Yoga
 Chair Yoga
 Massage (*September 9*)
 Reiki (*September 2, 16*)
 Aerobics (*w/ cardio drumming*)
 Chair Volleyball (*drop-in*)

UPCOMING EVENTS

Center and City Offices CLOSED
 Senior Day with the Captains
 Attorney
 Grandparents Day
 Birthday Lunch
 Podiatrist
 Senior Day at the Farm
 Book Club (“Children Under Fire”)
 Trivia
 Men’s Lunch
 Card Making Class
 Thistle-down Bus Trip
 Safety Forces Day
 Clam Bake
 Back to School Night/Open House

Monday, September 5
 Wednesday, September 7
 Friday, September 9
 Monday, September 12
 Tuesday, September 13
 Tuesday, September 13
 Thursday, September 15
 Thursday, September 15
 Tuesday, September 20
 Wednesday, September 21
 Wednesday, September 21
 Thursday, September 22
 Saturday, September 24
 Tuesday, September 27
 Wednesday, September 28

COMING IN OCTOBER

Pickleball Tournament
 Card Making Class
 Trivia
 Podiatrist
 New Member Lunch
 Ladies Lunch
 Kirtland Service Day
 Birthday Lunch
 Trunk or Treat
 Halloween Bakeoff

Monday, October 3
 Tuesday, October 4
 Wednesday, October 5
 Tuesday, October 11
 Tuesday, October 11
 Friday, October 14
 Wednesday, October 19
 Saturday, October 22
 Tuesday, October 25
 Wednesday, October 26
 Monday, October 31

SEPTEMBER CLASS & WELLNESS SCHEDULE

REGISTRATION IS REQUIRED FOR THE FOLLOWING CLASSES OR WELLNESS APPOINTMENTS:

Fitness Class	Time	Dates	Cost
Aerobics Instructor: Cheryl	Tuesday 10:00-11:00	Sept 6, 13, 20, & 27	\$15 Drop-in: \$4
Aerobics w/drumming Instructor: Cheryl	Friday 1:00-2:00	Sept 9, 16, 23 & 30	\$15 Drop-in: \$4
Gentle Yoga Instructor: Anne	Friday 9:00-10:15	Sept 9, 16, 23, & 30	\$12 Drop-in: \$3
Chair Yoga Instructor: Anne	Friday 10:30-11:30	Sept 9, 16, 23, & 30	\$12 Drop-in: \$3
Fit Yoga Instructor: Jillian	Thursday 10:00-11:15	Sept 1, 8, 15, 22 & 29	\$15 Drop-in: \$3
Strength Training Instructor: Nancy	Mon/Wed 9:00-9:45	Aug 29, 31 Sept 7, 12, 14, 19, 21, & 26	\$24 (8 classes) \$12 (4 classes) Drop-in: \$3
Tai Chi for Wellness Instructor: Eb	Thursday 1:00-2:00	Sept 1, 8, 15, 22 & 29	\$15 Drop-in: \$3
TaiJiFit Instructor: Tim	Monday 1:00-2:00	Sept 12, 19, & 26	\$9 Drop-in: \$3
Tai Chi Bamboo Fusion Instructor: Tim	Wednesday 9:00-10:00	Sept 7, 14, 21, & 28	\$15 Drop-in: \$3
Workshops	Time	Dates	Cost
Knitting Group	Monday 10:00	Every Monday	FREE
Card Making Class Instructor: Carol	Wednesday 1:00-3:00	Sept 21 & Oct 5	\$10 per class

Classes	Time	Dates	Cost
Acrylic Painting Instructor: Connie	Thursday 12:30-2:30	Sept 8, 15, 22, & 29	\$28
Watercolor Painting Instructor: Connie	Thursday 9:30-11:30	Sept 8, 15, 22, & 29	\$28
Piano Lessons Instructor: Karen <i>*must register 2 per month*</i>	Tuesday 9:30-1:00	Sept 6 & 20	\$15 per 30 minutes
Wellness/Other	Time	Dates	Cost
Attorney Deborah Loughner	Friday 9:00-11:00	Sept 9, Oct 14, Nov 11	FREE 30 minutes
Podiatry Dr. Kelly Whaley	Tuesday 9:00-12:00	Sept 13, Oct 11, Nov 8	\$25 per 15 minutes
Reiki Anne Owens	Friday 12:00-1:30	Sept 2 & 16	\$25 / 25 minute session
Reflexology or Light Therapy Linda McMahon	Wednesday 10:00-12:00	Sept 14 & 28	\$40 (Reflexology) \$45 (Light Therapy)
Swedish Massage Natalie Lopez	Friday 10:00-3:00	Sept 9	\$55 per 50 minutes
Hiking Club <i>*See inside for location</i>	Monday 10:30am	Sept 12	FREE
Beginner Pickleball Lessons	Thursday 1:00-2:00	Sept 8, 15, 22 & 29	FREE

CHAIR YOGA - NEW

Our yoga instructor, Anne Owens, will be teaching a chair yoga class. This class is a gentle yoga class with an emphasis on stretching and strengthening movements while seated in a chair. A portion of class will provide instruction on the option to use a chair for support with select standing postures. This class finishes with a seated meditation and breathing practices. It will be on Fridays at 10:30 am and will cost \$12.

CHESS CLUB - NEW

Are you a chess player? Do you want to learn how to play chess? Looking for somewhere and someone to play chess with? We will meet weekly on Thursday mornings at 10:00 am.

CHAIR VOLLEYBALL

Chair Volleyball includes physical activity, social interaction, competition, and most of all, lots of laughs! The game is played with a beach ball and a five foot high net. More fun than you can possibly stand while seated! We play every Monday, Wednesday, & Friday from 1:00-3:00.

TAICHI - BAMBOO FUSION

Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements of TaiChi. This class you will discover Bamboo Fusion, where we combine TaiChi with standing Yoga poses. Just move, breathe and have fun! This class is offered by Tim Shea on Wednesday mornings at 9:00.

BEGINNER PICKLEBALL LESSONS

New to Pickleball? Need to learn the basics? We got you covered with the ins and outs of pickleball. Lessons are on Thursday from 1:00-2:00 pm. **Our next session (4 classes) will begin on September 8.** This is a FREE class.

Pre-registration is required and space is limited. Make sure to wear tennis shoes and comfortable clothes you can move in!

EXPANDED PICKLEBALL HOURS

Advanced Pickleball:

Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play a bit more competitively. If you join us, get ready for great shots and fast games!

Beginner Open Play:

Thursdays from 1:00-3:30. If you want to start playing, get some practice, or work on your game, this is a great time to do it!

Outdoor Pickleball:

The weather is beautiful, so let's get playing on those outdoor courts! Courts are open for anyone to use at anytime during daylight hours. Every weekday from 10:00 am - 1:00 pm is reserved for Senior Center members. Play is first come, first served (pun completely intended). Be patient, be polite, and be awesome!

CARDS & MAHJONG

Calling all card players! We are looking for anyone interested in playing Hand & Foot on Thursday at 10:30 am.

Looking to start a Mahjong group. If you are interested in playing please contact the office.

Come join the fun. All are welcome!



THE SENIOR CENTER WILL BE CLOSED

MONDAY, SEPTEMBER 5

FRIDAY, NOVEMBER 11

THURSDAY, NOVEMBER 24 & FRIDAY, NOVEMBER 25

CLAM BAKE

The Annual KSC Clam Bake will be held on Tuesday, September 27 at 12:00 pm in the Pavilion. Lunch will include dozen clams, 1/4 chicken, clam chowder, 1/2 ear corn, 1/2 sweet potato, cole slaw, broth & rolls. Cost for the Clam Bake is \$22.00 per person. **This event is for Kirtland Senior Center members only & there is limited space available.** Please RSVP by Sept. 12. No reservations will be taken after this date.



GRANDPARENT'S DAY

In honor of National Grandparent's Day, we will be celebrating you (& your grandkids) on Monday, September 12 from 5:30-8:00pm. Bring the grandkids to the center and have some fun together playing Pickleball, chair volleyball, making crafts, watching a movie & of course.....snacks! This is a free event & everyone is welcome!

SEPTEMBER BUS TRIP



September takes us on a trip to JACK Thistledown Racino to watch some horse racing and play a few games. So come join us and spend the day at the races on September 22. Bus leaves KSC at 11:00 am. Post time for horseraces is 12:50 pm. We will leave Thistledown at 4:00 pm and return to the KSC around 4:30 pm. The cost of our trip will be \$15.00. **Reservations are required by September 19 & this is a members only event.**

BACK TO SCHOOL NIGHT / OPEN HOUSE

On September 28 from 6:00-8:00 pm we invite all our Senior Center members (new and potential!), City Administration, Council, Department Heads, and Employees to our 2nd annual Back to School Open House. **This is a free event.** Come learn what our Senior Center has to offer while enjoying appetizers, chair volleyball, pickleball, class & wellness demonstrations, and Center tours. No RSVP necessary! Just stop on by.



PICKLEBALL "LUCK OF THE DRAW" TOURNAMENT

"Luck of the Draw" Pickleball tournament will be held on Monday, October 3 & Tuesday, October 4. There will be one session each day with 18 players in each. **Monday will be a more competitive competition and Tuesday will be a more casual competition.** You can sign up for a session on either day. Each days session will be from 9:00-11:00 am. Everyone will be assigned a number that will be used to "draw" your partner and opponents for each game. If you must cancel, we ask that you let us know 24 hours in advance or that you find a replacement for your spot. Cost to compete in the tournament is \$5. **SPACE IS LIMITED!!!!** You must be a member to participate and you must pre-register.

FLU SHOT CLINIC

Save the date for the Lake County General Health District's Flu Shot Clinic here at the Kirtland Senior Center on Wednesday, November 2 from 9:00 am-12:00 pm. More information on how to register to come.



Welcome to our new members this month!!!

Richelle, Carol, Georgia, Donna, Scott, Veronica, Rich, Gloria, Suzy, Bill, Sandra, Jane, Christine, Jon, Carol Ann, Molly, Jim, Earl, Nancy

UPCOMING EVENTS

TRIVIA

Join us for Back to School Trivia September 20 at 11:00 am. Be part of a team and test your knowledge of anything and everything. Some of our past themes have included Science, History, Geography, TV, Music, & so much more. Most of the questions are multiple choice, and it's free to play! We meet in the lobby to form teams and then the fun begins. No registration necessary.



HIKING CLUB

Do you enjoy the outdoors? Do you like to hike? Come gather with us for a leisurely hike at one of the many beautiful parks in our city and enjoy the great outdoors & get some exercise in while you are at it. Join us for a hike on Monday, September 12 from 10:30-11:30 am at Chapin Forest on RT 306.

Registration is required and space is limited. We hike rain or shine.....just use your best judgment. See you on the trails!



BIRTHDAY LUNCH CELEBRATION

September's Birthday Lunch is Tuesday, September 13 at 12:00 pm & will cost \$7. Our menu will be meatball subs. Please RSVP by September 9. EVERYONE is welcome, regardless of your birthdate! Our next Birthday Celebration will be on October 25 and the menu is chili & corn bread.



LADIES LUNCHEON

October's ladies lunch will be held Wednesday, October 19 at 12:00 pm and the menu is stuffed peppers. Cost is \$7 & you must RSVP by October 13. Our next Ladies Luncheon will be Wednesday, December 21 & the menu is pork schnitzel with cabbage & noodles.



MEN'S LUNCHEON

Men's Luncheon will be held Wednesday, September 21 at 12:00 pm. Our menu is Fried Chicken. Cost is \$7. Please RSVP by September 16. The next luncheon will be on November 16, and our menu will be chicken parm.

TRASH TO TREASURE

Our next Trash to Treasure Sale will be held from September 19 - 23. Drop off any household items you would like to donate for our sale. No personal items, clothing or electronics please! We will be accepting items during business hours.



GREETING CARD CLASS

Make your own greeting cards! Come to enjoy creating three original cards and have fun socializing while stamping, coloring, and gluing. We will do an assortment of cards during each monthly classes. Cost is only \$10 and includes everything you need except a pair of scissors & adhesives. **Our next class will be Wednesday, September 21 at 1:00 pm.** Class is limited. Pre-registration is required.

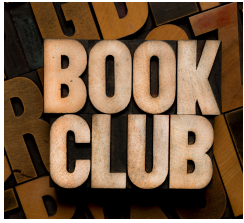


PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons. Tailored to the learning styles of the adult students. Students are welcomed to bring their own music to lessons for evaluating it as a useable resource. **You must sign up for two classes a month (\$30 per month). Next classes will be September 6 & 20 from 9:00-12:30.**



UPCOMING EVENTS



BOOK CLUB – SEPTEMBER 15 AT 11:00 AM

Our next book selection is "Children Under Fire" by John Woodrow Cox. This book takes a look at the horrible effects of gun violence on our nation's children and a call to action for a new way to move forward. The October Book Club is set for October 20 at 11:00 am and we will be reading "Afterlife" by Julie Alvarez.

BASKET AUCTION ITEMS NEEDED -- SAFETY FORCES DAY!

We are looking for anyone that would like to donate items to help create baskets or would like to donate a completed basket to help raise funds for our Kirtland Police & Fire Associations at their annual Safety Forces Day on September 24. The event is FREE! They will be demonstrating unique assets such as drone teams, helicopter Med-EVAC services, SWAT team, police canine units and much more. The baskets donated will be raffled off during the event to help raise funds for the Associations and are used for future needs benefiting those in the community.



KIRTLAND TRUNK OR TREAT!

Mark your calendars for our 2nd annual "Trunk or Treat" event on **Wednesday, October 26 from 6:00-8:00 pm**. The center and other locations throughout the city will be offering candy, treats & Halloween fun for ghosts & goblins of all ages! So bring your car, van, truck or whatever you drive, open the trunk up and hand out candy & goodies to the kids. **We will be having a car decorating contest as well! More details to follow.**

CHAIR YOGA



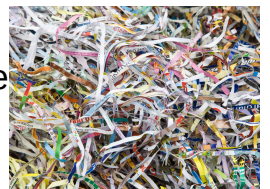
We now offer a chair yoga class on Friday mornings at 10:30 am. This class is a gentle yoga class with an emphasis on stretching and strengthening movements while seated in a chair. A portion of class will provide instruction on the option to use a chair for support with select standing postures. This class will finished with a seated meditation and breathing practice.

COUNCIL ON AGING

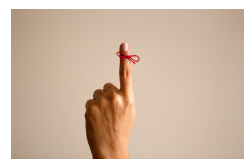
Council on Aging will be here in the lobby on September 7 from 10-11:00 am. They will be bringing information from the Council of Aging and other information on specific services they can provide. If you have something specific you would like to talk about, please feel free to stop by and ask.

SHRED DAY

The city of Kirtland's annual Shred Day is will be in the beginning of October 8 at the Community Center from 8:30 - 11:00, rain or shine. Bring in your documents to be shredded in a container that can be discarded - free of charge! Date TBA.



***Just a reminder to please sign-in whenever you come into the Center unless you are registered for a class. Also please make sure to sign-in for ALL the activities that you will be doing that day.
Thank you in advance for your help!***



COMMUNITY NEWS

SENIOR DAY AT LAKE FARM PARKS - THURSDAY, SEPTEMBER 15

Event features a guest speaker and a vendor showcase featuring products and services important to today's seniors. Activities run from 9:00 am to 1:00 pm but you are welcome to enjoy Farmpark activities from 9:00 am to 5:00 pm. Limited free health screenings are available from 9:00 am to noon with pre-registration. To pre-register for health screenings, call 440-358-7275. ADMISSION: Seniors ages 55 and older enjoy FREE admission to Farmpark (with valid ID).



LAKE COUNTY CAREGIVER FORUM

On Wednesday, October 12 from 3:00-6:30pm Laketrans & Western Reserve Area Agency on Aging (WRAAA) will sponsor the first ever Lake County Caregiver Forum. This **FREE** event will take place at the Lake County Fair Youth & Community Center, 1301 Mentor Ave., Painesville. Local aging and caregiver service providers will be on hand to provide information and answer questions. Additionally, the event will feature a listening session facilitated by WRAAA to learn more about senior & caregiver needs in the community. For more information contact Alyea Barajas at 440-350-2748.

Join Us For

SAFETY
FORCE
DAY

SATURDAY, SEPTEMBER 24TH

11 p.m. to 5 p.m.

You are invited to Kirtland City Hall front lawn for an informative fun filled afternoon of, K9, Taser and DRONE Demos, UH Helicopter, and Raffles (starting at 4pm).

Follow Us On
Facebook for event updates





FROM THE SENIOR BOARD

Wow, here it is the end of summer. Where did the time go? While I know we are still into hot days, the number will be dwindling. Now, we are preparing to get back to school and Halloween.

Did you enjoy any of our August activities? How many of you attended "Senior Summer Camp", the mystery bus trip, the car show? Are you planning on attending the bus trip to Chip's Clubhouse & Scooters World Famous Dawg House, or our annual pig roast? In September we will have our own version of Back to School, and, of course, the Clam Bake. Please plan to attend, we look forward to seeing you.

Panera is very gracious to donate to us every Thursday. Our donation store is the Mentor Ave store on the Painesville Twp. line (by Target). If you can, stop in and thank them for their generous donation! With that being said, we are in need of substitute pick-up drivers. If you are interested in helping us out give your name to Sharon or talk to me. I will explain the procedure.

I hope at this time you are doing well! And look forward to seeing you at one of our many events or just hanging out at the center.

~Dave Saywell

SENIOR BOARD

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2022 Senior Board consists of: David Saywell (President), Junior Orick (Vice-president), Marcia Haymer (Secretary), Penny Everson (Treasurer), Bill Russ, Karin Saywell, Jean LaRiche, Janet Johnson, and Jean Orick.

SENIOR SPOTLIGHT



In the second installment of the Russ saga, we officially introduce you to Diane. Similar to previous Senior Spotlights, she was also born in Cleveland at a very young age. In third grade, her parents built a house in Brunswick, and she ended up matriculating from Brunswick High School many years later.

As a little girl in Cleveland, a neighbor named Polly always fascinated Diane. Polly was a hairdresser, and eventually Diane followed in those early footsteps and went to cosmetology school after graduation. She worked for a year prior to meeting her first husband. He was drafted out of college, and the two spent their time in San Antonio before moving to Germany. Their daughter was born overseas, and they came back to the U.S, eventually landing back in Ohio. Their son was born while they were living in an apartment in Strongsville. After a stint in Parma Heights, they settled in Parma before their divorce in 1984.

Diane met Bill at a party with some work friends from Picker International. They settled on a first date – a different party at the yacht club. After this first date, she knew two things to be true – this guy was a jerk and she didn't want to go out with him again. Not an unnatural reaction from someone who went to a gathering where she didn't know a soul, and her date basically abandoned her to mingle with his friends for the evening. Luckily, for the sake of both this story and their future happiness, she gave "that guy" another chance. The two dated for five years before officially agreeing before family and friends to never ditch each other at parties again. (I made that last promise up... but they did get married. I didn't hear the vows.)

Diane retired from her work in an investment firm in Chagrin Falls in 2001 in order to help with her grandchildren. Going from a corporate job to assisting with child care sounds like a dream, but harken back to those days of being a parent... newly retired and actually considering getting a minivan to cart around four young'uns? She laid down the law in the house like she did in the office. And those kids were so fortunate to be able to have their grandmother dedicate her time to their well being. If that in of itself doesn't tell you about the person that Diane Russ is, I may have to dedicate three more months to this amazing woman.

Before I go further down the rabbit hole of all that Diane has accomplished, let's focus on their life together. One of the best parts of having a boat is getting to use it (sometimes I throw in an obvious statement to see who is paying attention). Travel highlights include but are not limited to: Toronto, Georgian Bay, Mackinaw Island, Honduras, Belize, St. Kitts, and St. Lucia. While I'm not positive that all of these places were on THEIR boat, there was most assuredly a boat involved. They still travel. Sometimes they go to Euclid, Chesterland, and even Chardon! With everyone's kids still local, these two are fortunate to be able to spend time with the family.

We always love to hear what path brought people here to the Center. Cause we never know what wind everyone blows in on. Bill joined basically using his annual membership as a donation to this very important, vital, and absolute gem of a service provided here in the City of Kirtland (my words, not his). He had really only come in to donate at the blood drives (which you should too, if you can - www.redcross.org). Eventually they were looking for something to do in the winter; boats aren't as much fun on the ice. Fast forward years later, and Bill is on the Senior Board. You can usually find at least one of them playing chair volleyball, pickleball, cards, trivia, and making popcorn. We aren't sure if Bill enjoys making the popcorn, but we sure do appreciate it. Apparently "the people are wonderful; it's a good place to come; I like it here (to bust people's chops); and we don't sit still."



When I ask our Spotlights for any advice they want to impart, I never know what I'm going to get. I will not tell you who gave which tips, but here are their pearls of wisdom: "Don't worry, be happy." "Don't think the golden years are ahead of you - they're behind you. And they're rusty."

PRESORT STD.
U.S. POSTAGE PAID
Permit No. 174
Willoughby, OH

PRESORT STD.
U.S. POSTAGE PAID
Permit No. 174
Willoughby, OH

KIRTLAND SENIOR CENTER
7900 EUCLID-CHARDON ROAD
KIRTLAND, OH 44094

September Bad Dad Jokes:

What do you call a belt with a clock?
On what day of the week do chickens hide?
Answers inside!

KIRTLAND SENIOR CENTER
(440) 256-4711
communitycenter@kirtlandohio.com
www.kirtlandcommunity.com

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years.

Become a member at any time!

Funding provided by the City of Kirtland Recreation and Senior Levy
and the Lake County Commissioners Senior Citizens Levy