

GILDERSLEEVE GAZETTE

Kirtland Senior Center Monthly Newsletter



KIRTLAND SENIOR CENTER

(440) 256-4711

communitycenter@kirtlandohio.com

www.kirtlandcommunity.com

The Senior Center will closed the following dates:

Tuesday, November 11th - Veteran's Day

Wednesday, November 26th at noon

Thursday, November 27th - Thanksgiving

Friday, November 28th

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SENIOR CENTER MEMBERSHIP

Per calendar year

Resident (first year): \$10

Non-resident (first year): \$10

Resident (renewal): \$10

Non-resident (renewal): \$10

Paperwork and information available at the front desk

The temperature and the leaves are changing, but the senior center continues to offer programming at a discounted rate. I hope you are taking advantage of our classes, and we have seen you recently.

November brings our annual Thanksgiving lunch to honor our Veterans. The American Legion will hold a flag presentation to start the program. The senior board is picking up the cost for members who are Veterans, as well as supplementing the cost of each lunch. La Vera Party Center will be catering.

Information for the annual Christmas Party held at Pine Ridge is in this issue. We limit the seating to 125 members. This party usually fills up quickly so don't wait to get your payment in.

Membership renewal for 2026 is now open. Renewals this year are \$10 for residents and non-residents and runs from October 2025 through December 2026. You will be omitted from the mailing list if you fail to renew.

We look forward to seeing you at an event soon.~ Dave

SENIOR BOARD MEMBERS

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2025 Senior Board consists of: David Saywell (President), Marcia Haymer (Secretary), Penny Everson (Treasurer), Karin Saywell, Rich Lowery, Theresa Ventresca, and Janet Johnson.

KIRTLAND KINDESS - VOLUNTEER GROUP

Join the volunteer group on the first Thursday of every month at 11:00am. We look forward to seeing you **NOVEMBER 6TH!** No need to RSVP. Our group also volunteers monthly at the Greater Cleveland Food Bank. We would love to have you join us! Just ask at the desk for additional information. Keep an eye out for our new bulletin board - where monthly opportunities will be posted.

NOVEMBER COLLECTION:

This month, we will be collecting supplies for the Divine Word Thanksgiving Food Drive. Non-perishable food items will be collected to support Divine Word and the Kirtland Community Food Pantry (located at Old South). Food will be sorted and boxed to provide a Thanksgiving meal for Kirtland families in need.



ELECTION DAY NOTICE
THE GYM WILL BE CLOSED
NOVEMBER 3RD AND 4TH
FOR SETUP AND VOTING.



All lunches will be held at 12 NOON, unless noted otherwise. All menus are set in advance. If you have a specific dietary need, please let us know and we will do our best to accommodate you.

LADIES' LUNCHEON - WEDNESDAY, DECEMBER 17

Join the ladies for salad with chicken or steak. *Cost is \$8. Please RSVP by December 15.* The next luncheon will be in February and will serve cheese Quesadillas. *Cost is \$10*

MEN'S LUNCHEON - WEDNESDAY, NOVEMBER 19

Join the men for chicken parmesan and pasta. *Cost is \$8. Please RSVP by November 17.* Our next luncheon will be January 2026. *Cost is \$10*

BIRTHDAY LUNCH CELEBRATION - TUESDAY, NOVEMBER 25

We will enjoy stuffed peppers and mashed potatoes. *Cost is \$8. Please RSVP by November 21.* If it is your birthday month, then lunch is on us (RSVP is REQUIRED)! Everyone is welcome... regardless of your birthdate! Our next birthday celebration will be in 2026. *Cost is \$10*

VETERANS LUNCH - THURSDAY, NOVEMBER 6

Join us as we honor our veterans with a Thanksgiving lunch to thank them for their service. All Veterans eat free. *Cost is \$11. Please RSVP by November 3. This is a members only event.*

CHRISTMAS PARTY AT PINERIDGE - WEDNESDAY, DECEMBER 10

Join us at the Kirtland Senior Center holiday lunch at Pineridge Country Club in Wickliffe. Enjoy chicken piccata, roast beef, potatoes, green beans almondine and more! This event sells out so please reserve a spot soon. *Cost is \$20 per person/members only. R.S.V.P. December by 5th.*

MEALS

WELCOME TO OUR NEW MEMBERS THIS MONTH!

JAN, TED, MARCIA, LANCE, SANDY, ROBERT,
KATHLEEN, AUDRA, JOAN, JOYCE

NOVEMBER 2025 EVENTS

Podiatrist	Tuesday, November 4
Election Day	Tuesday, November 4
Volunteer Meeting	Thursday, November 6
Veterans Lunch	Thursday, November 6
BUS TRIP - Guido's & Holly Days	Friday, November 7
Fall Yard Clean Up	Saturday, November 8
Hiking Club	Monday, November 10
CLOSED - Veteran's Day	Tuesday, November 11
Senior Board Meeting	Wednesday, November 12
BUS TRIP - Mystery Lunch	Thursday, November 13
Trash to Treasure	November 17-28
Senior Night Hike	Monday, November 17
Sauerkraut WKSP	Tuesday, November 18
Trivia	Tuesday, November 18
Pottery Workshop	Tuesday, November 18
Men's Lunch	Wednesday, November 19
Book Club	Thursday, November 20
Attorney	Friday, November 21
Birthday Lunch	Tuesday, November 25
Ecumenical Service - Old South	Tuesday, November 25
CLOSED - Thanksgiving	November 27 & 28
Kirtland Tree Lighting Ceremony	Sunday, November 30



Witness Tree 2025

Barber-Williams Post 609, Warriors Journey Home and Old South Church

Each day, 22 dog tags will be added to the Witness Tree. People are invited to write names of family members, friends or loved ones on dog tags to be hung. A short 5-10 minute ceremony will be held every day from Nov 1 to Nov 11. All are welcome. Contact Keith McCrory at (440) 488-3086 for any questions.

Kirtland City Hall
Front Lawn
12:00PM everyday
Nov1-Nov 11, 2025

Witness Tree to honor the average of 22 veterans lives that are ended due to suicide each day.

We are looking for volunteers who would like to read a section of an already prepared program. Please contact Keith McCrory.

NOVEMBER 18th at 1PM

Join us for pottery painting - we will be painting small figurines and ornaments for the upcoming holiday season.

REGISTRATION REQUIRED \$25

2 ornaments or 1 figurine. SIGN UP BY NOVEMBER 10TH.

Items will be available for pick up the following week.



DECEMBER 2025 EVENTS

Senior Board Meeting	Wednesday, December 3
BUS TRIP - Casa Rosa & Lights	Wednesday, December 3
Volunteer Meeting	Thursday, December 4
Hiking Club	Monday, December 8
Podiatrist	Tuesday, December 9
Christmas Lunch @Pineridge	Wednesday, December 10
Senior Night Hike	Monday, December 15
Trash to Treasure	December 15 - 30
Trivia	Tuesday, December 16
Ladies Lunch	Wednesday, December 17
BUS TRIP - CLE Orchestra	Friday, December 19
Attorney	Friday, December 19
CLOSED - Christmas Eve	Wednesday, Dec. 24 @ noon
CLOSED - Christmas	December 25 & 26
Birthday Lunch	Tuesday, December 30
CLOSED - New Years Eve	Wednesday, Dec. 31 @ noon
CLOSED - New Years Day	January 1 & 2, 2026

December 12 at NOON

Join Kirtland Public Library's Tech Trainer, Sophia Paoloni, for a free Cricut Design Workshop-crafting holiday cards

NOVEMBER PROGRAMMING AND CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>GYM CLOSED FOR VOTING</p> <p>9-9:45 Strength 10 Knitting 10-10:45 Balance 1-2 TaiChi</p>	<p>4</p> <p>9-1:30 Piano 12 BINGO</p> <p>CLOSED</p>	<p>5</p> <p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:30 Fit Yoga 1-3 Chair Volleyball</p>	<p>6</p> <p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p>	<p>7</p> <p>9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Strength 10:30-11:30 Chair Yoga 1-3 Chair Volleyball</p>
<p>10</p> <p>9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1-2 TaiChi 1-3 Chair Volleyball</p>	<p>11</p> <p>CLOSED</p>	<p>12</p> <p>9-9:45 Strength 10 Sewing 10:30-11:30 Fit Yoga 11-1 Reflex/Light</p>	<p>13</p> <p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12-1:30 Reiki 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p>	<p>14</p> <p>9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 1-3 Chair Volleyball</p>
<p>17</p> <p>9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1-2 TaiChi 1-3 Chair Volleyball 2 Hiking</p>	<p>18</p> <p>8:30-9:30 Adv. Pickleball 9 Podiatry 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p>	<p>19</p> <p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:30 Fit Yoga 1-3 Chair Volleyball</p>	<p>20</p> <p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p>	<p>21</p> <p>9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Strength 10:30-11:30 Chair Yoga 1-3 Attorney 1-3 Chair Volleyball</p>
<p>24</p> <p>9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1-2 TaiChi 1-3 Chair Volleyball</p>	<p>25</p> <p>8:30-9:30 Adv. Pickleball 9-1:30 Piano 10-1 Pickleball 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p>	<p>26</p> <p>10 Sewing 10-1 Pickleball 10:30-11:30 Fit Yoga 11-12 Reflex/Light</p>	<p>27</p> <p>CLOSED</p>	<p>28</p> <p>CLOSED</p>
<p>JUST A REMINDER TO CHECK IN FOR ALL EVENTS ON MYSENIORCENTER. THANK YOU!</p>				

HIKING CLUB - MONDAY, NOVEMBER 10

Join the hiking club for a hike on Monday, November 10, at 2pm at Veterans Park. We will meet in the parking lot at 5730 Hopkins Rd. **NEW this season, the Moreckis have added a senior hike under the lights at 6:30 pm at Chapin Forest, Hobart Rd. Meeting dates are November 17, December 15, 2025, January 19 and February 16, 2026. We hike in all weather... use your best judgment and dress for the weather. A special thanks to Sue and Bob Morecki for leading us on the journey!

CHESS CLUB

Are you a chess player? Do you want to learn how to play chess? Please leave your name at the front desk and you will be contacted. All levels are welcome and no registration is necessary!

STRENGTH TRAINING

Our fantastically fantabulous Strength Training instructor, Nancy, holds class at 9 am on Mondays and Wednesdays, and select Fridays of each month at 10:30. Check the calendar for dates.

BINGO

We are playing Bingo every Tuesday (unless there is another event scheduled at that time)! Bingo will be held in the Sunflower Room at 12:00. There is no cost to play and everyone is invited.

CARDIO DRUMMING & AEROBICS

Our awesomely fun aerobics class continues on Thursday at 10:00 am. Cardio drumming class is postponed until further notice. Come join the fun!

PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons tailored to the learning styles of the adult students. Students are welcome to bring their own music to the lesson. You must sign up for two classes a month. The cost is \$30 per month. Please contact the front office if you are interested in lessons. The next lessons will be held on November 4 & 18, between 9:00am-1:00pm.

BALANCE

Come improve your balance and flexibility, helping you prevent falls and injuries and build greater confidence to enjoy your life. We will be doing exercises that improve bone density, strengthen muscles, legs, and core that help improve your stability. We will also do warm up stretching exercises to improve posture, performance, and range of motion which enhances and prepares you for your yoga and strength exercises. You can modify this class to your unique needs. Class is held Monday mornings at 10:00am.

ATTORNEY

Meet with Deborah Loughner, Esquire on Friday, November 21st for a FREE 30-minute legal consultation. She provides legal aid for issues like estate planning, healthcare, and consumer protection. Schedule with the front desk.

PODIATRY

We are thrilled that Dr. Kelly Whaley continues to serve our seniors every month. She will be at the Center on Tuesday, November 4th. \$30 payment is due to Dr. Whaley in cash on the day of the appointment.

BEGINNER, OPEN, AND ADVANCED PICKLEBALL

Everyone is always welcome to drop-in to pickleball, but here are a few guidelines to help you out.

Our schedules are set for a reason, and we ask that you **DO NOT ENTER the gym** until the assigned time.

Additionally, we ask that you **LEAVE the gym** at the scheduled time.

Open Pickleball is every weekday. Check the calendar for times. We ask for patience as you wait for your turn to play! This is open to ALL levels.

Beginner Pickleball is for those who are just starting out or would enjoy a more comfortable level of play. While anyone can come, expect that the competition level will be more casual. More experienced players are welcome to come out and offer some wisdom and guidance!

Beginner hours are Thursdays from 1:30 - 3:00 pm.

Advanced Pickleball is held Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

LINE DANCING

Join instructor Tina Foster to learn the basics of line dancing.

Basic Beginner classes, held Tuesdays from 1:00pm-2:30pm, you will learn the steps and terminology, along with different dance rhythms.

Different genres of music will be used to make this a fun-filled class. All you need is a comfy pair of shoes that have slick bottom and can't be kicked off while dancing.

An older pair of tennis shoes or bowling shoes are perfect examples. Please, no "slip-on sandals/flip flops" or "high-heels". This is for your safety.

Advanced Beginner/Improver classes, held Tuesdays from 2:30pm-3:30pm. This class is for those ready to take line dancing to the next level. You should have completed at least 3-6 months of one of the Basic Beginner classes or are already experienced in line dancing. Great class for those who are just making their way back to line dancing or just want to keep it nice and easy. This class moves along a little faster than the Basic Beginner.

BOOK CLUB - THURSDAY, NOVEMBER 20

Meets at 11:00am. This month, we will be discussing "Invisible Ellen" by Shari Shattuck. A young woman finds herself defending a blind woman during an assault. Their new friendship allows Ellen to see life with a new perspective. There will be no discussion in December. See you in 2026!

SEW WHAT

Join Sherrie and her home economics knowledge as she leads our sewing group. Bring your own projects, materials, machines, and questions every week. This is a drop-in group; no registration necessary. We will meet every Wednesday at 10:00 am to whenever you feel like leaving. Ask the front desk if you have any questions.

TAIJI FIT

Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea on Mondays at 1pm.

Please remember that all of our bus trips are for Senior Center members only.

To the best of our ability, bus trips will be advertised two months out.

Registration for all bus trips must be completed in person with full payment.

New trips will open for registration at 9:00am on the First Tuesday of the month.

LUNCH AT GUIDO'S & SHOPPING AT HOLLY DAYS MARKET - FRIDAY, NOVEMBER 7

Join us for lunch at Guido's Pizza Haven before we head to the annual Geauga Parks' Holly Days holiday market. Lunch checks must be paid by the table, not individual. Please note: Guido's does not accept credit cards. At the market, purchase handcrafted items - such as holiday decor, natural bath and beauty products, unique jewelry, pottery, hand-turned wood items, indoor planters, terrariums and more. We will leave Kirtland around 1:45pm and return around 8:30pm. **\$5 Registration.**

MYSTERY LUNCH - TUESDAY, NOVEMBER 13

Join us for a delicious mystery lunch. Trade in the big city life for a rustic escape, surrounded by farmland and impeccable friendliness. This restaurant serves up fresh, local, comfort food with a side of history in its century-old establishment. Lunch cost will be \$20-\$40, depending on your meal choice. We will leave Kirtland around 11:00am and return around 3:00pm. **\$5 Registration. Sign up by November 3.**

CHRISTMAS LIGHTS TOUR - WEDNESDAY, DECEMBER 3

Join us for a delicious meal at Kirtland's own Casa Rosa Cucina before we cruise around town seeing beautiful Christmas light displays. The tour will take us to Nela Park - where lights have been displayed for over 100 years, Playhouse Square, The Arcade, and Public Square. We'll listen to holiday music and have a few trivia questions with a chance to win prizes! We will leave Kirtland around 3:45pm and return around 9:00pm. **\$30 Registration - includes dinner. Tip and drinks on your own.**

CLEVELAND ORCHESTRA HOLIDAY CONCERT - FRIDAY, DECEMBER 19

The Cleveland Orchestra Holiday Concert has been a loved tradition for generations. Delight in the wonder of the season as you enjoy timeless holiday songs and carol. Sarah Hicks will be conducting this must-see event. Along with the orchestra, you will enjoy performances by the Cleveland Orchestra Chorus, the Blossom Festival Chorus, the Cleveland Orchestra Children's Chorus and other vocalists. We will leave Kirtland around 1:00pm and return around 5:30pm. **\$115 Registration. REGISTRATION CLOSED. WAITLIST AVAILABLE.**

If for some reason you have to cancel your reservation, please contact the front office. Refunds are not guaranteed.

UPCOMING BUS TRIPS



6 NOV 12 PM

KIRTLAND SENIOR CENTER

VETERANS DAY
Lunch

HONORING ALL OUR VETERAN MEMBERS
THANK YOU FOR YOUR SERVICE!

Veterans - FREE
Members - \$11



CHRISTMAS PARTY

10 DEC 10 DEC

FOOD . DRINK . MUSIC
PINERIDGE COUNTRY CLUB
30605 RIDGE RD., WICKLIFFE
AT 12 PM \$20/PERSON - MEMBERS ONLY

**FALL YARD CLEAN-UP
SATURDAY, 11/8**

The Mayor's Action Network will be collaborating with faith and civic groups around the City for an entire day of service. As part of this event, we will again be headed out to resident homes for fall yard clean-ups. If you are a senior or a veteran who would like some help, please sign up at the front desk or contact Julia at 440-256-3332 ext. 5 or email jdewolf@kirtlandohio.com.



**TRIVIA TUESDAY,
NOVEMBER 18 @ 11AM**

Come join us and be a part of a team this month. Put all your random (or useless) knowledge to good use! Most of the questions are multiple choice, and it's **FREE** to play! We promise, this is low-pressure and the stakes are NOT high. Winning team chooses the next month's theme. We meet in the Sunflower Meadows room to form teams and then the fun begins. No registration necessary.

**THIS MONTH AT THE KIRTLAND LIBRARY:
CALL 440-256-7323 TO REGISTER**

**Saturday, 11/1
9:30am-1:30am
Used Book Sale**

The Friends of the Kirtland Public Library are hosting their quarterly book sale in the book cellar. Small bags are **\$5** and large bags are **\$8**. Cash and card accepted. Come to the back door of the Library for this fun event.

**Saturday, 11/1
1:00pm-3:00pm
Workshop:
3 Steps to
Achieving Your
Writing Goals**

Having trouble defining your writing goals? Overwhelmed when trying to figure out the process to follow to achieve them? Challenged by procrastination, defeatism self-talk or creative constipation? In this workshop, you'll gain useful information and do-able tips to help you work toward your specific writing goal. **Registration Required.**

**Monday, 11/3
6:00pm
Knit & Crochet**

Open to anyone who enjoys knitting, crocheting or is interested in learning these skills. Bring your own supplies, drop in and get hooked.

**Monday, 11/3
2:00pm
Chair Yoga**

Gentle chair yoga led by Anne Owens. All levels welcome to this free event. **Registration requested.**

**Tuesday, 11/4
6:00pm
USS Cod
Discussion**

Why is there a WWII submarine in Cleveland and how did it help win two wars? The USS Cod Submarine Memorial is a National Historic Landmark and considered the best restored submarine on display in the world. Its fascinating history and how it came home to Lake Erie are the topics of our discussion.

**Friday, 11/7
1:30pm
Book Bracelets**

Love books? Love bracelets? Combine 2 things you love into a stylish bracelet to show off your love of reading! Join us for an afternoon of creating fun to make paper beads out of strips of book pages. No experience required.

**Monday, 11/10
6:00pm
Lake Erie Murder
and Mayhem**

Lake Erie, with its scenic views and world-class fishing has become a source of pride for our state and even our nation. However, throughout history, it has offered an ideal backdrop for evil misdeeds to be carried out. Pirates, robbers, and even murderers have used the open waters and dark shoreline to conduct such bloody offenses. Join author Wendy Koile as she recounts such eerie tales on this great but deadly lake. Book sales to follow. **Registration requested.**

**Wednesday, 11/12
6:00pm
Cricut Design
Workshop**

Learn the basics of Cricut design with this card workshop. All supplies provided. **Registration required.**

**Tuesday, 11/18
6:00pm
Knit & Crochet**

Open to anyone who enjoys knitting, crocheting or is interested in learning these skills. Bring your own supplies, drop in and get hooked.

**Monday, 11/24
1:30pm
No Pressure
Book Discussion**

Join us in the Community Room to talk about any books you've read recently that you want to recommend to others. Bring a bagged lunch if you would like as well.

**KIRTLAND SENIOR CENTER
7900 EUCLID-CHARDON ROAD
KIRTLAND, OH 44094**

**PRESORT STD.
U.S. POSTAGE PAID
Permit No.
Willoughby, OH**

GARDEN CLUB OF KIRTLAND

The Garden Club of Kirtland will meet
Thursday, November 6th at 6:00pm.

Contact Mary at:

GardenClubofKirtland@gmail.com



KIRTLAND KIWANIS

We are updating our book of veterans and need information on any vets in the area. We need: name, branch, rank, dates served and photo. We also need to know where you served.

**Please contact: Bill Wright
@ 440-463-4800 OR
wjwright@roadrunner.com**

LAKETRAN 2025 CLOSURES

Laketrans will be closed on for the following holidays in 2025:

Thursday, November 27 - Thanksgiving Day

Thursday, December 25 - Christmas Day

Please remember to schedule your Dial-a-Ride trips in advance of the holiday. Rides can be scheduled through

Laketrans' Customer Service Center at
440-354-6100 or 1-888-525-3872.



2026 MEMBERSHIP IS OPEN

Anyone is welcome to join, regardless of where you live. All members must renew annually in order to participate in the fun programs and continue receiving the newsletter! If you are unsure if you renewed, just call or stop by the front desk. New members and renewals are \$10.

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim is to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

*Funding provided by the City of Kirtland Recreation and Senior Levy
and the Lake County Commissioners Senior Citizens Levy*