

GILDERSLEEVE GAZETTE

Kirtland Senior Center Monthly Newsletter



FROM THE DESK OF THE MAYOR

Anyone looking forward to spring? Me too. Unfortunately, Punxsutawney Phil cast his shadow earlier this month. And worse yet, he saw it. So according to tradition and lore, we'll have to wait just a little bit longer for the snow and cold to relent. As Northeast Ohioans though, in an effort to rationalize our continued habitation here, we simply pull the card our forbearers likely slipped in our sleeves at birth and repeat (with gritted teeth of course) "well now we will all appreciate the nicer weather that much more."

Since I'm writing this on the morning after the Super Bowl, I guess I feel compelled to reflect and maybe even try to draw some parallels to sporting and spirit in Kirtland. Although Ohio's other NFL team came up short, they did represent the state with valor. I have to say it was hard to muster up a feeling of support for our AFC North rivals, the Cincinnati Bengals, so I gave up trying and cheered on the L.A. Rams. And I have to admit, the Rams win gave me a small sense of victory as I watched our inter-conference rival fall in the waning minutes of the game.

So how, one might ask, do I plan to present the aforementioned parallel to a relatively inconsequential football game for the City of Kirtland? I guess I would say, in the case of either team, both had a couple of strong seasons of rebuilding toward success for the present as well as the future. Therein lie the similarities. I would argue that Kirtland has done the same over the last couple years. In just two years, Kirtland has hired a new Service Director, Engineer, Law Director, IT management provider, Zoning Inspector, Police Chief, Economic Development Coordinator and of course, a new excellent Director at our beloved Senior Center. These changes, although not always easy, by all accounts have made us better at serving our residents.

Although I'm not aware of a Super Bowl for municipalities, I do look at our place in the world of local governance as a bit of a competition. To be the best, you must surround yourself with the best. I think we're doing that here in Kirtland. Coupling this new team with humbling spirit and support from our community, I truly believe the best is yet to come for our little town.

See you on the pickleball courts! ~ Mayor Potter

ALL THE THINGS

First, and most importantly, thank you all for being so flexible with us so far as we battle the elements that so constantly batter us this time of year. Thanks especially to our instructors, who have been wonderful in both contacting their students when we have to cancel and for being patient in rescheduling!

Throughout the past month or so, we've managed to squeeze in some fun between the snowflakes. On the 31, we celebrated our resolutions with some demos from our amazing instructors and providers as well as a surprisingly tasty salad lunch. We are here throughout the year to help you with those resolutions (unless you've resolved to not have any fun at all. Then you're on your own).

A HUGE thank you to our ever dependable and super fantastic Senior Board for providing us with tastiness this Valentines Day. Thanks also to our attendant Cindy, who helped fill out your cards and assisted in keeping the flowers alive long enough to get them to you! We're so happy that you all spent the holiday with us!



To those who made chili for the cook-off, I don't know how you do it. Each one was so good, and the judges certainly had a tough time. Much appreciation to the Fire, Police, and Service Departments for coming out. We're thinking ahead to a summer cook-off... anyone interested in ribs?

Since our last newsletter, we were also fortunate enough to have our Fire Department come in for AED training. They were gracious enough to offer, and I hope that we will be able to hold training a few times a year for anyone interested. Also, our talented and cheerful art instructor Connie led a slate painting workshop, and I'm in awe of how talented our members are! Finally, we came together for our monthly trivia and the teams brought it this month. The winning (by one point!) team chose Ohio History as next month's topic. Come join us for the next round on Tuesday, March 22 as we all await the random trivia I manage to dig up. Wish me luck.

This month, we will be concluding our episodic Senior Spotlight with Bridget Welter. In addition, I would like to take a moment to also spotlight one of our veteran members. Dorothy Green is a treasure of our Center, and for those of you who have not had the pleasure, join us for Bingo on Tuesdays at 12:30! She is the leader of our weekly game, and all of our lives are enriched by her presence. Thank you, Dorothy, for everything you do!

I cannot begin to express how grateful I am to have the help of our building attendants throughout these past few months. Between their dedication and your patience, I did not COMPLETELY lose my mind with Sharon gone - and that's saying something! And as for those typos in last month's newsletter... you have no idea how happy it made me to have so many people point them out. It means you actually read through this publication. No pressure, Teresa!

As it is stated so many other places, spring IS on the way, hopefully bringing with it a bit of a reprieve for our plows and our Service Department. As the weather starts to warm up, we hope to see you here at the Center! ~ Teresa

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KIRTLAND SENIOR CENTER

MARCH 2022 WEEKLY SCHEDULE

For a complete listing of services and classes available, check out our website at www.kirtlandcommunity.com

MONDAY

9:00 – 9:45 am
 10:00 – 1:00 pm
 10:00 am
 1:00 – 2:00 pm
 1:00 – 3:00 pm

Strength Training
 Pickleball (*drop-in*)
 Knitting Group
 TaiJi Fit
 Chair Volleyball (*drop-in*)

TUESDAY

8:30 – 9:30 am
 9:30 – 12:00 pm
 10:00 – 11:00 am
 11:30 – 2:30 pm
 12:30 pm
 12:30 pm
 12:00 – 3:00 pm
 2:30 – 3:30 pm

Advanced Pickleball (*drop-in*)
 Piano Lessons (*March 1, 15*)
 Aerobics
 Pickleball (*drop-in*)
 Bingo
 Game Day (*drop-in*)
 Indoor Bocce
 “Walk and Talk” (*drop-in*)

WEDNESDAY

9:00 – 9:45 am
 9:00 – 10:00 am
 10:00 – 12:00 pm
 10:00 – 1:00 pm
 10:00 – 11:15 am
 10:00 – 12:00 pm
 1:00 pm – 3:00 pm

Strength Training
 Tai Chi – Bamboo Fusion
 Sewing Group (*no class – drop-in*)
 Pickleball (*drop-in*)
 Fit Yoga
 Reflexology/Light Therapy
 (*March 9, 23*)
 Chair Volleyball (*drop-in*)

COMING IN APRIL

City Easter Egg Hunt
 Chair Volleyball Tournament
 Easter and New Member Lunch

Saturday, April 9
Monday, April 11
Monday, April 18

THURSDAY

8:30 – 9:30 am
 9:00 – 1:00 pm
 9:30 – 11:30 am
 10:00 – 1:00 pm
 10:30 am
 12:30 – 2:30 pm
 1:00 – 2:00 pm
 1:00 – 2:00 pm
 2:00 – 3:30 pm

Advanced Pickleball (*drop-in*)
 Polarity (*March 3, 17*)
 Watercolor Painting
 Pickleball (*drop-in*)
 Cards – Hand and Foot (*drop-in*)
 Acrylic Painting
 Tai Chi
 Pickleball Lessons
 Beginner Pickleball Hour (*drop-in*)

FRIDAY

9:00 – 10:00 am
 9:00 – 10:00 am
 10:00 – 1:00 pm
 10:00 – 3:00 pm
 10:30 – 12:30 pm
 1:00 – 2:00 pm
 1:00 – 3:00 pm
 12:00 – 3:00 pm

Gentle Yoga
 “Walk and Talk” Open Gym
 Pickleball (*drop-in*)
 Massage (*March 4, 18*)
 Reiki (*March 4, 18*)
 Aerobics (*w/ cardio drumming*)
 Chair Volleyball
 Pinochle (*drop-in*)

UPCOMING EVENTS

Hearing Screening
 State of the School Lunch
 Senior Board Meeting
 Slyman’s Lunch
 Book Club
 Trash to Treasure
 Trivia
 Men’s Lunch
 City 5K
 Lake County Treasurer Presentation
 Birthday Lunch

Wednesday, March 2
Thursday, March 3
Wednesday, March 9
Tuesday, March 15
Friday, March 18
March 21 – 25
Tuesday, March 22
Wednesday, March 23
Sunday, March 27
Tuesday, March 29
Tuesday, March 29

Drop-in activities require NO pre-registration

MARCH CLASS & WELLNESS SCHEDULE

Registration is required for the following classes or wellness appointments:

Fitness Class	Day & Time	Dates	Cost
Aerobics Instructor: Cheryl	Tuesday 10:00-11:00	March 1, 8, 15, 22	\$15 4 classes Drop-in: \$4
Aerobics w/drumming Instructor: Cheryl	Friday 1:00-2:00	March 4, 11, 18, 25	\$15 4 classes Drop-in: \$4
Fit Yoga Instructor: Dawn	Wednesday 10:00-11:15	March 2, 9, 23, 30	\$12 Drop-in: \$3
Gentle Yoga Instructor: Anne	Friday 9:00-10:15	March 4, 11, 18, 25	\$12 Drop-in: \$3
Strength Training Instructor: Nancy	Mon/Wed 9:00-9:45	March 2, 7, 9, 14, 16, 21, 23, 28	\$24 (8 classes) \$12 (4 classes) Drop-in: \$3
Tai Chi for Wellness Instructor: Eb	Thursday 1:00-2:00	March 3, 10, 17, 24, 31	\$15 Drop-in: \$3
TaiJiFit Instructor: Tim	Monday 1:00-2:00	March 7, 14, 21, 28	\$12 Drop-in: \$3
Tai Chi Bamboo Fusion Instructor: Tim	Wednesday 9:00-10:00	March 2, 9, 16, 23, 30	\$15 Drop-in: \$3
Workshops	Day & Time	Dates	Cost
Sewing Club	Wednesday 10:00-12:00	Every Wednesday	FREE
Knitting Group	Monday 10:00	Every Monday	FREE

Classes	Day & Time	Dates	Cost
Acrylic Painting Instructor: Connie	Thursday 12:30-2:30	March 10, 17, 24, 31	\$28
Watercolor Painting Instructor: Connie	Thursday 9:30-11:30	March 10, 17, 24, 31	\$28
Piano Lessons Instructor: Karen <i>*must register 2 per month*</i>	Tuesday 9:30-12:00	March 1, 15	\$15 per 30 minutes
Wellness/Other	Day & Time	Dates	Cost
Attorney Deborah Loughner	Friday 9:00-11:00	March 11	FREE 30 minutes
Podiatry Dr. Kelly Whaley	Tuesday 9:00-12:00	March 8, April 12, May 10	\$25 per 15 minutes
Reiki Anne Owens	Friday 10:30-12:00	March 4, 18	\$25 / 25 minute session
Polarity Tim Polak	Thursday 9:00—1:00	March 3, 17	\$45 per 1 hour
Reflexology or Light Therapy Linda McMahon	Wednesday 10:00-12:00	March 9, 23	\$40 (Reflexology) \$45 (Light Therapy)
Swedish Massage Natalie Lopez	Friday 10:00-3:00	March 4 & 18	\$55 per 50 minutes
Walk & Talk		Every Tues 2:30-3:30 & Fri 9:00-10:00	FREE

INDOOR BOCCE

Indoor Bocce will be held on Tuesdays from 12:00 - 3:00 pm in the Violet Field Room. No experience is necessary and all are welcome to join in on the fun.

SEWING CLUB

Sewing Club will continue to meet on Wednesdays from 10:00-12:00 pm for the Winter months. There will be no formal instruction or projects, but rest assured Mae will be on speed dial to answer any of your sewing questions you may have. Mae will be returning in the Spring to do projects & keep everyone in stitches.

KNITTING GROUP

Grab your knitting needles & yarn and come on down to the Center on Mondays at 10:00 am. Set aside an hour or so every week and join our group. Knitting is a great way to release stress, be with friends (or make some new ones), relax and have a good time! No registration is necessary.

CHAIR VOLLEYBALL

Chair Volleyball includes physical activity, social interaction, competition, and most of all, lots of laughs! The game is played with a beach ball and a five foot high net. More fun than you can possibly stand while seated! We play every Monday, Wednesday, & Friday from 1:00-3:00.

CARDS

Calling all card players! We are looking for anyone interested in playing cards. On Thursdays come to play Hand & Foot cards Games begin at 10:30 & our Pinochle Group meets on Fridays at 12:00. Come join the fun. All are welcome!

**BEGINNER PICKLEBALL LESSONS**

New to Pickleball? Need to learn the basics? We got you covered with the ins and outs of pickleball. Lessons are every Thursday from 1:00-2:00. Our next session (4 classes) will begin on March 3. This is a FREE class.

Pre-registration is required and space is limited. Make sure to wear tennis shoes and comfortable clothing that you can move in!

EXPANDED PICKLEBALL HOURS

Advanced Pickleball: Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play a bit more competitively. If you join us, get ready for great shots and fast games!

Beginner Open Play: Thursdays from 1:00 - 3:30. If you want to start playing, get some practice, or work on your game, this is a great time to do it!

TAICHI - BAMBOO FUSION

Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements of Tai Chi. This class you will discover Bamboo Fusion, where we combine Tai chi with standing Yoga poses. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea on Wednesday mornings at 9:00.

BINGO

We are playing Bingo every Tuesday! Come take a chance on winning a gift card, lottery tickets or other great prizes. Bingo will be held in the Sunflower Room at 12:30. There is no cost to play Bingo.

PICKLEBALL CANCELLED ON TUESDAY, MARCH 15

THE SENIOR CENTER WILL BE CLOSED

FRIDAY, APRIL 15

**WHEN KIRTLAND SCHOOLS ARE CLOSED FOR SNOW -
WE ARE TOO!**

2022 MEMBERSHIP RENEWAL

Membership renewal for 2022 is OPEN! It will run through the year but renew early so you don't miss any of the exciting things we have to offer. The cost of renewal for a Kirtland resident is \$5 per person and \$7 for a non-resident renewal.



LADIES LUNCHEON

Our next Ladies Luncheon will be held on Wednesday, April 20 at 12:00 pm. Cost is \$7. Please RSVP by April 14. The menu will be chicken parm. The next lunch will be on June 22.

MEN'S LUNCHEON

The next Men's Luncheon will be on Wednesday, March 23 at 12:00 pm. Cost is \$7. The menu will be a meatloaf meal. Please RSVP by March 18. The next luncheon will be on May 25.

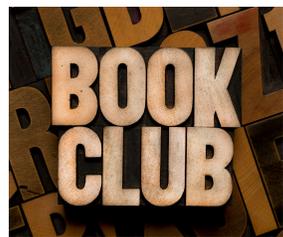


BIRTHDAY LUNCH CELEBRATION

March's Birthday Lunch will be held on Tuesday, March 29 at 12:00 pm. The cost is \$7. Please RSVP by March 24. We will be enjoying beef stew, bread, and salad. EVERYONE is welcome, regardless of your birthdate! Our next Birthday Celebration will be on Tuesday, April 26 at 12:00 pm and the menu will be announced soon.

TRASH TO TREASURE

Our next Trash to Treasure Sale will be held from March 21 - 25. Drop off any household items you would like to donate for our sale. No personal items, clothing or electronics please! We will be accepting items during business hours (8:30 am - 3:30 pm).



BOOK CLUB - FRIDAY, MARCH 18

Our book club discussion this month will be focused on YOUR favorite classic! What defines a classic and what defines a favorite? That's up to you!

PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons. Tailored to the learning styles and desires of the adult students. Students are welcomed to bring their own music to lessons for evaluating it as a useable resource. Lessons will be held the 1st & 3rd Tuesdays of the month. **You must sign up for two classes a month (\$30 per month). Next classes will be March 1 and 15 from 9:30-12:00 - only a few slots remain!**



UPCOMING EVENTS

Welcome to our new members this month!!!

Susan, Deb, JoAnne, MaryJo, Patricia, Robert, Marjorie, Michael, Jackie, Michelle, Mike, Sandy, Dana

STATE OF THE SCHOOLS LUNCHEON

NOTE DATE CHANGE

Please join Kirtland City Schools Superintendent Chad VanArnhem for lunch on Thursday, March 3 at 12:00 pm. The menu is chicken parm with pasta, salad, and garlic knots. Cost will be \$7 and you must RSVP by Wednesday, February 23. Following lunch, Mr. VanArnhem will be giving a short State of the School address and answer any questions you may have for him.



CHAIR VOLLEYBALL TOURNAMENT - MONDAY, APRIL 11



We're pretty darn excited to host a chair volleyball tournament with area Senior Centers this April! Each Center can bring two teams, so make sure you sign up in the gym if you want to be on the WINNING team (that would be Kirtland. We're gonna win. Maybe.)

We will also be hosting a lunch prior to the tournament beginning, so keep an eye out in this newsletter and around the Center for more details!

UPCOMING EVENTS

TRIVIA -- TUESDAY, MARCH 22 @ 11:00

To help prepare us to bring home the gold in the annual Northern Ohio Mind Challenge Trivia competition, you are welcome to join us in the lobby on Tuesday, March 22 for Kirtland Trivia - Ohio History edition. This is FREE and trust us when we say that we find incredibly obscure facts. If you're not sure about your knowledge of this month's topic - you won't be alone! We play in teams and the winning team gets to choose next month's theme.



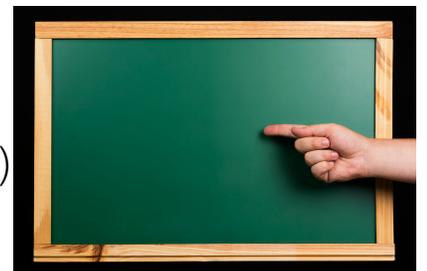
HEARING SCREENING

It is medically recommended to have your hearing tested annually, just like your blood pressure or cholesterol. Adults with untreated hearing loss are more likely to develop dementia. Hearing loss is not just an ear issue, it is also a quality of life issue, a health issue, and safety issue. Hearing loss can occur naturally due to age, but it can also be caused by other health reasons that may surprise you. Holly's Hearing Aid Center will be conducting **FREE** hearing screenings on Wednesday, March 2 from 10:00 am - 12:00 pm.

Registration is required.

SENIOR BOARD

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising for different activities. The 2022 Senior Board consists of: David Saywell (President), Junior Orick (Vice-president), Marcia Haymer (Secretary) Penny Everson (Treasurer), Bill Wright, Bill Russ, Karin Saywell, Jean LaRiche, Janet Johnson, and Jean Orick.



**NEW MEMBER AND EASTER LUNCH -
MONDAY, APRIL 18**

Save the date for a combined Easter / Welcome New Member lunch! Keep an out for more details, because they're gonna be great.



FREE READING GLASSES

Joel Lucia from the Prescription Assistance Program of Ohio has generously dropped off several free reading glasses for our Seniors. These come in a variety of styles and prescriptions for both men and women and are available first come-first served. They will be on one of the free tables in the lobby for your perusal. For more information on the PAPO, check out their website at www.papofohio.com.



GENEALOGY CLASS

There has been a proposal to open a class on how to do a family history. The class would be about one hour monthly. There would be no charge to attendees. Learn how to start and what is available to individuals to find information and when you finish how to make a presentation for your children and grandchildren. People who are interested should see Teresa and sign up (please provide an email address and/or phone number).



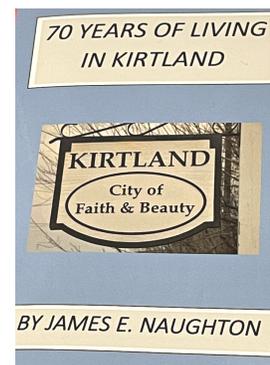
LAKE COUNTY TREASURER

Lake County Treasurer Michael Zuren and Auditor Christopher Galloway will present a PowerPoint presentation on March 29 at the Kirtland Community Center. Immediately after our monthly birthday lunch, the presentation, followed by a Q&A, will assist and inform seniors about real estate tax and utility savings available to them. Several other topics and resources will also be presented.

"70 YEARS OF LIVING IN KIRTLAND"

BY JAMES E. NAUGHTON

This book was written to tell the story of Kirtland from 1937 until 2007 by Kirtland's first Mayor, James E. Naughton. The cost of the book is \$20 and proceeds will go to the Kirtland Kiwanis. Please sign up at the front desk to get your copy.



COUNCIL ON AGING
Lake County

Please consider becoming a sponsor of our events this year!

We appreciate your support!

MEALS on WHEELS
LAKE COUNTY

APRIL 2, 2022

GREAT LAKES MALL

Doors Open 8:00am
Event 8:30am - 10:00am

Register online at
www.march4meals.org

Walker fee \$15 (Adult);
\$5 (Children 12 & Under)
Optional t-shirt \$10

50 YEARS
COUNCIL ON AGING
Lake County
Established 1972

50th Anniversary Gala

NOVEMBER 19, 2022
MORE INFORMATION COMING SOON!

COMMUNITY NEWS

FROM THE SENIOR BOARD

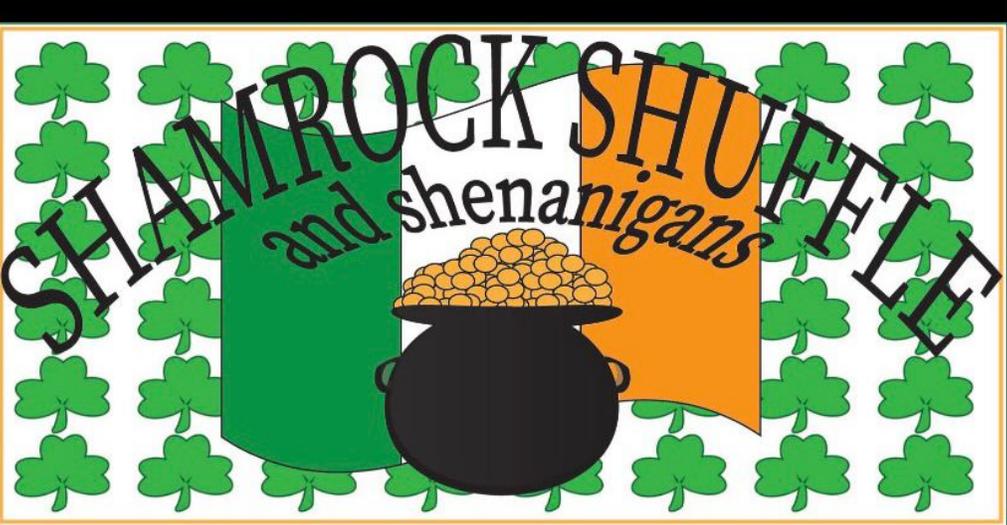
Wow, I can't believe I am writing for March newsletter already. February was a busy month at the center and we hope you took advantage of our offerings. March looks to be equally busy and if we haven't seen you hopefully this month we will!

This month we will offer one of our most popular lunches, Slymans. Make sure you sign up soon because registration ends at the beginning of March. We need to cut it off early so we can give plenty of notice to get our food. For those of you who wonder, we do go to the original Slymans to get our food.

Did you know we have a monthly trivia game? In February we did President Trivia. The winning team then picks the next month's topic. In March we will do Ohio trivia. Teresa looks up the questions and teams then submit their answers. It is multiple choice and a lot of fun. February's winning team won 70-69 so it will be real competitive next month. Our culminating activity will be the Mind Challenge competition against other Lake County Senior Centers. Come and join us.

It's hard to believe we are already planning summer activities for the center. If you have any ideas let the office know. Otherwise, stay healthy, safe, and come visit.

- Dave



Sunday, March 27th

GCXC 5k & Kiddie Run ~ 10AM

Shenanigans to follow at

Kirtland City Hall

≈ *Kids' Zone, Food, Drink* ≈

Live Entertainment

THE BAND THE SHIZZ ~ 11AM

ST. PATRICKS DAY SLYMAN LUNCH -
TUESDAY, MARCH 15
(NOTE THE DATE CHANGE)

It's back and better than ever! Our annual St. Patrick's Day Slyman's lunch will be held at 12:00 pm on **Tuesday, March 15**. Lunches are for members only and are \$15 each. If you aren't comfortable dining in, make sure to sign up regardless and let us know to prepare a to-go lunch for you. Lunch includes a corned beef sandwich, potato salad, a pickle, and dessert.



Please RSVP by Tuesday, March 8.

SENIOR SPOTLIGHT

Welcome to Part 3 of the Bridget Welter saga. As with all of our members, we could drone on about her for many many more newsletters, but I will do my best to conclude her story up to this point. There are a lot of dates, people, and important events, so please excuse me if and when I get timelines messed up. Not that you would know if I did, but Bridget certainly will.

After the passing of her beloved husband, Bridget made ends meet the best way she could for herself and, more importantly, her daughters. She took on work at Kollander Travel, which eventually led to a career spanning over twenty years. A few months ago, Bridget brought in some of her old passports for us to peruse. Honestly, I'm pretty confident I knew some of these places existed, but never thought I would meet someone who has visited them all.

During her tenure at Kollander, Bridget had the opportunity to train with American, Northwest, and United Airlines. The majority of her time was spent with international groups, and her background and multi-lingual talents served her well as she catered to the needs of these tours. Between her regular customers and new adventurers, Bridget guided 243 busloads throughout Europe (not at the same time). If you ever have a moment while waiting for a pickleball court to open up, ask this fascinating woman for some travel stories. You truly can't make these things up, and if you pitched some of them to Hollywood, they would turn them down for being unrealistic. Thus goes the life of one Bridget Welter.

As we know, Bridget did whatever she could to accommodate the schedules of her girls. At one point, she took up waitressing at Hofbrauhaus, which ended up being life-changing in unexpected ways. There is no way for me to word this better than she did: while working, she "met my husband. Actually, he met me. I didn't want any part of it." A new relationship was not part of her plan, and certainly not her priority at the time. Between the charm of this man and with the encouragement of her brother, Martin came into all of their lives and officially became family in 1976.

On to the homestead. Out in the way back yonder that is Hamden Township, there once was a house that was built in 1832. An enterprising young couple decided to tackle this new project. With Martin's boundless energy and Bridget's everything, they gutted the house while keeping everything that they could from the original. This 16 acre property was also a 1950's model dairy farm with a milkhouse and barn. Although Bridget has an impressive resume, farming is not on it (I don't think. It probably was there somewhere, because what hasn't she done...). Martin, being the swell guy that he was, and knowing his wife's affinity for tennis, used the upper hayloft to build her a court.

Her family now resides in Columbus, Boston, and Seattle. Never one to settle in life or in travel, she sees them all and takes regular trips back to Croatia. She dreams of one day taking her grandchildren to the Dalmatia Coast, Greek Islands, and Istanbul.

I think I was supposed to start with this, but the end seems appropriate as well:

Bridget is appreciative for all that she has at this time of her life – peace, serenity, and safety at home. She only needs one bed to sleep in and food that is medicine to sustain both life and good health. Five days a week, she connects, socializes, and laughs with her friends at the Senior Center (that's YOU, dear reader!).

She recognizes how many it takes to make the village that she has chosen. She is so grateful for each and every person who works for the City, and for those who contribute and make our lives safer and better.

And we are so grateful for you. Thank you for taking this journey with us. Trust us when we say it doesn't stop here.



WILLoughby, OH
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KIRTLAND, OH 44094
7900 EUCLID-CHARLTON ROAD
KIRTLAND SENIOR CENTER

March Riddles:

How excited was the gardener about spring?
Raccoons are racing around a tree. Can you spell that without using the letter r?
Answers inside!

KIRTLAND SENIOR CENTER

(440) 256-4711

communitycenter@kirtlandohio.com

www.kirtlandcommunity.com

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

*Funding provided by the City of Kirtland Recreation and Senior Levy
and the Lake County Commissioners Senior Citizens Levy*