

# GILDERSLEEVE GAZETTE

*Kirtland Senior Center Monthly Newsletter*

## FROM THE DESK OF THE MAYOR

By the time you get this, the Strawberry Festival will have come and gone. With full faith and confidence in the Kirtland Kiwanis, I predict the annual and most coveted tradition of Kirtland went very well. Having kicked off the festival with my own participation in the strawberry shortcake eating contest, I'm also hoping by the time you read this, I will have fully digested the globs of biscuit and strawberry topping I shoveled into my mouth. Also, I'm hoping to have made you all proud after having taken on five other local mayors in this gluttonous challenge. Having won or lost, I'm sure it was an experience I won't forget. As always, thank you to the Kirtland Kiwanis for their days, weeks, and months of hard work and commitment leading up to the event.

While we are discussing the events of the near past, I suppose I should thank and congratulate all who participated in the first Pickleball tournament on our new courts, As I sit here six days before the event, I will not be going out on a limb and prognosticate that I was at any point in contention for the glorious championship. I had high hopes for myself and a trophy just a few months ago, but have come to the realization that there are just too many outstanding players in our community. Nonetheless, I will guarantee there was trash talking and boatloads of fun throughout the days' challenge.

As we know, summer is upon us and here's to hoping the heat isn't too oppressive, especially for the library's summer concerts and City sponsored City, Faith, and Beauty events, Whatever the weather, I look forward to seeing all of you on and around the grassy knoll and gazebo in front of City Hall. Thank to all that support our events and a special thanks to the Friends of the Library for allowing us to share in the fun.

Here's to a safe, healthy summer full of fun in Kirtland!

~Mayor Potter



**Riddle Answers: Because freedom rings; Fire-quackers**

## ALL THE THINGS

It seems that every month is full. Full of goodness, and exciting opportunities, and possibilities to grow and meet both needs and people. But man, are these longer days full! I'm so grateful to you - the Seniors that make this Center a place that gives everyone a place to call home. In the midst of all of the things, it's nice to know that there is somewhere to either fill your days or escape from the craziness.



May into June brought with it so many new faces into the Center as we welcomed the regional Mind Challenge trivia teams. Groups from Fairport Harbor, Concord, Mentor, and here in Kirtland came together to compete for the most random knowledge. Although our three teams did not advance to the last two rounds, it was so much fun both participating and hosting about 100 people each week! Thank you especially to those who donated snacks! Remember - we have trivia here every month. Even better - ours are multiple choice...

We also celebrated the lives of those who sacrificed theirs for our freedom on Memorial Day. The weather held out for our picnic, and the fire department did a fantastic job (as usual) of grilling for us! We were so proud of Sergeant Major Ken Wyban as he inspired all of us in the City-wide celebration.

For those who joined us for our Flag Day potluck, thank you! I opted to pay instead of bring a dish, and my goodness, I'm glad I did! Everything was amazing, as expected and we appreciate your participation in these new events!

By the time you read this, I assume you'll have enjoyed the annual Strawberry Festival, and taken some time to thank Kirtland Kiwanis for all their hard work in making this an amazing event for our community. I'm also hoping that you had the chance to join us for the start of the summer concert season, presented by NOPEC and Friends of the Kirtland Public Library.

In the past few weeks, I've had a visit from my parents, a trip to D.C. to see family, and a trip to Massachusetts to see more (apparently I'm trying to shove in a year's worth of family time into one month?). In my absence, our fantastic attendants have really stepped up in helping to cover the office. The only way I can not do copious amounts of work when I'm on the road is because Sharon is here holding the fort. I don't think the hoho cake I got her yesterday can adequately thank her for covering when I'm gone, but it was a start.

We're excited for our first ever Pickleball tournament next week - is it cool to cheer on all 36 participants equally? Also, keep checking at the Center and here in the newsletter for more information on this year's Senior Summer Camp in August!

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# JULY 2022 WEEKLY SCHEDULE

For a complete listing of services and classes available, check out our website at [www.kirtlandcommunity.com](http://www.kirtlandcommunity.com)

*Drop-in activities require NO pre-registration*

## MONDAY

9:00 – 9:45 am  
 10:00 – 1:00 pm  
 10:00 am  
 1:00 – 2:00 pm  
 1:00 – 3:00 pm

Strength Training  
 Pickleball *(drop-in)*  
 Knitting Group *(drop-in)*  
 TaiJi Fit  
 Chair Volleyball *(drop-in)*

## TUESDAY

8:30 – 9:30 am  
 9:30 – 12:00 pm  
 11:30 – 2:30 pm  
 12:30 pm  
 12:30 pm

Advanced Pickleball *(drop-in)*  
 Piano Lessons *(July 12, 19)*  
 Pickleball *(drop-in)*  
 Bingo *(drop-in)*  
 Game Day *(drop-in)*

## WEDNESDAY

9:00 – 9:45 am  
 9:00 – 10:00 am  
 10:00 – 1:00 pm  
 10:00 – 11:15 am  
 10:00 am – 12:00 pm  
 1:00 pm – 3:00 pm

Strength Training  
 Tai Chi – Bamboo Fusion  
 Pickleball *(drop-in)*  
 Fit Yoga  
 Reflexology/Light Therapy *(July 13, 27)*  
 Chair Volleyball *(drop-in)*

## THURSDAY

8:30 – 9:30 am  
 9:30 – 11:30 am  
 10:00 – 1:00 pm  
 10:30 am  
 12:30 – 2:30 pm  
 1:00 – 2:00 pm  
 2:00 – 3:30 pm

Advanced Pickleball *(drop-in)*  
 Watercolor Painting  
 Pickleball *(drop-in)*  
 Cards – Hand and Foot *(drop-in)*  
 Acrylic Painting  
 Tai Chi  
 Beginner Pickleball Hour *(drop-in)*

## FRIDAY

9:00 – 10:00 am  
 10:30 – 11:30 am  
 10:00 – 1:00 pm  
 10:00 am – 3:00 pm  
 10:30 am  
 12:00 – 1:30 pm  
 1:00 – 2:00 pm  
 1:00 – 3:00 pm  
 12:00 – 3:00 pm

Gentle Yoga  
 Chair Yoga  
 Pickleball *(drop-in)*  
 Massage *(July 8, 22)*  
 Hand and Foot *(drop-in)*  
 Reiki *(July 1, 15)*  
 Aerobics *(w/ cardio drumming)*  
 Chair Volleyball *(drop-in)*  
 Pinochle *(drop-in)*

## UPCOMING EVENTS

Center and City Offices CLOSED

Card Making Class  
 7<sup>th</sup> of July Lunch  
 Attorney  
 Podiatrist  
 Senior Day with the Captains  
 Concert @ the Gazebo  
 Book Club  
 Trivia  
 Concert @ the Gazebo  
 Men's Lunch  
 Trash to Treasure  
 Birthday Lunch  
 Concert @ the Gazebo  
 Senior Day at the Fair

Monday, July 4  
 Wednesday, July 6  
 Thursday, July 7  
 Friday, July 8  
 Tuesday, July 12  
 Tuesday, July 12  
 Wednesday, July 13  
 Thursday, July 21  
 Tuesday, July 19  
 Wednesday, July 20  
 Wednesday, July 20  
 July 25 – 29  
 Tuesday, July 26  
 Wednesday, July 27  
 Friday, July 29

## COMING IN AUGUST

Senior Summer Camp  
 Card Making Class  
 Red Cross Blood Drive  
 Ladies Lunch  
 Birthday Lunch

Dates TBA  
 Wednesday, August 3  
 Saturday, August 13  
 Wednesday, August 17  
 Tuesday, August 23

# JULY CLASS & WELLNESS SCHEDULE

REGISTRATION IS REQUIRED FOR THE FOLLOWING CLASSES OR WELLNESS APPOINTMENTS:

Fitness Class	Time	Dates	Cost
Aerobics Instructor: Cheryl	Tuesday 10:00-11:00	No session for July	\$15 Drop-in: \$4
Aerobics w/drumming Instructor: Kathy B	Friday 1:00-2:00	July 1, 8, 15, 22 & 29	\$18 Drop-in: \$4
Gentle Yoga Instructor: Anne	Friday 9:00-10:15	July 1, 8, 15, 22 & 29	\$15 Drop-in: \$3
Chair Yoga Instructor: Anne	Friday 10:30-11:30	July 1, 8, 15, 22 & 29	\$15 Drop-in: \$3
Fit Yoga Instructor: Jillian	Wednesday 10:00-11:15	July 6, 13, 20 & 27	\$12 Drop-in: \$3
Strength Training Instructor: Nancy	Mon/Wed 9:00-9:45	June 29, July 6, 11, 13, 18, 20, 25 & 27	\$24 (8 classes) \$12 (4 classes) Drop-in: \$3
Tai Chi for Wellness Instructor: Eb	Thursday 1:00-2:00	July 7, 14, 21 & 28	\$15 Drop-in: \$3
TaiJiFit Instructor: Tim	Monday 1:00-2:00	July 11, 18 & 25	\$9 Drop-in: \$3
Tai Chi Bamboo Fusion Instructor: Tim	Wednesday 9:00-10:00	July 6, 13, 20 & 27	\$15 Drop-in: \$3
Workshops	Time	Dates	Cost
Knitting Group	Monday 10:00	Every Monday	FREE
Card Making Class Instructor Carol	Wednesday 1:00-3:00	July 6, Aug 3, Sept 7, Oct 5	\$10 per class

Classes	Time	Dates	Cost
Acrylic Painting Instructor: Connie	Thursday 12:30-2:30	July 7, 14, 21 & 28	\$28
Watercolor Painting Instructor: Connie	Thursday 9:30-11:30	July 7, 14, 21 & 28	\$28
Piano Lessons Instructor: Karen <i>*must register 2 per month*</i>	Tuesday 9:30-1:00	July 12 & 19	\$15 per 30 minutes
Wellness/Other	Time	Dates	Cost
Attorney Deborah Loughner	Friday 9:00-11:00	July 8, Aug 12, Sept 9	FREE 30 minutes
Podiatry Dr. Kelly Whaley	Tuesday 9:00-12:00	July 12, Aug 9, Sept 13	\$25 per 15 minutes
Reiki Anne Owens	Friday 12:00-1:30	July 1 & 15	\$25 / 25 minute session
Polarity Tim Polak	Thursday 9:00—1:00	No sessions for July	\$45 per 1 hour
Reflexology or Light Therapy Linda McMahon	Wednesday 10:00-12:00	July 13 & 27	\$40 (Reflexology) \$45 (Light Therapy)
Swedish Massage Natalie Lopez	Friday 10:00-3:00	July 8 & 22	\$55 per 50 minutes
Walk & Talk	Tuesday & Friday	Tues 2:30-3:30 & Fri 9:00-10:00	FREE

**BOCCE - RETURNING**

Now that the weather is getting warmer, why not join us on Tuesday & Thursday's to play some Bocce. We play from 9:00-11:00am or until we decide to leave! All are welcome.

**CHESS CLUB - NEW**

Are you a chess player? Do you want to learn how to play chess? Looking for somewhere and someone to play chess with? Starting in July, we will begin meeting weekly on Thursday mornings at 10:00 am.

**CHAIR VOLLEYBALL**

Chair Volleyball includes physical activity, social interaction, competition, and most of all, lots of laughs! The game is played with a beach ball and a five foot high net. More fun than you can possibly stand while seated! We play every Monday, Wednesday, & Friday from 1:00-3:00.

**TAICHI - BAMBOO FUSION**

Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements of Tai Chi. This class you will discover Bamboo Fusion, where we combine Tai chi with standing Yoga poses. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea on Wednesday mornings at 9:00.

**CARDS**

Calling all card players! We are looking for anyone interested in playing cards. On Thursdays come to play Hand & Foot cards Games begin at 10:30 & our Pinochle Group meets on Fridays at 12:00. Come join the fun. All are welcome!

**CHAIR YOGA - NEW**

Our yoga instructor, Anne Owens, will be teaching a chair yoga class **starting in July**. This class is a gentle yoga class with an emphasis on stretching and strengthening movements while seated in a chair. A portion of class will provide instruction on the option to use a chair for support with select standing postures. This class finishes with a seated meditation and breathing practices. It will be on Fridays at 10:30 am and will cost \$12.

**EXPANDED PICKLEBALL HOURS**

**Advanced Pickleball:**

Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play a bit more competitively. If you join us, get ready for great shots and fast games!

**Beginner Open Play:**

Thursdays from 1:00-3:30. If you want to start playing, get some practice, or work on your game, this is a great time to do it!

**Outdoor Pickleball:**

The weather is breaking, so let's get playing on those outdoor courts! Courts are open for anyone to use at anytime during daylight hours. Every weekday from 10:00 am - 1:00 pm is reserved for Senior Center members. Play is first come, first served (pun completely intended). Be patient, be polite, and be awesome!

**BEGINNER PICKLEBALL LESSONS**

Beginner Pickleball lessons will be taking a short hiatus for the summer. Lessons will return beginning in September.



**THE SENIOR CENTER WILL BE CLOSED**

**MONDAY, JULY 4**

**MONDAY, SEPTEMBER 5**

**FRIDAY, NOVEMBER 11**

**THURSDAY, NOVEMBER 24 & FRIDAY, NOVEMBER 25**

## 7TH OF JULY PICNIC

Celebrate the USA & our Independence with us on Thursday, July 7 at 12:00pm. We will be hosting a picnic lunch and will be having Sausages, Brats, peppers & onions. Cost will be \$7.00 per person. You must pre-register by July 1 and this is a senior center member only event.



### LADIES LUNCHEON

August ladies lunch will be held on August 17 at 12:00 pm and we are having B.L.T's, pasta salad & chips. Cost is \$7.00 & must RSVP by August 11. Our next Ladies Luncheon will be on Wed., Oct. 19 & the menu is Stuffed Peppers.

### MEN'S LUNCHEON

Men's Luncheon will be on Wednesday, July 20 at 12:00 pm. We will be having Steak, baked potato & salad. Cost is \$7. Please RSVP by July 14. The next luncheon will be on September 21 and we will be having Fried Chicken.

## BIRTHDAY LUNCH CELEBRATION

July's Birthday Lunch will be held Tuesday, July 26 at 12:00 pm & will cost \$7. Please RSVP by July 14. We will be enjoying a Sub Sandwich from Mike's Market. EVERYONE is welcome, regardless of your birthdate! Our next Birthday Celebration will be on Tuesday, August 23.



## PIG ROAST

The Annual KSC Pig Roast will be held on TUESDAY, AUGUST 30 at 12:00 pm in the Pavilion. Lunch will include pulled pig, scalloped potatoes, baked beans, coleslaw & rolls. Cost for the Pig Roast is \$17.00 per person. **This is a Kirtland Senior Center members only event & there is limited space available.** Please RSVP by August 15. No reservations will be taken after this date.



## LAKE COUNTY CAPTAINS SENIOR DAYS

"Take me out to the ball game, take me out to the park!" The Lake County Captains will be hosting Senior Days at the ball game on Tuesday, July 12 at 11:00 am against the Dayton Dragons. Tickets are \$8 each and include free coffee & baseball bingo during the game. For an additional \$8 you can purchase a food voucher that includes either a piece of pizza, a hot dog, a hamburger or chicken sandwich, chips & drink. **Registration & payment is required to us by June 28 so that tickets may be ordered.** Transportation is on your own for this event. Next Senior Day is on Wednesday, September 7 at 12:05pm. More info to follow.

## TRASH TO TREASURE

Our next Trash to Treasure Sale will be held from July 18-22. Drop off any household items you would like to donate for our sale. No personal items, clothing or electronics please! We will be accepting items during business hours.



*Welcome to our new members this month!!!*

*Larry, Judy, Bonnie, Julie Anne, Michael, Doug, Rose, Vanessa, Renee, Bruce, Judy, Ruth, Jeanette, Jim, Todd, Candice, John, Kathy, Michele, Larry, Terri*

UPCOMING EVENTS

## RED CROSS BLOODMOBILE

Did you know that in most cases, there's no blood or platelet donation deferral if you received a COVID-19 vaccine and you're symptom-free & feeling well when you come to give blood? **The American Red Cross will be hosting a Blood Drive on August 13 from 9:00 am - 3:00 pm at the Community Center in the gym.** Schedule an appointment at [www.RedCrossBlood.org](http://www.RedCrossBlood.org) and enter code: kirtlandcommunity or call 1-800-RED-CROSS.



UPCOMING EVENTS



## GREETING CARD CLASS

Make your own greeting cards! Come to enjoy creating three original cards and have fun socializing while stamping, coloring, and gluing. We will do an assortment of cards during each monthly classes. Cost is only \$10 per class and that includes everything you need except a pair of scissors & adhesives. **Our next class will be Wednesday, July 6 at 1:00 pm.** Class is limited to 10 participants per month. Pre-registration is required.

## PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons. Tailored to the learning styles of the adult students. Students are welcomed to bring their own music to lessons for evaluating it as a useable resource. **You must sign up for two classes a month (\$30 per month). Next classes will be July 12 & 19 from 9:30-1:00.** Due to popular demand, two more class times have been scheduled!



## CHAIR YOGA

Starting in July we will be offering a chair yoga class on Friday mornings at 10:30am. This class is a gentle yoga class with an emphasis on stretching and strengthening movements while seated in a chair. A portion of class will provide instruction on the option to use a chair for support with select standing postures. This class will finished with a seated meditation and breathing practice.



## BOOK CLUB - JULY 21 AT 11:00 AM

Our July book selection is "The Other Bennet Sister" by Janice Hadlow. This book bridges the lives of two women who are living sixty years apart and who refuse to fall victim to the patriarchy. The August Book Club is set for August 18 at 11:00 am and we will be reading "Paris Never Leaves You" by Ellen Feldman.

## COUNCIL ON AGING

Council on Aging will be here in the lobby on August 3 from 10-11:00 am. They will be bringing information from the Council of Aging and other information on specific services they can provide. If you have something specific you would like to talk about, please feel free to stop by and ask.



***Just a reminder to please sign-in whenever you come into the Center unless you are registered for a class. Also please make sure to sign-in for ALL the activities that you will be doing that day.  
Thank you in advance for your help!***



## **CITY OF WILLOUGHBY CONCERT SERIES**

The City of Willoughby will be holding their Summer Concert Series in Downtown Willoughby on Thursdays in July & August from 7:00-9:00pm. July concerts include China Grove (Doobie Brothers Tribute), Pieces of Eight (classic rock), Funkology (50s- today) & Country Redford (country). Bring a lawn chair or blanket and join in for a summer of music. For updates & cancellations due to weather go to [www.willoughbyohio.com](http://www.willoughbyohio.com).

## **WATER & SEWER DISCOUNT PROGRAM**

Lake County Department of Utilities is offering a new Senior Citizen Water and Sewer Discount Program. You are eligible for this program if you are 65 year old, a Lake County Department of Utilities customer, own or occupy the property, and must meet the income qualifier established by the Ohio Homestead Exemption (2022 currently \$34,200). If you have any questions, please contact the Lake County Department of Utilities Billing and Customer Service office at 440-350-2070.

## **SENIOR DAY AT THE LAKE COUNTY FAIR!**



After a great deal of discussion, the partners of our Senior Services Coalition have had to make the difficult decision to cancel Senior Day at the Mall for 2022. The event was scheduled for May 24th. The good news is that we will be expanding our activities at Senior Day at the Lake County Fairgrounds this year!



**Please mark down Friday, July 29 for a special salute to Lake County Seniors as we gather at the Fair!** The day will include free admission to the fair for seniors until 1:00pm, free transportation by Laketrans, free boxed lunch compliments of the Lake County Council on Aging, musical entertainment and games planned by the Senior Centers. The highlight of the day will be our presentation of the "Outstanding Seniors Awards"! More information to follow soon.



# COMMUNITY NEWS

## Lake County Council on Aging Senior Farmer's Market Nutrition Program Coupons

The Lake County Council on Aging will once again be a distribution agent for the Senior Farmer's Market Nutrition Program (SFMNP). The SFMNP is funded by the United States Department of Agriculture (USDA), Ohio Department of Aging (ODA) and the Western Reserve Area Agency on Aging (WRAAA) and provides limited income senior coupons that can be exchanged for eligible foods at area farmers' markets. The purpose of this program is to improve the nutritional health of seniors with limited income and to increase business for local farmers throughout Ohio. **To be eligible for this program in Lake County, you must be a Lake County resident, age 60 or older with an annual income (from all sources) of less than \$25,142 for a household of one and \$33,874 for a household of two.**

***This year, pre-registration is required.*** To pre-register, call the Lake County Council on Aging starting on **Monday, June 13th at (440) 205-8111**. You will be given the choice of 4 different timeslots over a 2 day period (see below). **Distribution will be at the Mentor United Methodist Church at 8600 Mentor Ave., Mentor.** Distribution dates/timeslots will be on offered on:

**Wednesday, June 29th: 9:00am-12:00pm and 1:00pm-4:00pm**

**Thursday, June 30th: 9:00am-12:00pm and 1:00pm-4:00pm**

**NOTE:** All applications will be reviewed on-site, the day(s) of distribution. LCCOA has the right to decline any application that does not meet the SFMNP requirements.

Eligible seniors will be provided with ten \$5 coupons (\$50 value) that same day of your registered date & time. Any coupon sets that remain will be distributed from the Lake County Council on Aging office located at 8520 East Ave. at a later date.

Eligible seniors interested in applying for the program will need to obtain an application the day of the distribution, from the Council on Aging's website ([www.lcco.org](http://www.lcco.org)) or a local Senior Center. ***Applications will not be mailed out and will not be accepted prior to your chosen date & timeslot.*** Seniors who are unable to attend the distribution, or need assistance with shopping, may have a proxy attend on their behalf. It is important to note that someone may only serve as a proxy for TWO individuals. Applications must be signed by the senior and the proxy. All proxies must show a Driver's License or State ID.

For more information, please contact Jackie Oliverio, ADRC Manager at (440) 205-8111 ext. 236.



**FRIENDS OF THE KIRTLAND LIBRARY\* PRESENTS:**  
**2022 GAZEBO**  
**CONCERT SERIES**

**FESTIVITIES BEGIN @ 6:00 PM • FREE CONCERTS BEGIN @ 7:00 PM**  
**9301 CHILlicoTHE ROAD, KIRTLAND**

**JUNE 22**

**"CITY NIGHT"**

**MEET LOCAL BUSINESSES**  
**COOKOUT OFFERED BY CITY DEPARTMENTS**  
**DONATIONS ACCEPTED**

**DAN ZOLA ORCHESTRA**

**JULY 20**

**"FAITH NIGHT"**

**MEET REPRESENTATIVES FROM**  
**OUR LOCAL CHURCHES AND**  
**FAITH COMMUNITIES**

**FOOD TRUCKS**

**PERFECT CHOICE**

**JULY 13**

**"CITY NIGHT"**

**MEET LOCAL BUSINESSES**  
**COOKOUT OFFERED BY CITY DEPARTMENTS**  
**DONATIONS ACCEPTED**

**DEBBIE GIFFORD QUARTET**

**JULY 27**

**"BEAUTY NIGHT"**

**MEET REPRESENTATIVES FROM**  
**AREA PARKS AND FARMS**

**FOOD TRUCKS**

**THE POP TARTS**

**FROM THE SENIOR BOARD**

It is hard to believe we haven't had the official first day of summer and it is hot out! My Alexa just warned me of a heat advisory for tomorrow. It will probably be an air conditioner on type of day!

The reason I am talking about the weather is that the center is now organizing outdoor activities (weather dependent). This week we have a flag day picnic. Next week, we will have a day filled with pickleball tournaments. These have been billed as seniors against the city employees. Come on Seniors! Men's lunch in July is grilling outdoors. Finally, the annual pig roast and clam bake have been scheduled outside also. We are trying to use our outdoor pavilion as much as possible.

Speaking of pickleball, I know those of you that have been to the center see the new outdoor courts in full action. Many times people are waiting to play. All of those players are members since the courts are for seniors use during center hours. Then, the courts open to the public after.

I hope this finds you well and enjoying all events the center has to offer, as well as Kirtland. I am sure many visited the Strawberry Festival and will take advantage of the concert series at the gazebo. I look forward to seeing you out somewhere.

~ David Saywell

**SENIOR BOARD**

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising for different activities. If you have any issues or ideas, please see one of the board members to pass along. Our 2022 Senior Board consists of: David Saywell (President), Junior Orick (Vice-president), Marcia Haymer (Secretary), Penny Everson (Treasurer), Bill Wright, Bill Russ, Karin Saywell, Jean LaRiche, Janet Johnson, and Jean Orick.

# SENIOR SPOTLIGHT



I'm terrible at remembering names. Truly horrible. But ever since Sue told me her last name was "Katona, like Daytona," I will never forget. And now neither will you!

If you ever play pickleball with Sue, or chat with her at lunches and think to yourself, "I wonder where that accent is from?" wonder no more. Sue is a transplant from all the way on the west side of Cleveland, and we are so thankful she made the journey over here!

She and her twin brother were born in Lakewood (she was born five minutes earlier than he). She then lived in Brookpark Road until she was ten, when they moved to 156th in Cleveland. An alumnus of St. Joseph Academy, she stayed in the same house until 1969.

Apparently there was a rock and roll club in Olmsted Falls called the Corral, which was the place to be if you were over 18. While it appears that the Corral no longer exists, it served its purpose and was where Sue met her future husband Tom. They got married in 1969, and moved over to Rocky River Drive. You can certainly say that she lived all over the west side! After relocating BACK to Lakewood, they welcomed their first daughter Lori in 1971.

Sue worked for a retail credit company, while Tom was a plant manager for American Steel Suppliers. When his company planned to move down to Twinsburg, they decided to make the leap to our side of town. They bought land on Caves Road and built the home they still live in today. Both Michelle and Stephanie joined their family by 1978. When Stephanie was in third grade, Sue went back to work in a real estate office doing all the "odds and ends" (my interpretation - keeping the place running). She eventually landed in medical billing, where she remained until her retirement in 2013.

While moving to the other side of town was difficult for Sue, she was, as always resilient. It's hard to move away from the rest of your family to a city where you don't know anyone. It doesn't sound like it took her too much time to adjust, especially after they joined the Welcome Wagon. This group met frequently for dinners, adventures (like canoeing!), and social time. Friday nights became racquetball time. This hobby quickly turned into a way of life with playing in a league on Tuesday and Thursday nights, a different league on Fridays, and practicing on the weekends.

Tom started getting into Pickleball and teaching others. While Sue was interested, she was too busy with cards or ceramics at the Willoughby Senior Center to join him. This now Pickleball enthusiast found that it was an easy transition from racquetball to Pickleball and now has the same passion for this court. The best parts of the game? The competition, meeting people between games, and just having fun, regardless of wins or losses.

Being a sports fan is in Sue's genes. In 1946, her grandfather walked the old Browns stadium before they moved in to choose seats without obstruction. Her parents and then the children went with him to games, and his season tickets have been in the family ever since. Her history in Cleveland sports certainly helps at trivia here at the Center!

Her grandson Caden is following family tradition and is devoted to basketball in his home state of Arizona. While Sue and Tom do watch his games, they do so on her cell phone. Recently, they had the opportunity to go out to visit and actually see him play in real life, which, I imagine, is much more gratifying.

The competitive spirit is not new for this feisty gal. For over thirty years, she would gather with a group of friends to play pinochle. Hand and foot (which, I'm assured, is not a contagious disease) was another game of choice.

Her recent advice to anyone who will be cruising would probably be to stay off the top deck when it's too windy for the ship to port. Learn from her experience - broken glasses, a sprained wrist and a black eye is not something anyone should have to endure, especially on vacation! The wind will always win.

From card playing to pickleball to sports to reading (any good mystery with a twist!) to time with family to hosting holidays, Sue is now firmly cemented into life here on the east side. Now that she is a convert, she cannot imagine moving back, and it is a joy to have her here.

The advice she gave her children (who now give it to theirs) is to treat people the way you want to be treated. She also reminds us to enjoy life, because it's short. And if anyone is living proof of those wise words, she is certainly a model of her own words!

WIloughby, OH  
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KIRTLAND, OH 44094  
7900 EUCLID-CHARLTON ROAD  
KIRTLAND SENIOR CENTER

## July Riddles:

Why aren't there any knock-knock jokes about the U.S.A.?

What do ducks love about the 4th of July?

Answers inside!

### KIRTLAND SENIOR CENTER

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[www.kirtlandcommunity.com](http://www.kirtlandcommunity.com)

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years.

Become a member at any time!

Funding provided by the City of Kirtland Recreation and Senior Levy  
and the Lake County Commissioners Senior Citizens Levy