

As I write this, I am waiting for warm weather, never knowing what to expect. Summer is coming, it's just taking its own sweet time to get here. Either way, warm weather is on the way.

Have you signed up for the Steak Roast? It is coming up June 9th, and Stewart's Barbecue is catering again for a second year. The meal should be as delicious as last year's, and we hope to see you there. Sign up soon to reserve your spot!

Two fun events are scheduled this summer. Cheer on the Guardians at the center's watch party. We will be serving hot dogs and rooting for the good guys. We hope to have the TV in the lobby for the afternoon games. Watch for the announcement. Join us in celebrating America turning 250 years young with a cookout July 14th. Enjoy a picnic with our Police and Fire grilling, and an ice cream truck for those interested.

Congratulations to our board member, Theresa Ventresca, who was named Senior Citizen of the Year, representing the Kirtland Senior Center. She was honored at the 2026 Senior Day at the Mall on May 19th.

I hope this finds you well and active as summer approaches. If you need help or want to cool off (if we have a heat spell) stop in. The coffee is always on. ~ Dave

SENIOR BOARD MEMBERS



Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2026 Senior Board consists of: David Saywell (President), Richard Lowery (Vice President), Janet Johnson (Secretary), Penny Everson (Treasurer), Jim Ruttinger, Karin Saywell, Theresa Ventresca.



KIRTLAND KINDESS - VOLUNTEER GROUP
JUNE COLLECTION:



This month, we will be collecting for Birthright. Birthright Lake offers free, non-judgmental, confidential help and support to pregnant women and families who are struggling due to personal and/or financial difficulties. We are dedicated to helping through tangible, positive, and loving support. We will be assembling Serenity Bags for moms on Tuesday, June 30 from 11 am - 1 pm.



All lunches will be held at 12 NOON, unless noted otherwise. All menus are set in advance. If you have a specific dietary need, please let us know and we will do our best to accommodate you.

MEALS

LADIES' LUNCHEON - WEDNESDAY, JUNE 17

Join the ladies for BLT's. **Cost is \$10. Please RSVP by June 12.** The next luncheon will be August 19, and will enjoy Smashburgers and fries.

MEN'S LUNCHEON - WEDNESDAY, JULY 22

Join the men for steak and baked potato. **Cost is \$10. Please RSVP by July 17.** Our next luncheon will be September 16 and will have fried chicken with coleslaw OR macaroni salad.

BIRTHDAY LUNCH CELEBRATION - TUESDAY, JUNE 30

We will enjoy a Monte Cristo sandwich. **Cost is \$10. Please RSVP by June 26.** If it is your birthday month, then lunch is on us (RSVP is REQUIRED)! Everyone is welcome... regardless of your birthdate! Our next birthday celebration will be July 28 and will serve Polish Boy sandwiches.

WELCOME TO OUR NEW MEMBERS THIS MONTH!
 BEVERLY, WADE, PATRICIA, JOSE, KATHLEEN, PEGGY, NANCY, JEAN,
 DEBRA, MARIA, KENT, THOMAS, ANTHONY, SHARON, JOHN

JUNE 2026 EVENTS

- | | |
|-------------------------------|--------------------|
| Gazebo Concert | Tuesday, June 2 |
| Volunteer Meeting | Thursday, June 4 |
| Hiking Club | Monday, June 8 |
| Podiatrist | Tuesday, June 9 |
| Senior Board Meeting | Thursday, June 11 |
| Trash to Treasure | June 15 - 26 |
| Trivia | Tuesday, June 16 |
| BUS TRIP-Great Gatsby | Tuesday, June 16 |
| Ladie's Lunch | Wednesday, June 17 |
| Kiwanis Strawberry Festival | June 18-20 |
| Attorney | Friday, June 19 |
| Gazebo Concert | Tuesday, June 23 |
| BUS TRIP - Geneva on the Lake | Friday, June 26 |
| Birthday Lunch | Tuesday, June 30 |

at the Kirtland Senior Center



\$20 Steak Bake 2026

**Thursday, June 11
Noon**

SIGN-UP NOW TO RESERVE YOUR SPOT!

Catered by Stewarts BBQ MEMBERS ONLY



Join Us As We Celebrate
 America's 250th Birthday!

July 14, 2026 - 10 am to 1 pm

Enjoy a free reflexology demo, outdoor pickleball, chair volleyball, and more.

KPD and KFD will be grilling hamburgers and hotdogs. Cool off with some ice cream from King Kone.

\$5 hot food, \$5 ice cream

Stop by the office the day of to receive tickets



Closed Friday
 July 3rd
 In Observance of
 Independence Day

-4th of July-



TRIVIA TUESDAY,
June 16 @ 11AM

Come join us and be a part of a team this month. Put all your random (or useless) knowledge to good use! Most of the questions are multiple choice, and it's **FREE** to play! We promise, this is low-pressure and the stakes are NOT high. Winning team chooses the next month's theme. We meet in the Sunflower Meadows room to form teams and then the fun begins. No registration necessary.



JULY 2026 EVENTS

- | | |
|-----------------------------|--------------------|
| Volunteer Meeting | Thursday, July 2 |
| CLOSED ~ Independence Day | Friday, July 3 |
| Senior Board Meeting | Thursday, July 9 |
| BUS TRIP- Mystery Lunch | Thursday, July 9 |
| Gazebo Concert | Thursday, July 9 |
| Hiking Club | Monday, July 13 |
| America 250 Celebration | Tuesday, July 14 |
| Podiatrist | Tuesday, July 14 |
| BUS TRIP -Rabbit Run/Winery | Friday, July 17 |
| Attorney | Friday, July 17 |
| Trash to Treasure | July 20 - 31 |
| Trivia | Tuesday, July 21 |
| Men's Lunch | Wednesday, July 22 |
| Birthday Lunch | Tuesday, July 28 |

JUNE PROGRAMMING AND CLASSES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|--|---|---|---|
| <p>1</p> <p>9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1-3 Chair Volleyball</p> | <p>2</p> <p>8:30-9:30 Adv. Pickleball 9-1:30 Piano 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p> | <p>3</p> <p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball</p> | <p>4</p> <p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p> | <p>5</p> <p>9-10:15 Gentle Yoga 10-1 Pickleball 0:30-11:30 Strength 10:30-11:30 Chair Yoga 1-3 Attorney 1-3 Chair Volleyball</p> |
| <p>8</p> <p>9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball</p> | <p>9</p> <p>8:30-9:30 Adv. Pickleball 9-12 Podiatry 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p> | <p>10</p> <p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 11-1 Reflex/Light 1-3 Chair Volleyball</p> | <p>11</p> <p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12-1:30 Reiki 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p> | <p>12</p> <p>9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 1-3 Chair Volleyball</p> |
| <p>15</p> <p>9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball 2 Hiking Club</p> | <p>16</p> <p>8:30-9:30 Adv. Pickleball 9-1:30 Piano 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p> | <p>17</p> <p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball</p> | <p>18</p> <p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p> | <p>19</p> <p>9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 1-3 Attorney 1-3 Chair Volleyball</p> |
| <p>22</p> <p>10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball</p> | <p>23</p> <p>8:30-9:30 Adv. Pickleball 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p> | <p>24</p> <p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball</p> | <p>25</p> <p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p> | <p>26</p> <p>9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Strength 10:30-11:30 Chair Yoga 1-3 Chair Volleyball</p> |
| <p>29</p> <p>10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball</p> | <p>30</p> <p>8:30-9:30 Adv. Pickleball 10-1 Pickleball 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p> | <p>JUST A REMINDER TO CHECK IN FOR ALL EVENTS ON MYSENIORCENTER. THANK YOU!</p> | | |

HIKING CLUB - Monday, June 8

Join the hiking club for a hike on Monday, June 8, at 2:00 pm at Headlands Beach State Park, 9601 Headlands Rd., Mentor. Meet at the east end of the parking lot. We hike in all weather so dress accordingly. A special thanks to Sue and Bob Morecki for leading us on the journey!

BALANCE

Come improve your balance and flexibility, helping you prevent falls and injuries and build greater confidence to enjoy your life. We will be doing exercises that improve bone density, strengthen muscles, legs, and core that help improve your stability. We will also do warm up stretching exercises to improve posture, performance, and range of motion which enhances and prepares you for your yoga and strength exercises. You can modify this class to your unique needs. Class is held Monday mornings at 10:00am.

CARDIO DRUMMING & AEROBICS

Our awesomely fun aerobics and cardio drumming class continues on alternate Thursdays at 10:00 am. Come join the fun!

STRENGTH TRAINING

Our fantastically fantabulous Strength Training instructor, Nancy, holds class at 9:00am on Mondays and Wednesdays, and select Fridays of each month at 10:30am. Check the calendar for dates.

TAIJI FIT

Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea on Mondays at 1:00pm.

Classes resume June 8th Welcome back Tim!

YOGA

Enjoy increased strength, enhanced flexibility, improved balance, and better heart health through yoga. Join us 10:30am Wednesdays for Fit Yoga, Fridays at 9:00am for Gentle Yoga and 10:30am for Chair Yoga. Class is modified to your needs and abilities.

LINE DANCING

Join instructor Tina Foster and Sandy Appledorn to learn the basics of line dancing.

Basic Beginner classes, held Tuesdays from 1:00pm-2:30pm, you will learn the steps and terminology, along with different dance rhythms.

Different genres of music will be used to make this a fun-filled class. All you need is a comfy pair of shoes that have slick bottom and can't be kicked off while dancing. An older pair of tennis shoes or bowling shoes are perfect examples. Please, no "slip-on sandals/flip flops" or "high-heels". This is for your safety.

Advanced Beginner/Improver classes, held Tuesdays from 2:30pm-3:30pm. This class is for those ready to take line dancing to the next level. You should have completed at least 3-6 months of one of the Basic Beginner classes or are already experienced in line dancing. Great class for those who are just making their way back to line dancing or just want to keep it nice and easy. This class moves along a little faster than the Basic Beginner.

PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons tailored to the learning styles of the adult students. Students are welcome to bring their own music to the lesson. You must sign up for two classes a month. The cost is \$30 per month. Please contact the front office if you are interested in lessons. The next lessons will be held on June 2 & 16, between 9:00am-1:00pm.

BEGINNER, OPEN, AND ADVANCED PICKLEBALL

Everyone is always welcome to drop-in to pickleball, but here are a few guidelines to help you out.

Our schedules are set for a reason, and we ask that you **DO NOT ENTER the gym** until the assigned time. Additionally, we ask that you **LEAVE the gym** at the scheduled time.

Open Pickleball is every weekday. Check the calendar for times. We ask for patience as you wait for your turn to play! This is open to ALL levels.

Beginner Pickleball is for those who are just starting out or would enjoy a more comfortable level of play. While anyone can come, expect that the competition level will be more casual. More experienced players are welcome to come out and offer some wisdom and guidance! Beginner hours are Thursdays from 1:30 - 3:00 pm.

Advanced Pickleball is held Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

BINGO

We are playing Bingo every Tuesday (unless there is another event scheduled at that time)! Bingo will be held in the Sunflower Room at 12:00. There is no cost to play and everyone is invited.

BOOK CLUB - Monday, June 8

We will be discussing, "The Color of Death" by Trey Gowdy. A legal thriller from the perspective of the prosecutor. In July we will be discussing "The Music Bees" by Eileen Garvin. Discussion begins at 11:30 am.

CHESS CLUB

Are you a chess player? Do you want to learn how to play chess? Please leave your name at the front desk and you will be contacted. All levels are welcome and no registration is necessary!

MAH JONGG

Mahjong is a Chinese strategy game where you make sets and pairs of tiles. Join us as we play the American version. You will need to provide your own National Mahjong League Card (it can be ordered online). We meet every Thursday at 12:30pm. All levels are welcome!

SEW WHAT

Join Sherrie and her home economics knowledge as she leads our sewing group. Bring your own projects, materials, machines, and questions every week. This is a drop-in group, no registration necessary. We meet every Wednesday at 10:00 am till ?? Ask the front desk if you have any questions.

ATTORNEY

Meet with Deborah Loughner, Esquire on Friday, June 19 for a FREE 30-minute legal consultation. She provides legal aid for issues like estate planning, healthcare, and consumer protection. Schedule with the front desk.

REIKI

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. Appointments available the 2nd and 4th Thursdays of the month at 12:00pm.

PODIATRY

We are thrilled that Dr. Kelly Whaley continues to serve our seniors every month. She will be at the Center on Tuesday, June 9th. \$30 payment is due to Dr. Whaley in cash on the day of the appointment.

Please remember that all of our bus trips are for Senior Center members only.
To the best of our ability, bus trips will be advertised two months out.
Registration for all bus trips must be completed in person with full payment.
New trips will open for registration at 9:00am on the First Tuesday of the month.

THE GREAT GATSBY @ PLAYHOUSE SQUARE - TUESDAY, JUNE 16

THE PARTY'S ROARING IN CLEVELAND! THE GREAT GATSBY is a "Broadway extravaganza that explodes with life and energy" (Entertainment Weekly). Based on the classic American novel by F. Scott Fitzgerald, the Tony Award®-winning new musical is an unforgettable journey of love, wealth and tragedy that brings the Roaring Twenties to life on stage. The bus leaves Kirtland at 6 pm and returns around 11 pm. **\$58 registration. Registration closes May 7th.**

GENEVA ON THE LAKE - FRIDAY, JUNE 26

Join us while we wander and explore downtown Geneva on the Lake. Visit as many of the fun little tourist attractions as you want; some mini golf, some antique shops, some fun little wineries and restaurants. We will leave Kirtland around 10:00 am and return around 4 pm. **\$5 Registration.**

MYSTERY LUNCH - THURSDAY, JULY 9

Join us for our next mystery lunch at a legacy Cleveland restaurant. There will be small group seating and lunch is on you from the menu. We will leave Kirtland around 10:15 am and return around 2:45 pm. **\$5 Registration.**

DINNER AND A PLAY @ RABBIT RUN THEATER- FRIDAY, JULY 17

Begin a relaxing evening with dinner at Grand River Cellars - marinated half chicken with mashed potatoes and vegetables. We then travel to experience the rustic charm at historic Rabbit Run Theater as we watch the romantic and delightfully hilarious production of "Kiss Me, Kate". The bus leaves Kirtland around 3:45 pm and returns around 10:45 pm. **\$54 Registration - includes dinner.**

THE LION KING @ PLAYHOUSE SQUARE - THURSDAY, AUGUST 13

Winner of six Tony Awards®, including Best Musical, THE LION KING brings together one of the most imaginative creative teams on Broadway. Tony Award®-winning director Julie Taymor brings to life a story filled with hope and adventure set against an amazing backdrop of stunning visuals. We will leave Kirtland around 12:15 pm and return around 5:00 pm. **\$77 Registration. Reservations close July 6th.**

**If for some reason you have to cancel your reservation, please contact the front office.
Refunds are NOT guaranteed.**

UPCOMING BUS TRIPS





**THIS MONTH AT THE
KIRTLAND LIBRARY:
TO REGISTER
CALL 440-256-7323**



**Monday, 6/1
2:00pm
Chair Yoga**

Gentle chair yoga led by Anne Owens. All levels are welcome to this free event sponsored by the Friends of the Kirtland Public Library. Registration requested.

**Monday, 6/15
1pm & 3pm
Beach Glass**

Create a work of art with Lake Erie beach glass brought by Sue Luck from Repurposing with a Purpose. The cost for this event is \$10.00 per person and covers all materials. Registration is required to secure your spot.

**Monday, 6/1
6:00pm
Knit & Crochet**

Open to anyone who enjoys knitting, crocheting or is interested in learning these skills. Bring your own supplies, drop in and get hooked.

**Tuesday, 6/16
6:00pm
Knit & Crochet**

Open to anyone who enjoys knitting, crocheting or is interested in learning these skills. Bring your own supplies, drop in and get hooked.

**Tuesday, 6/3
4:00pm
Cricut Design:
Dino Cards**

Learn the basics of Cricut design in this dino-mite card workshop! All supplies will be provided by the library. Registration is required.

**Tuesday, 6/16
6:00pm
America's Best
Idea - History of
the National Park
Service**

This program will provide information about the agency's founding in 1916 and the history of the conservation movement and ethic in the United States. It is presented by the Garfield National Historical Society. Registration is required.

**Friday, 6/5
2:00pm
Triassic and Error
Murder Mystery**

Join us for an afternoon of mystery and murder, dinosaur style. Stay in character and figure out who the murderer is in this bone-chilling mystery. Ages 15 and up. Registration is required.

**Monday, 6/22
1:30pm
No Pressure Book
Discussion**

Ready for some new book suggestions? Bring any recommendations for good books you have read and get some new ideas too. Bring a bag lunch if you like. Just drop in!

**Monday, 6/8
6:00pm
Legends and Lost
Treasures of
Northern Ohio**

Calling all true crime and history buffs to this engaging presentation. Author Wendy Koile will weave true stories of treasure and murder from all over Northeast Ohio that involve bank robbers, counterfeiters and even ghosts. Registration is required.

**Tuesday, 6/23
6:00pm
Cookbook Club**

Do you want to expand your kitchen skills? Bring your own place setting and beverage. In June, we are making our favorite sandwiches.

**Wednesday, 6/10
3:30pm
3D Design
Keychains**

Using Tinkercad, we'll design a keychain. This program is designed for beginners; no prior experience is needed. Registration is required, and prints will be ready to be picked up 1-2 weeks after the program.

**Wednesday, 6/24
6:00pm
100 Years of
Americana:
Route 66** The Victor Samalot Duo celebrates 100 of years of Americana: The Mother Road-Route 66 through essential road music and visuals and backstories of one of America's most iconic highways. Registration is required.

**KIRTLAND SENIOR CENTER
7900 EUCLID-CHARDON ROAD
KIRTLAND, OH 44094**

**PRESORT STD.
U.S. POSTAGE PAID
Permit No.
Willoughby, OH**

GARDEN CLUB OF KIRTLAND

The Garden Club of Kirtland will see you in September!
Contact Mary at:
GardenClubofKirtland@gmail.com



LAKETRAN 2026 CLOSURES

Laketrans will be closed on for the following holidays in 2026:
Saturday, July 4 - Independence Day
Monday, September 7 - Labor Day
Thursday, November 26 - Thanksgiving Day
Friday, December 25 - Christmas Day

Please remember to schedule your Dial-a-Ride trips in advance of the holiday. Rides can be scheduled through Laketrans's Customer Service Center at 440-354-6100 or 1-888-525-3872.

2026 MEMBERSHIP IS OPEN

Anyone is welcome to join, regardless of where you live. All members must renew annually in order to participate in the fun programs and continue receiving the newsletter! If you are unsure if you renewed, just call or stop by the front desk. New members and renewals are \$10.

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim is to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

*Funding provided by the City of Kirtland Recreation and Senior Levy
and the Lake County Commissioners Senior Citizens Levy*

Kirtland 2026 Summer Music Concerts

June 2nd 6:30pm-8:30pm
Chardon Polka Band
The Kirtland Police and Fire Department will be grilling burgers and hotdogs, so come hungry!
Theme: City

June 23rd 6:30pm-8:30pm
Perfect Choice Band
Down the Block
Theme: Faith

July 9th 7pm-9pm
Ricky and the Rockets
CLE Craves Food Truck
Theme: Beauty

Kirtland Municipal Gazebo
9301 Chillicothe Rd, Kirtland, OH 44094
Dinner Options* Free Concert* Free Parking
Sponsored by the City of Kirtland, a grant from NOPEC and Friends of the Kirtland Public Library
www.kirtland.lib.oh.us