

FEBRUARY 2022

# GILDERSLEEVE GAZETTE

*Kirtland Senior Center Monthly Newsletter*



## **PREPARING FOR A WINTER STORM**

Most of us are long time residents of Northeast Ohio and know how to ready ourselves for the inevitable weather that comes our way this time of year. Here a few reminders from ready.gov on how to prepare for the "s word."

Prepare your home to keep out the cold with insulation, caulking and weather stripping.

Learn how to keep pipes from freezing.

Install and test smoke alarms and carbon monoxide detectors with battery backups.

Gather supplies in case you need to stay home for several days without power.

Keep in mind each person's specific needs, including medication. Remember the needs of your pets.

Have extra batteries for radios and flashlights.

If you are unable to afford your heating costs, weatherization or energy-related home repairs, contact the Low Income Home Energy Assistance Program (LIHEAP) for help.

### **In Case of Emergency**

Be prepared for winter weather at home, at work and in your car. Create an emergency supply kit for your car. Include jumper cables, sand, a flashlight, warm clothes, blankets, bottled water and non-perishable snacks. Keep a full tank of gas.

### **Staying Safe During a Storm**

Stay off roads if at all possible. If trapped in your car, then stay inside.

Limit your time outside. If you need to go outside, then wear layers of warm clothing. Watch for signs of frostbite and hypothermia.

Reduce the risk of a heart attack by avoiding overexertion when shoveling snow and walking in the snow.

**EXTEMELY** important - if you have a cell phone, **ALWAYS** bring it with you when you venture outside in the cold. In the scenario that you slip on ice or need assistance, you want to be sure to be able to contact someone for help.

*Riddle Answers: an egg; yesterday, today, and tomorrow*

# ALL THE THINGS

Good morning, afternoon, evening, or night! I hope everyone is staying safe and warm this chilly winter.

Just a quick reminder that if the Kirtland schools are closed for snow, we are too! If we do have to close, we will also post it on the City website at [www.kirtlandohio.com](http://www.kirtlandohio.com), the Center website at [www.kirtlandcommunity.com](http://www.kirtlandcommunity.com), and on our voicemail at 440-256-4711.

There have been a few questions regarding our refund policy. If an instructor or the Center cancels a class, we will either schedule a make-up, or credit you for the next session. If for some reason you have to cancel, we are unable to offer a refund or credit. See us at the front desk if you have any specific questions.

A huge thank you to Lynn for offering to care for our plants around the Center! Those of you who know me may be aware that plants shrivel up and die if I look at them the wrong way, so we are incredibly grateful to have someone who knows what they are doing in charge of them! To those who have taken charge in the past, I also thank you. They really make our Center feel more like a home.

We so appreciate everyone who has turned in their 2022 survey (sent in last month's newsletter and available on our website). If you haven't had a chance to fill one out, please do! Your opinion and voice are so important to our future planning.

Speaking of the future, those who still need to renew their membership for this calendar year have a pink label on this newsletter. If you do not renew within the next month, you will not be considered an "active" member, and will no longer receive newsletters or be able to register for the awesome events available! Annual renewals are \$5 for a Kirtland resident, and \$7 for a non-resident. You must re-register at the Center; we have all sorts of fun paperwork for everyone to fill out. It's pretty painless, we promise!

I feel like I should include an annual year in review during this January/February column, but we haven't been officially re-opened an entire year yet. So, since June - we've been overjoyed to welcome back members and meet new friends. In the past seven months, we have brought back almost every class and activity from the before times, and brought in new ones. Ping Pong, sewing classes, "Back to School" Night and Open House, the christening of the new pickleball courts, our first ever Trunk or Treat, movie days, Senior Summer Camp, regional Mind Challenge and monthly trivia, the pig roast and clam bake, the Veterans lunch, a City holiday tree lighting, musical performances, City yard clean-ups, monthly birthday lunches, men's and ladies lunches, expanded pickleball hours, "Walk and Talk" hours, memory screening, nativity display tour, a winter solstice celebration, a new Taiji Bamboo Fusion class, cardio drumming, and so much more.

Cheers to 2022 - excited to see what this year will bring! ~ Teresa



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KIRTLAND SENIOR CENTER

# FEBRUARY 2022 WEEKLY SCHEDULE

For a complete listing of services and classes available, check out our website at [www.kirtlandcommunity.com](http://www.kirtlandcommunity.com)

## MONDAY

9:00 am – 9:45 am Strength Training  
 10:00 am – 1:00 pm Pickleball (*drop-in*)  
 10:00 am Knitting Group  
 1:00 pm – 2:00 pm TaiJi Fit  
 1:00 – 3:00 pm Chair Volleyball (*drop-in*)

## TUESDAY

8:30 am – 9:30 am Advanced Pickleball Hour (*drop-in*)  
 9:30 am – 12:00 pm Piano Lessons (*February 1, 15*)  
 10:00 am – 11:00 am Aerobics  
 11:30 am – 2:30 pm Pickleball (*drop-in*)  
 12:30 pm Bingo  
 12:30 pm Game Day (*drop-in*)  
 12:00 – 3:00 pm Indoor Bocce  
 1:00 – 3:00 pm Ping Pong (*drop-in*)  
 2:30 – 3:30 pm “Walk and Talk” (*drop-in*)

## WEDNESDAY

9:00 am – 9:45 am Strength Training  
 9:00 am – 10:00 am Tai Chi – Bamboo Fusion  
 10:00 am – 12:00 pm Sewing Group (*no class – drop-in*)  
 10:00 am – 1:00 pm Pickleball (*drop-in*)  
 10:00 am – 11:15 am Fit Yoga  
 10:00 am – 12:00 pm Reflexology/Light Therapy (*February 9, 23*)  
 11:00 am – 1:00 pm Bridge (*drop-in*)

**Drop-in activities require NO pre-registration**

**If Kirtland Schools are closed for snow, so are we!**

## THURSDAY

8:30 am – 9:30 am Advanced Pickleball (*drop-in*)  
 9:00 am – 1:00 pm Polarity (*February 3, 16*)  
 9:30 am – 11:30 am Watercolor Painting  
 10:00 am – 1:00 pm Pickleball (*drop-in*)  
 10:30 am Cards – Hand and Foot (*drop-in*)  
 12:30 pm – 2:30 pm Acrylic Painting  
 1:00 pm – 2:00 pm Tai Chi  
 1:00 pm – 2:00 pm Pickleball Lessons  
 2:00 pm – 3:30 pm Beginner Pickleball Hour (*drop-in*)

## FRIDAY

9:00 am – 10:00 am Gentle Yoga  
 9:00 am – 10:00 am “Walk and Talk” Open Gym  
 10:00 am – 1:00 pm Pickleball (*drop-in*)  
 10:00 am – 3:00 pm Massage (*February 4, 18*)  
 10:30 am – 12:30 pm Reiki (*February 4, 18*)  
 1:00 pm – 2:00 pm Aerobics (*w/ cardio drumming*)  
 1:00 pm – 3:00 pm Chair Volleyball  
 12:00 pm – 3:00 pm Pinochle (*drop-in*)

## UPCOMING EVENTS

Trivia *Tuesday, February 8*  
 Senior Board Meeting *Wednesday, February 9*  
 Chili Cook-off *Friday, February 11*  
 Valentine’s Day Lunch and Movie *Monday, February 14*  
 Ladies Lunch *Wednesday, February 16*  
 Book Club (Long Bright River) *Friday, February 18*  
 Trash to Treasure *February 22 – 28*  
 Birthday Lunch *Tuesday, February 29*  
 State of the School Lunch *Thursday, March 3*

# FEBRUARY CLASS & WELLNESS SCHEDULE

Registration is required for the following classes or wellness appointments:

Fitness Class	Day & Time	Dates	Cost	Classes	Day & Time	Dates	Cost
Aerobics Instructor: Cheryl	Tuesday 10:00-11:00	February 1, 8, 15, 22	\$15 4 classes Drop-in: \$4	Acrylic Painting Instructor: Connie	Thursday 12:30-2:30	February 3, 10, 17, 24	\$28
Aerobics w/drumming Instructor: Cheryl	Friday 1:00-2:00	February 4, 11, 18, 25	\$15 4 classes Drop-in: \$4	Watercolor Painting Instructor: Connie	Thursday 9:30-11:30	February 3, 10, 17, 24	\$28
Fit Yoga Instructor: Dawn	Wednesday 10:00-11:15	February 2, 9, 16, 23	\$12 Drop-in: \$3	Piano Lessons Instructor: Karen <i>*must register 2 per month*</i>	Tuesday 9:30-12:00	February 1, 15	\$15 per 30 minutes
				Wellness/Other	Day & Time	Dates	Cost
Gentle Yoga Instructor: Anne	Friday 9:00-10:15	February 4, 11, 18, 25	\$12 Drop-in: \$3	Attorney Deborah Loughner	Friday 9:00-11:00	February 11	FREE 30 minutes
Strength Training Instructor: Nancy	Mon/Wed 9:00-9:45	January 31, February 2, 7, 9, 14, 16, 23, 28	\$24 (8 classes) \$12 (4 classes) Drop-in: \$3	Podiatry Dr. Kelly Whaley	Tuesday 9:00-12:00	February 8, March 8, April 12, May 10	\$25 per 15 minutes
Tai Chi for Wellness Instructor: Eb	Thursday 1:00-2:00	February 3, 10, 17, 24	\$12 Drop-in: \$3	Reiki Anne Owens	Friday 10:30-12:00	February 4, 18	\$25 / 25 minute session
TaiJiFit Instructor: Tim	Monday 1:00-2:00	February 28	\$3	Polarity Tim Polak	Check website for availability	February 3, 16	\$45 per 1 hour
Tai Chi Bamboo Fusion Instructor: Tim	Wednesday 9:00-10:00	February 2, 16, 23	\$9 Drop-in: \$3	Reflexology or Light Therapy Linda McMahon	Wednesday 10:00-12:00	February 9, 23	\$40 (Reflexology) \$45 (Light Therapy)
Workshops	Day & Time	Dates	Cost				
Sewing Club	Wednesday 10:00-12:00	Every Wednesday	FREE	Swedish Massage Natalie Lopez	Friday 10:00-3:00	February 4 & 18	\$55 per 50 minutes
Knitting Group	Monday 10:00	Every Monday	FREE	Walk & Talk		Every Tues 2:30- 3:30 & Fri 9:00- 10:00	FREE

**INDOOR BOCCE**

Indoor Bocce will be held on Tuesdays from 12:00 - 3:00 pm in the Violet Field Room. No experience is necessary and all are welcome to join in on the fun.

**SEWING CLUB**

Sewing Club will continue to meet on Wednesdays from 10:00-12:00 pm for the Winter months. There will be no formal instruction or projects, but rest assured Mae will be on speed dial to answer any of your sewing questions you may have. Mae will be returning in the Spring to do projects & keep everyone in stitches.

**KNITTING GROUP**

Grab your knitting needles & yarn and come on down to the Center on Mondays at 10:00 am. Set aside an hour or so every week and join our group. Knitting is a great way to release stress, be with friends (or make some new ones), relax and have a good time! No registration is necessary.

**CHAIR VOLLEYBALL**

Chair Volleyball includes physical activity, social interaction, competition, and most of all, lots of laughs! The game is played with a beach ball and a five foot high net. More fun than you can possibly stand while seated! We play every Monday, Wednesday, & Friday from 1:00-3:00.

**CARDS**

Calling all card players! We are looking for anyone interested in playing cards. On Thursdays come to play Hand & Foot cards Games begin at 10:30 & our Pinochle Group meets on Fridays at 12:00. Come join the fun. All are welcome!

**BEGINNER PICKLEBALL LESSONS**

New to Pickleball? Need to learn the basics? We got you covered with the ins and outs of pickleball. Lessons are every Thursday from 1:00-2:00. Our next session (4 classes) will begin on January 6. This is a FREE class.

Pre-registration is required and space is limited. Make sure to wear tennis shoes and comfortable clothing that you can move in!

**EXPANDED PICKLEBALL HOURS**

**Advanced Pickleball:** Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play a bit more competitively. If you join us, get ready for great shots and fast games!

**Beginner Open Play:** Thursdays from 1:00 - 3:30. If you want to start playing, get some practice, or work on your game, this is a great time to do it!

**TAICHI - BAMBOO FUSION**

Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements of Tai Chi. This class you will discover Bamboo Fusion, where we combine Tai chi with standing Yoga poses. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea on Wednesday mornings at 9:00.

**BINGO**

We are playing Bingo every Tuesday! Come take a chance on winning a gift card, lottery tickets or other great prizes. Bingo will be held in the Sunflower Room at 12:30. There is no cost to play Bingo.

**THE SENIOR CENTER WILL BE CLOSED****MONDAY, FEBRUARY 21****FRIDAY, APRIL 4****WHEN KIRTLAND SCHOOLS ARE CLOSED FOR SNOW - WE ARE TOO!**

**2022 MEMBERSHIP RENEWAL**

Membership renewal for 2022 is OPEN! It will run through all of next year but renew early so you don't miss any of the exciting things we have to offer. The cost of renewal for a Kirtland resident is \$5 per person and \$7 for a non-resident renewal.



**LADIES LUNCHEON**

Our next Ladies Luncheon will be held on Wednesday, February 16, 2022 at 12:00 pm. Cost is \$7. Please RSVP by February 11. The menu will be Bologna Sliders, Salad & Tater Tots. The next lunch will be on April 20, 2022.

**MEN'S LUNCHEON**

The next Men's Luncheon will be on Wednesday, January 19, 2022 at 12:00 pm. Cost is \$7. The menu will be Fried Chicken, Potato Salad & Cole Slaw. Please RSVP by January 14. The next luncheon will be on March 23, 2022.



**BIRTHDAY LUNCH CELEBRATION**

January's Birthday Lunch will be held on Tuesday, January 25 at 12:00 pm. The cost is \$7. Please RSVP by January 20. We will be enjoying Stuffed Pork Chop & Salad. EVERYONE is welcome, regardless of your birthdate! Our next Birthday Celebration will be on **Tuesday, February 29** at 12:00 pm and the menu will be announced soon.

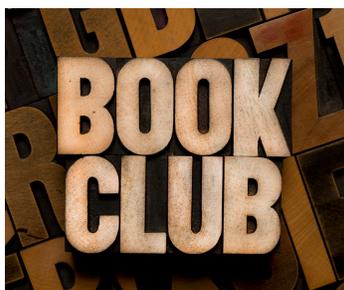
**TRASH TO TREASURE**

Our next Trash to Treasure Sale will be held from February 22 - 28. Drop off any household items you would like to donate for our sale. No personal items, clothing or electronics please! We will be accepting items during business hours (8:30 am - 3:30 pm).



**BOOK CLUB - FRIDAY, FEBRUARY 18**

Our book club discussion this month will be focused on "Long Bright River" by Liz Moore. In a Philadelphia neighborhood rocked by the opioid crisis, two once-inseparable sisters find themselves at odds. Alternating its present-day mystery with the story of the sisters' childhood and adolescence, Long Bright River is at once heat-pounding and heart-wrenching: a gripping suspense novel that is also a moving story of sisters, addiction, and the formidable ties that persist between place, family, and fate. Books are available at the Kirtland library. ("It's really good!" - Teresa)



**FREE AT HOME COVID TESTS**

The Federal Government has launched its free testing program. Each household can receive four at-home tests by signing up at [www.COVIDtests.gov](http://www.COVIDtests.gov). If you need help, ask at the front desk.

*Welcome to our new members this month!!!*

*Jean, Cheryl, John, Lynnette, Fred, Diane, Randy, Kerry, Luann, Cheryl, Norma, Patricia*

UPCOMING EVENTS



**STATE OF THE SCHOOLS LUNCHEON**

**NOTE DATE CHANGE**

Please join Kirtland City Schools Superintendent Chad VanArnhem for lunch on Thursday, March 3 at 12:00 pm. The menu is chicken parm with pasta, salad, and garlic knots. Cost will be \$7 and you must RSVP by Wednesday, February 23. Following lunch, Mr. VanArnhem will be giving a short State of the School address and answer any questions you may have for him.

**UPCOMING EVENTS**

**CHILI COOKOFF - FRIDAY, FEBRUARY 11 @ 11:30**

Everyone is welcome to our first ever, completely-unsanctioned-and-totally-for-fun-with-no-prizes chili cook-off! The only rule for the "contest" is that you cannot use complete commercial chili mixes. We do ask that you also make a recipe card with ingredients included and add the level of spiciness. Please bring all chili in a crock pot to keep it warm and drop it off by 11:00 am on Friday, February 11. For those who want to enjoy the yumminess, public tastings will begin around 12:15 (after the judging). Fixin's will be provided.



**TRIVIA -- TUESDAY, FEBRUARY 8 @ 11:00**

To help prepare us to bring home the gold in the annual Northern Ohio Mind Challenge Trivia competition, you are welcome to join us in the lobby on Tuesday, February 8 for Kirtland Trivia - U.S. Presidents and First Ladies edition (don't blame us - we didn't pick the topic). This is FREE and trust us when we say that we find incredibly obscure facts. If you're not sure about your knowledge of this month's topic - you won't be alone! We play in teams and the winning team gets to choose next month's theme.



**HEARING SCREENING**

It is medically recommended to have your hearing tested annually, just like your blood pressure or cholesterol. Adults with untreated hearing loss are more likely to develop dementia. Hearing loss is not just an ear issue, it is also a quality of life issue, a health issue, and safety issue. Hearing loss can occur naturally due to age, but it can also be caused by other health reasons that may surprise you. Holly's Hearing Aid Center will be conducting FREE hearing screenings on Wednesday, March 2, 2022 from 10:00 am - 12:00 pm. Registration is required.



**SENIOR BOARD**

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising for different activities. The 2022 Senior Board consists of: David Saywell (President), Junior Orick (Vice-president), Marcia Haymer (Secretary), Penny Everson (Treasurer), Bill Wright, Bill Russ, Karin Saywell, Jean LaRiche, Janet Johnson, and Jean Orick.



**VALENTINE'S DAY LUNCH AND MOVIE**

We will be celebrating Valentine's Day the same day everyone else does on Monday, February 14. Join us for a yummy lunch of pasta, etc. provided by the Senior Board (suggested donation \$5). Please make sure to make your reservation by Wednesday, February 9. Lunch will be followed by our free monthly movie which, appropriately so, will be "Sleepless in Seattle."



**FREE READING GLASSES**

Joel Lucia from the Prescription Assistance Program of Ohio has generously dropped off several free reading glasses for our Seniors. These come in a variety of styles and prescriptions for both men and women and are available first come-first served. They will be on one of the free tables in the lobby for your perusal. For more information on the PAPO, check out their website at [www.papofohio.com](http://www.papofohio.com).



**ST. PATRICKS DAY SLYMAN LUNCH - WEDNESDAY, MARCH 16**

It's back and better than ever! Our annual St. Patrick's Day Slyman's lunch will be held at 12:00 pm on Wednesday, March 16. Lunches are for members only and are \$15 each. If you aren't comfortable dining in, make sure to sign up regardless and let us know to prepare a to-go lunch for you. Lunch includes a corned beef sandwich, potato salad, a pickle, and dessert.



**FOREVER YOUNG TAPPERS**

The Forever Young Tappers are a local group of dancers who perform all around Northeast Ohio. They are looking for anyone interested in joining. Even if you only have a bit of tap experience, they would love to speak with you! They rehearse Monday mornings in Willoughby and Wednesday mornings in Wickliffe, and perform a few times a month. If you have any or for more information, contact Ruth at 440 954-9994 or [arcyharv@ameritech.net](mailto:arcyharv@ameritech.net).



**FROM THE SENIOR BOARD**

Happy New Year! Did you make your resolution? Chances are it is related to diet, health, or exercise. The center can help you in all those areas. For people who are into exercise we have equipment to help you achieve this goal. Diet, we have lunches and bread to share with everyone. Health, we have Reiki, Polarity, Reflexology, light therapy, and massages to get you feeling fine. Resolution Day, January 31, will give you time to try these exciting programs to keep that resolution. Or if you're like me, it's time to burn the resolution you already forgot about and have a nice day.

Thank you to those who voted in last months board election. The current board were all elected to their respective terms. The board then held officer elections. I was re-elected President, Jr. was re-elected Vice President, Marsha was elected Secretary and Penny treasurer. Thank you to Bill Wright and Jean Orick for your leadership over many years as officers. Your hard work made the board and center what it is today.

Programs are starting to fill up and the center is busy. I hope you have had a chance to come up and visit. Also, check out above for details on March's Slyman's lunch. See you soon! - Dave

**UPCOMING EVENTS AND NEWS**



# LAKE COUNTY MOBILE FOOD PANTRY

## DATES EXTENDED!

**WHEN: EVERY TUESDAY; JANUARY 4 - APRIL 26, 2022**  
**TIME: 10:00 AM - 11:00 AM**

**WHERE: LAKETRAN MENTOR PARK-N-RIDE (8650 MARKET STREET)**

**RESERVE YOUR PICK-UP BY CALLING 2-1-1 OR  
COUNCIL ON AGING AT 440-205-8111.  
75 SPOTS AVAILABLE EACH WEEK.**

**PARTICIPANTS MUST CERTIFY ANNUAL GROSS  
HOUSEHOLD INCOME IS AT OR BELOW \$25,759 FOR  
A HOUSEHOLD OF 1 AND \$34,839 FOR A HOUSEHOLD  
OF 2. INCOME IS SELF-DECLARED; VERIFICATION IS  
NOT REQUIRED.**



Thank you to our Community Partners:



Greater Cleveland  
Food Bank





## Free Tax Preparation

Lifeline partners with the IRS to provide free tax preparation through the Volunteer Income Tax Assistance Program (VITA).



LCLIFELINE.ORG  
VITA@LCLIFELINE.ORG  
440.354.2148



Free tax preparation for Lake or Geauga County Residents who meet income qualifications.



Tax clinics are offered weekly Monday - Thursday & Saturdays. Daytime and late afternoon appointments are available.



Clinics will be held weekly in Painesville, Perry, Wickliffe, and Newbury.

**CALL 2-1-1 (LAKE) OR  
440.639.4420 (LAKE & GEAGA)  
FOR INFORMATION & SCREENING**



IRS Certified Volunteers Providing  
**FREE TAX PREPARATION**

# SENIOR SPOTLIGHT

To fully catch up, read Chapter 1 in last month's newsletter! We last left our heroine in Virginia after she made the arduous journey from Austria as an 18 year old. Bridget landed at a local Catholic church where she befriended others as best she could without a firm grasp on the English language or American customs. She stayed in Virginia for about a month before she made yet another move into the unknown and traveled north. The kindness and inviting hospitality of the Croatian community led her to Cleveland, where friends from the camp in Austria welcomed her into their home on East 39 and St. Clair. Being Bridget, she found a job at GE about a week after moving.

As Bridget puts it, her education was "interrupted" by the war, and this life-long learner was eager to continue her schooling. Shortly after arriving in Cleveland, she enrolled in classes offered by the settlement center, but was looking for more. Whereas I complained about the inconvenience of 8:00 am classes, this young woman took it upon herself to enroll in night school after full days of work with the goal of earning her high school diploma. After six months in the States, she could carry on a conversation in English, but was understandably anxious about the challenges of testing in her third (fourth?) language. When her teacher Mr. Maloney asked why she was so quiet in class, she told him that she wasn't comfortable speaking in English. Rather than kicking her out, which was the anticipated conclusion, Mr. Maloney, being the exemplary teacher that he was, took it upon himself to tutor her. I think we can all agree that we need more Mr. Maloneys in this world!

After earning her high school degree, Bridget moved along to study at Cleveland State, where she met and married the love of her life, Murl. They were married for ten years and had two daughters, who know that the respect and love of this good man, husband, and father helped form them and their mother. They lived in a beautiful house in Cleveland, and life was starting to fall into place. Murl had been drafted and went to Korea, where he contracted TB. Childhood illnesses had left him weaker in body than he was in spirit. Bridget is all too familiar with outside forces wreaking havoc on best laid plans, and she was widowed at the age of 37 with two young girls. Growing up, Bridget had the blessing of not only a strong family, but a devoted father. She recognizes the importance of that role model and is grateful for the man who made her family possible.

She made a promise to her family that she would always be there for them, and knew in her heart that her first responsibility was to her children. A beautiful promise in the warm light of day, but the lingering question remained at night - how will she survive and provide?

Never one to ask for handouts, Bridget was determined to provide the best life possible for the girls. Once again, fate intervened. A mother-in-law of a friend was struggling, and she filled an essential void in the home. She needed Bridget and the girls, and Bridget and the girls sure needed her. With a trusted companion for a babysitter, she was able to go to work with the faith that her girls were well taken care of.

Through these tough times, education was paramount and both girls went to private school. During those months when she had to make the excruciating choice between paying for insurance and paying tuition, the importance of schooling always won out.

During the summers, the girls went to stay with their paternal grandmother in Pennsylvania, and Bridget would work herself to the bone to prepare for the rest of the year. She would take in sewing, cook for weddings, and pick up any odd jobs she could find in order to best support her family. This tough lady was resolute - she would never ask for welfare or assistance from anyone and gosh darn it, that determination paid off.

Due to the results of a recent Senior Center vote, Bridget's story will conclude (newsletter-wise) in next month's newsletter. We're not even at 1980 yet, people!!!!



WIloughby, OH  
Permit No. 174  
U.S. POSTAGE PAID  
PRESORT STD.

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KIRTLAND, OH 44094  
7900 EUCLID-CHARDON ROAD  
KIRTLAND SENIOR CENTER

## February Riddles:

What has to be broken before you can use it?  
Can you name three consecutive days without using the words  
Wednesday, Friday, and Sunday?

*Answers inside!*

### **KIRTLAND SENIOR CENTER**

(440) 256-4711

[communitycenter@kirtlandohio.com](mailto:communitycenter@kirtlandohio.com)

[www.kirtlandcommunity.com](http://www.kirtlandcommunity.com)

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years.

Become a member at any time!

*Funding provided by the City of Kirtland Recreation and Senior Levy  
and the Lake County Commissioners Senior Citizens Levy*