

APRIL 2023

GILDERSLEEVE GAZETTE

Kirtland Senior Center Monthly Newsletter



FROM THE DESK OF THE MAYOR

Stormy April. No, it's not a prediction. But it is what pops into my head nearly every time I think of the upcoming month. About fifteen years ago, my cousin owned a small share of a racehorse named "Stormy April." A bad racehorse, by the way. Not a completely fair characterization; Stormy once placed a distant fourth in a low-level Maiden Claiming race at Arlington Park outside of Chicago. I recently asked my cousin if Stormy found further success after the group sold him off. His response was something akin to: "I have no idea and I've really tried to forget that part of my life."

Realizing this is the second or maybe even third time I have invoked horseracing in my monthly streams of conscious, I should probably explain the references. Horseracing was a huge deal in my family growing up, as my Grandpa Mulhall was a big fan. And if you asked my grandma, his affinity for thoroughbred tracks along with the speculative winnings they touted, was more than she wished. After he passed away, my uncle revealed a story that would then live in infamy throughout our family.

A window salesman, one day my grandpa received a tip on a horse from a prospective customer. The next morning, he put on his tie and jacket, and told my grandma he was going on a few sales calls. Instead, he boarded a plane and took off for Chicago's Arlington Park. That night, he came home with a pocket full of money, but didn't mention to his wife either the airplane ride or the winning wager. While she never would have guessed where he went for the day, my grandma did have her own hunch about where the sudden windfall came from.

In Kirtland, I like to think we've hit our own jackpot. Our good fortune though isn't contingent on a tip or a whim. Our pay dirt comes from the residents, businesses, city employees, faith organizations, schools, and civic groups. And that's precisely why I do what I do, and am so thankful I have the opportunity to serve our City and its people. With community events and service projects abounding, I'll wager Kirtland again finishes at the front of the pack this season. Throughout the Spring and Summer, keep your eyes on our newsletters, website, and Facebook page for more happenings and info.

~ Mayor Kevin Potter



Riddle Answers:
Start in England and drive west; A receding hare-line

ALL THE THINGS



I feel like we often dwell on what the weather is doing, so we will begin per protocol. My goodness, it's cold (warm) for this time of year! We're so lucky (unlucky) to have all of this sun (rain/snow). And I know you can't wait for the warm (cooler) weather sure to be ahead! I have no idea when you will read this particular newsletter, so feel free to sub in any changes, but I sure hope that I've covered them all. That aside, I do hope that you and your loved ones are enjoying the weather, whatever it looks like.

This last month brought with it some fantastic events here at the Center, including a bus trip to the orchid show at the Botanical Gardens, our rescheduled mystery trip to Zygote Press, and my ill-fated half a point loss to Bill Russ at our chili cook-off (thanks, Marianne).

Now that the year has sprung ahead, we have even more to look forward to! April will bring us: the annual City Egg Hunt, the first ever City "Faith in Kirtland" event, a yard clean-up day for seniors and veterans, baseball opening week celebration, trips to both the zoo and Lake Erie College, a free hearing screening, State of the School with our superintendent, our first International Potluck, and Senior Appreciation Night at the school. These are all in addition to our regularly scheduled programming.

Please note that when there is a change in normal classes or schedules, I will bold them in the weekly calendar as well as include more details in these pages. Starting this month, the Friday cardio drumming class will begin at 11:45 am, and there will be no pickleball lessons in April. *If you have already taken lessons, we ask that you be put on a wait list to allow a spot for those who want to learn for the first time.* We will have a new beginner pickleball hour on Tuesdays from 2:30 - 3:30 pm, and the entire time allotted on Thursdays in April (1:00 - 3:30 pm).

Thanks to the News-Herald for the lovely article on pickleball here at the Center! To those who have joined or are thinking of joining just for pickleball, and for those who are veteran players, please note these few reminders. Open play (especially indoors) is social. Depending on the number of people waiting, you may have to exercise some patience while waiting to get on the court. This is a fantastic time to get to know the other members who are also in line, and to root on those playing! If you need a racquet (paddle?), we have them to borrow in the front office. Just to make sure they don't grow legs and walk away, please remember to bring them back to us when you're done! If you are brand new to the game, I suggest coming to the beginner hours to get acclimated. For those who have played for a while, thank you for being patient with those who are still learning. We were all beginners once! Advanced hours are open to everyone, but the level is higher at those times. For the sake of both the quality of play and the safety of all, make sure that you are comfortable at that pace. And finally, I cordially invite those who have only played pickleball here in Kirtland to check out some of our other activities and classes as well!

Few other bits and bobs: you may have noticed that there is a new sign next to our dumpster. For your own information and a new fact to impress your friends, you now know that it is not permitted to throw anything out in the dumpster unless it is directly related to the Center.

We have a lovely new monitor/computer thingy in the front lobby. Thanks to the generosity of the Lake County Commissioner's Office, we will be instituting the use of "MySeniorCenter" technology to replace the physical sign-ins throughout the building. While it isn't up and running yet, I'm treating this like a new house pet. It has to get acclimated to you, so admire it when you come say hi at the front desk.

Take a moment to pick up an application and vote for our 2022 "Senior of the Year." Honorees from around the county will be recognized at Senior Day at the Mall on Wednesday, May 17. Choosing the most helpful and "outstanding" member is like choosing a favorite child, so I'm counting on you to help me! Nominations are due to the front desk by Wednesday, April 12.

Happy early Spring (late Winter)! ~ Teresa

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SENIOR CENTER MEMBERSHIP

Per calendar year

Resident (first year): \$10

Non-resident (first year): \$12

Resident (renewal): \$5

Non-resident (renewal): \$7

Paperwork and
information available
at the front desk

KIRTLAND SENIOR CENTER

APRIL 2023 WEEKLY SCHEDULE

MONDAY

9:00 – 9:45 am
10:00 – 1:00 pm
10:00 am
1:00 – 2:00 pm
1:00 – 3:00 pm

Strength Training
Pickleball (*drop-in*)
Knitting Group (*drop-in*)
TaiJi Fit
Chair Volleyball (*drop-in*)

TUESDAY

8:30 – 9:30 am
10:00 – 11:00 am
9:30 – 12:00 pm
11:30 – 2:30 pm
12:00 pm
12:30 pm
2:30 – 3:30 pm

Advanced Pickleball (*drop-in*)
Aerobics
Piano Lessons (*April 4, 18*)
Pickleball (*drop-in*)
Bingo (*drop-in*)
Game Day (*drop-in*)
Beginner Pickleball (*drop-in*)

WEDNESDAY

9:00 – 9:45 am
10:00 am
10:00 am – 1:00 pm
10:00 am – 12:00 pm
11:00 am – 12:00 pm
1:00 pm – 3:00 pm

Strength Training
Mahjong (*drop-in*)
Pickleball (*drop-in*)
Reflexology/Light Therapy
(*April 26*)
Fit Yoga w/ Sue
Chair Volleyball (*drop-in*)

THURSDAY

8:30 – 9:30 am
9:30 – 11:30 am
10:00 am
10:00 – 1:00 pm
10:30 am
12:30 – 2:30 pm
1:00 – 3:30 pm

Advanced Pickleball (*drop-in*)
Watercolor Painting
Chess (*drop-in*)
Pickleball (*drop-in*)
Cards – Hand and Foot (*drop-in*)
Acrylic Painting
Beginner Pickleball (*drop-in*)

For a complete listing of services and classes available, check out our website at www.kirtlandcommunity.com

Drop-in activities require no pre-registration

FRIDAY

9:00 – 10:15 am
10:00 – 1:00 pm
10:00 am – 12:00 pm
10:30 – 11:30 am
11:45 – 12:45 pm
12:00 – 1:30 pm
1:00 – 3:00 pm

Gentle Yoga
Pickleball (*drop-in*)
Massage (*April 14, 28*)
Chair Yoga
Aerobics (*w/ cardio drumming*)
Reiki (*April 21*)
Chair Volleyball (*drop-in*)

UPCOMING EVENTS

Council on Aging Visit
Senior Board Meeting
CLOSED
Hiking Club
Trivia
Attorney
“Faith in Kirtland”
Bus Trip to Cleveland Zoo
Ladies Lunch
Book Club
Trash to Treasure
Bus Trip to Lake Erie College
Birthday Lunch
State of the Schools
International Potluck
Kirtland Schools Senior Night
Community Service Day

Wednesday, April 5
Wednesday, April 5
Friday, April 7
Monday, April 10
Tuesday, April 11
Friday, April 14
Saturday, April 15
Tuesday, April 18
Wednesday, April 19
Thursday, April 20
April 17 – 26
Monday, April 24
Tuesday, April 25
Tuesday, April 25
Wednesday, April 26
Thursday, April 27
Saturday, April 29

COMING IN MAY

Gym Closed
Bus Trip to Produce Action/Yoder's
Hiking Club
Mind Challenge Trivia
Senior Board Meeting
Bus Trip to Brown Bag Concert
Attorney
Men's Lunch
Senior Day @ the Mall
Book Club
Trash to Treasure
Birthday Lunch
New Member /Memorial Day Potluck

May 1 – 2, 8, 15, 22
(see newsletter for details)
Friday, May 5
Monday, May 8
Mondays: May 8, 15, 22
Wednesday, May 10
Wednesday, May 10
Friday, May 12
Wednesday, May 17
Wednesday, May 17
Thursday, May 18
May 22 - 31
Tuesday, May 23
Tuesday, May 30

APRIL CLASS & WELLNESS SCHEDULE

REGISTRATION IS REQUIRED FOR THE FOLLOWING CLASSES OR WELLNESS APPOINTMENTS:

Fitness Class	Time	Dates	Cost
Aerobics Instructor: Cheryl	Tuesday 10:00-11:00	April 4, 11, 18, 25	\$15 <i>Drop-in: \$4</i>
Aerobics w/drumming Instructor: Cheryl	Friday 11:45-12:45	April 14, 21, 28	\$12 <i>Drop-in: \$4</i>
Gentle Yoga Instructor: Anne	Friday 9:00-10:15	April 14, 21, 28	\$9 <i>Drop-in: \$3</i>
Chair Yoga Instructor: Anne	Friday 10:30-11:30	April 14, 21, 28	\$9 <i>Drop-in: \$3</i>
Fit Yoga Instructor: Sue	Wednesday 11:00-12:00	April 5, 12, 19, 26	\$12 <i>Drop-in: \$3</i>
Strength Training Instructor: Nancy	Mon/Wed 9:00-9:45	April 3, 5, 10, 12, 17, 19, 24, 26	\$24 (8 classes) \$12 (4 classes) <i>Drop-in: \$3</i>
TaiJiFit Instructor: Tim	Monday 1:00-2:00	April 3, 10, 17, 24	\$12 <i>Drop-in: \$3</i>
Workshops	Time	Dates	Cost
Knitting Group	Monday 10:00	Every Monday	FREE
Card Marking Class		RESUMES IN JUNE	
Mahjong	Wednesday 10:00		FREE
Chess Club	Thursday 10:00		FREE

Classes	Time	Dates	Cost
Acrylic Painting Instructor: Connie	Thursday 12:30-2:30	April 6, 13, 20, 27	\$28
Watercolor Painting Instructor: Connie	Thursday 9:30-11:30	April 6, 13, 20, 27	\$28
Piano Lessons Instructor: Karen <i>*must register 2 /month*</i>	Tuesday 9:00-1:30	April 4, 18	\$17 per 30 minutes
Wellness/Other	Time	Dates	Cost
Attorney Deborah Loughner	Friday 9:00-11:00	April 14 May 12	FREE 30 minutes
Podiatry Dr. Kelly Whaley	Tuesday 9:00-12:00	April 11 May 9	\$25 per 15 minutes
Reiki Anne Owens	Friday 12:00-1:30	April 21	\$25 / 25 minute session
Reflexology or Light Therapy Linda McMahon	Wednesday 11:00-1:00	April 26	\$40 (Reflexology) \$45 (Light Therapy)
Swedish Massage Natalie Lopez	Friday 10:00-2:00	April 14, 28	\$65 per 50 minutes
Hiking Club <i>*See inside for location</i>	Monday 10:30 am	April 10	FREE
Beginner Pickleball Lessons	Thursday 1:00-2:00	NO LESSONS IN APRIL	FREE

MAHJONG

We asked, and you answered! If you are interested in playing or learning Mahjong, come out on **Wednesday mornings at 10:00 am.**

CHAIR YOGA

Our yoga instructor, Anne Owens, will be teaching a chair yoga class. This class is a gentle yoga class with an emphasis on stretching and strengthening movements while seated in a chair. A portion of class will provide instruction on the option to use a chair for support with select standing postures. This class finishes with a seated meditation and breathing practices. It will be on Fridays at 10:30 am and costs \$12 for the month.

CHAIR VOLLEYBALL

Chair Volleyball includes physical activity, social interaction, competition, and most of all, lots of laughs! The game is played with a beach ball and a five foot high net. More fun than you can possibly stand while seated! We play every Monday, Wednesday, & Friday from 1:00-3:00.

CHESS CLUB

Are you a chess player? Do you want to learn how to play chess? We meet weekly on Thursday mornings at 10:00 am. All levels are welcome and no registration is necessary!

CARDIO DRUMMING

Our fantastically fun (and sometimes loud) cardio drumming class continues every Friday. Due to popular demand and thanks to the flexibility of our instructor Cheryl, **the class has been moved to 11:45 am beginning in April.** As always, if you have never tried a class, the first is free.

BINGO

We are playing Bingo every Tuesday! Come take a chance on winning a gift card, lottery tickets or other great prizes. Bingo will be held in the Sunflower Room at 12:00. There is no cost to play!

BEGINNER PICKLEBALL LESSONS

New to Pickleball? Need to learn the basics? We got you covered with the ins and outs of pickleball. Lessons are on Thursday from 1:00-2:00 pm. **Our next session (four classes) will begin on May 4, 2023.** This is a FREE class, but fills up incredibly quickly.

If you have already taken the class, we ask that you be put on a wait-list. With the popularity of pickleball rising, we want to make sure to give everyone an opportunity to learn how to play correctly and safely. If you are not able to come to every class, please consider waiting for another month to allow others to participate.

Pre-registration is required and space is limited.

Make sure to wear tennis shoes and comfortable clothes you can move in!

EXPANDED PICKLEBALL HOURS

Advanced Pickleball:

Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

Beginner Open Play:

Beginner Pickleball will be on **Tuesdays from 2:30 - 3:30 pm and in April, Thursdays from 1:00 - 3:30 pm.** If you want to start playing, get some practice, or work on your game, this is a great time to do it!

Outdoor Pickleball:

The Outdoor Courts are CLOSED for the winter!

PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons. Tailored to the learning styles of the adult students. Students are welcome to bring their own music to lessons for evaluating it as a useable resource. **You must sign up for two classes a month. The cost is \$34 per month. Please note the slight increase. Next classes will be April 4, 18 between 9:00 am - 1:30 pm.**

2023 MEMBERSHIP RENEWAL

Registration is still open for 2023! Anyone is welcome to join, regardless of where you live.

Please note that your 2022 membership expired in February.

If you have not yet renewed, you will no longer receive our newsletters or be able to sign up for classes, trips, or activities.

THE SENIOR CENTER WILL BE CLOSED

Friday, April 7

THE GYM WILL BE CLOSED

**May 1 (after 10:30 am), 2 (all day),
8, 15, 22 (until 12:30 pm)**



BUS TRIPS

Cleveland Zoo - Tuesday, April 18

If there is one place we all love, it is the zoo! In an attempt to avoid the summer crowds and heat, we are planning a trip for all you YOU on Tuesday, April 18. We will be leaving the Center at 9:30, and arriving back here around 2:00 pm. The cost is \$18.50 per person, which includes the bus, zoo admittance, and the Rainforest (lunch is on your own). Weather permitting, the trams will also be running to the top of the hill to see some big kitties. RSVP and payment need to be in to us by Wednesday, March 29.

Lake Erie College Lunch and Tour - Monday, April 24

Next on our list of "places you've driven past a million times, but never been to," we will be headed out to Painesville for a tour of Lake Erie College. We will be leaving the Center at 10:15 am, and return around 3:00 pm. The cost is \$15 per person. We'll begin with a tour of the campus, enjoy lunch in the dining hall, and finish the day with a tour of the world-famous Equine Center. Everyone must wear close-toed shoes, because horses. Reservations are due by Monday, April 17.

Geauga Growers Association Produce Auction and Yoder's - Friday, May 5

Add this to the list of things you may not have known existed! We will be headed down to the Produce Auction in Middlefield on Friday, May 5. Leaving the Center at 9:00 am, we will travel down and see what is growing in Geauga County. Please note that everything is sold in bulk, so plan on going in with some friends if you see something you like! We ask that if anyone has a truck or SUV with cargo space, they follow the bus down to help transport anything we may win. Cash or check only for those lucky ones who place the highest bids. If you don't want to bid on anything, this will still be an awesome day and a new experience for most of us. We'll continue the day with lunch on your own at Yoder's, and return to Kirtland around 2:00 pm. If you are taking the bus, the trip is \$5/person. If you are driving yourself, it is free! RSVP by April 28.

St. Hubert's and Brown Bag Concert @ Trinity Cathedral - Wednesday, May 10

On Friday, May 10, we will load the bus at 9:00 am here at the Center, and head on down to St. Hubert's in Kirtland Hills. If you've never been to this beautiful church, you will not want to miss this! Pastor Dan will lead us in the tour of the building, and give us a bit of local history. Before we head downtown, we will assemble our brown bag lunches at St. Hubert's. May is Bach Fest (violin and organ) month for the Trinity Cathedral Brown Bag Concert Series, which begins at noon. We expect to be back in Kirtland around 2:00 pm. Cost per person is \$15, which includes both the bus and lunch. RSVP by Wednesday, May 3, or until spots are full.

**Please remember that all of our bus trips are for Senior Center members only.
No reservations will be taken after the cut-off date.**

SENIOR OF THE YEAR NOMINATIONS

Do you know a Senior member who you think deserves some recognition for all they do to help others? If so, we are looking for nominations for the 2022 Senior Citizen of the Year. Nomination forms will be available in the lobby and can be returned to the front office. All nominations are due by April 12. The winner will be recognized at "Senior Day at the Mall," sponsored by the Support our Seniors Coalition and County Commissioners.

HIKING CLUB - MONDAY, APRIL 10

Join us for a hike on **Monday, April 10 from 10:30 - 11:30 at the Strawberry Lane Trailhead. This month's sojourn will take you on the scenic loop trail and wildflower hike. There WILL be mud and few hills!** **Registration is requested but not required!** We hike rain, snow, or shine... use your best judgment and dress for the weather. See you on the trails!

HEARING SCREENING - MONDAY, APRIL 24

It is medically recommended to have your hearing tested annually, just like your blood pressure or cholesterol. Adults with untreated hearing loss are more likely to develop dementia. Hearing loss is not just an ear issue, it is also a quality of life issue, a health issue, and safety issue. Hearing loss can occur naturally due to age, but it can also be caused by other health reasons that may surprise you. The Hearing Center will be conducting **FREE** hearing screenings on April 24 from 10:00 am - 12:00 pm. Registration is required.

Welcome to our new members this month!

Liz, Karen, Suzan, Bruce, Kathryn, Janet, Charlotte, Dorothy, Joanne, Dorothy, Lynn, Jackie, Rodney, Trish, John, Christine, Sue, Esther



ART WORKSHOP WITH CONNIE WEDNESDAY, MAY 3

LOOK AT THE CUTE LITTLE GNOME!!! Let's celebrate spring, and create your own at a special painting workshop this May. Let us know by Thursday, April 27 if you are planning on joining us from 10:00 - 12:00. Cost is \$10/person.

BIRTHDAY LUNCH CELEBRATION

New this year - join us for YOUR birthday month & lunch is on us! Our April Birthday Lunch is Tuesday, April 25 at 12:00 pm. **The cost is \$8.** Our menu is fried chicken and macaroni salad. Please RSVP by April 19. EVERYONE is welcome, regardless of your birthdate! Our next Birthday celebration will be on May 23 and the menu will be bratwurst sandwiches and tator tots!



UPCOMING EVENTS



LADIES LUNCHEON

April ladies lunch will be held Wednesday, April 19 at 12:00 pm and the menu is potato soup and salad. **Cost is \$8.** Please RSVP by April 13. Our next luncheon will be June 21 and the menu is a wrap and chips.

MEN'S LUNCHEON

Men's Luncheon will be held Wednesday, May 17 at 12:00 pm. The menu is grilled burgers and potato salad. **Cost is \$8.** Please RSVP by May 10. The next luncheon will be July 19 and the menu includes fried chicken, cole slaw, and macaroni salad.

All menus are set in advance. If you have a specific dietary need, please let us know and we will do our best to accommodate you.

TRIVIA - TUESDAY, APRIL 11

Join us for Trivia on Tuesday, April 11 at 11:00 am. Come join us and be a part of a team this month and put all your random (or useless) knowledge about **Pop Culture of the 1970's** to good use! Most of the questions are multiple choice, and it's **FREE** to play! We meet in the lobby to form teams and then the fun begins. No registration necessary.

MIND CHALLENGE

You've been practicing all winter, and the time is finally here for the 2023 Mind Challenge sponsored by Scores Communication. To qualify for this we must have at least 3 teams of 4-6 players. Once teams are formed then the real competition begins! Kirtland Senior Center will be hosting the "Knockout Round" on Monday, May 8 at 9:30 am and then on Tuesday, May 15, we host the East Region "Smart Sixteen." Come see us at the front desk to register!

KIRTLAND SCHOOLS SENIOR APPRECIATION NIGHT THURSDAY, APRIL 27

Once again, the Kirtland Schools have invited us for a night on the town! All Seniors living in the Kirtland School District are welcome to the High School to enjoy a pizza and pasta dinner for \$5 each. Following dinner, they will be presenting "Pirates, Papers, and Plunder," for your viewing pleasure. RSVP by Friday, April 21 on our website or at the front desk.

BOOK CLUB - THURSDAY, APRIL 20

Our book selection is "Take My Hand" by Dolen Perkins-Valdez. Teresa has NOT yet read this book as of March 14, so don't ruin the ending!! The next Book Club is set for May 18 at 11:00 and we will be discussing "The Man Who Died Twice" by Richard Osman.

Kirtland Local School's Senior Citizen Appreciation Night

PIZZA/PASTA DINNER & PLAY

K

**THURSDAY, APRIL 27
DINNER AT 6:00 P.M.**
Kirtland High School Cafeteria

**ALL SENIOR CITIZENS LIVING IN THE KIRTLAND
LOCAL SCHOOL DISTRICT ARE INVITED!**

Play: *Pirates, Papers, and Plunder*
by Josephine Czarnecki and Darwin Garrett

Dinner Cost: \$5 for pizza and pasta dinner.
Payment can be dropped off at the Kirtland
Community Center.

Checks should be made out to
Kirtland Local Schools.

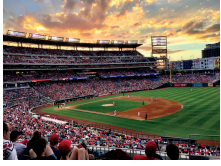
Free admission to see the play with dinner purchase!

RSVP: bit.ly/KirtlandPlayandPasta

SMILE! YOU'RE ON CAMERA

As part of the funds received through the County, we have also installed cameras throughout the building. These cameras will ONLY be used for safety and security purposes, and access is restricted to authorized personnel only. Coverage includes the gym, fitness center, and all outdoor facilities.

While signs are posted, we wanted to give you a heads up!



UPCOMING EVENTS

GUARDIANS OPENING WEEK - WEDNESDAY, APRIL 12

Come out to celebrate the opening week of 2023 baseball in Cleveland on Wednesday, April 12! Wear your Guardians or throwback Indians gear and join us for a themed lunch. Starting at 11:00 am, hot dogs, popcorn, and other ballpark goodies will be available for purchase (\$1 each). The 1:00 game may or may not be showing on our big screen... no RSVP necessary, and Go Team! Win the Points!

STATE OF THE SCHOOLS - TUESDAY, APRIL 25

Kirtland City Schools Superintendent Chad VanArnhem will join us at 12:30 pm following April's birthday lunch on Tuesday, April 25. The menu for the birthday lunch at 12:00 pm is fried chicken, macaroni salad & roll. While the State of the Schools presentation is free and open to the public, the lunch is for members only and costs \$8. RSVP for the lunch by Thursday, April 20.



INTERNATIONAL POTLUCK LUNCH **WEDNESDAY, APRIL 26**

Are you Italian & love pasta, Greek & love gyros, Irish & love soda bread, or Lithuanian & love Kugelis? If so, why not make a dish from your nationality and bring it to share at our first ever International Potluck Lunch on **Wednesday, April 26 at 12:00 pm** (PLEASE NOTE THE NEW DATE). Sign up in the office to let us know what you will be bringing and what nationality it comes from. Feel free to create a display for your country as well. Please RSVP for the event by **Thursday, April 19**.



NEW MEMBER LUNCH **AND MEMORIAL DAY POTLUCK** **WEDNESDAY, MAY 31**

Come join us for a Memorial Day Picnic and New Member Lunch on Wednesday, May 31 at 12:00 pm. We will supply the main meat dish, and you supply the rest! This potluck will be an awesome way to kick off the summer. Let us know at the front desk if you are planning on bringing a dish to share. For those who want to come to just eat, the cost is \$5. All new members from November 2022 on are FREE! We will be sending out invitations to the new members. Join us for this great way to get to know some new faces and enjoy some good grub. Hang out and play some corn hole, bocce, pickleball or just sit and relax and be with friends. RSVP by May 24.



COUNCIL ON AGING - WEDNESDAY, APRIL 5

Council on Aging will be here in the lobby on Wednesday, April 5 from 10:00 - 11:00 am. They will be bringing information from the Council of Aging and other information on services they can provide. If you have something specific you would like to talk about, please feel free to stop by and ask.



TRASH TO TREASURE

Our next Trash to Treasure Sale will be held from April 17 - 26. Drop off any household items you would like to donate for our sale. No personal items, clothing or electronics please! We will be accepting items during normal business hours. All proceeds go to the Senior Board.

Just a reminder to sign in whenever you come into the Center, unless you are registered for a class or event.

Also, please make sure to sign-in for ALL the activities that you will be doing that day.

Thank you in advance for your help!

COMMUNITY NEWS



COMMUNITY GARDENS

It is never too early to think about red, ripe tomatoes! Kirtland Kiwanis and the Garden Club of Kirtland are once again promoting the Kirtland Community Gardens. The gardens are located across from the Temple on Rt 306. There are 32-8'x4' raised beds, two of which are high rises for those who have trouble getting down on their knees. The garden is fenced against critters and there is a handy water supply as well as a shed for your gardening equipment.

The cost of rental for the season is \$20.

For information contact
patriciaballo@hotmail.com or
440-256-1341.

SENIOR DAY AT THE MALL WEDNESDAY, MAY 17

Senior Day at the Mall is BACK! Thanks to collaboration with the Great Lakes Mall and the Senior Services Levy Coalition, we will be gathering from 9:30 am - 1:30 pm on Wednesday, May 17. Tickets are \$1 each and will be available at the front desk soon!

SPRING YARD CLEAN-UP SATURDAY, APRIL 29

The Mayor's Action Network will be gathering to help our Seniors with their Spring yard clean-up on Saturday, April 30. For more information or to be placed on our list contact us at either 440-256-4711 or communitycenter@kirtlandohio.com.

BRUSH PICK-UP

Beginning the week of April 3, the Kirtland Service Department will collect brush throughout the city. The program is intended to assist residents with the SPRING clean-up of branches and twigs that have come down from the inclement winter weather. The program is **NOT** intended to assist with clearing a parcel or substantially clearing trees on a parcel. Weather permitting, City trucks will pass only one time through each ward, so please have your brush and tree limbs out by the start date listed for your ward. See the city website for requirements for brush pick-up.

2023 Spring Brush Collection Schedule

Ward 1: Week of April 3	Ward 2: Week of April 10
Ward 3: Week of April 17	Ward 4: Week of April 24

KIRTLAND KIWANIS FOUNDATION RUMMAGE SALE / GARDEN CLUB PLANT SALE

Back and better than ever! Hope to see you at this year's annual rummage and plant sale! Sponsored (respectively) by Kiwanis and the Kirtland Garden Club, this event is a great way to support two of our important local groups.

The 2023 sale will be held from May 11 - 13, starting at 10:00 am and ending at 6:00 pm at the Pumpkinville Barn (9337 Chillicothe Road). Kiwanis is always looking for contributions! During your spring cleaning, grab anything you think is worthy, and donate it from May 8 - 10 (12:00 - 6:00 pm). They cannot accept TVs, any chemical, upholstered furniture, or tires.

If you have any questions, or need items to be picked up, call Mike Sams at (216) 244-7335.


THE HOLDEN ARBORETUM GUEST SERVICES JOB OPENINGS

Are you a natural storyteller? Lead seasonal Highlights Tram Tours as a Tram Tour Guide. Tour guides help make guests feel welcome and foster deeper engagement with HF&G's mission by orienting them to the Arboretum campus and providing guests with an overview of Holden Arboretum gardens, collections, natural areas, and history.

The Guest Services department seeks a friendly team member to facilitate an exceptional guest experience. Provide great customer service while educating guests, selling admission, promoting membership, and contributing to a positive team atmosphere at the Holden Arboretum.

See these and other open positions for Holden Arboretum at holdenfg.org

SATURDAY, APRIL 15 12:00 - 3:00 PM



AN OPEN HOUSE OF FAITH COMMUNITIES

**ALL ARE WELCOME TO THIS FREE FAMILY-FRIENDLY DAY
OF EXPLORING OUR LOCAL CHURCHES.
BEGIN AT CITY HALL FOR A MAP OF THIS SELF-GUIDED TOUR.**

WWW.KIRTLANDOHIO.COM 9301 CHILLICOTHE ROAD 440-256-3332 EX. 5
KIRTLAND, OHIO 44094

FROM THE SENIOR BOARD

As I write this article the "Ides of March" is upon us, St. Patrick Day is right behind, and the countdown to spring begins. With spring comes Guardians baseball. To welcome baseball back we will have a "Guardians/Indians Day" at the center, Wednesday, April 12th. Everyone is encouraged to wear their gear. Dollar dogs, popcorn, and snacks to eat for \$1 each will be available. We will try to watch the game against the Yankees at 1:10 pm. Come and support the Senior Board.

Bus trips continue to happen at the center. In April we will be visiting the Cleveland Zoo and Lake Erie College. The trips are fun and educational. It may also be your last chance at winter exercise before bathing suit weather.

Hope this finds you well. Come up to the Center and have a "cup of Joe" with us, or just come up for a visit. We like seeing everyone.
Best, David Saywell

SENIOR BOARD

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2023 Senior Board consists of: David Saywell (President), Junior Orick (Vice-president), Marcia Haymer (Secretary), Penny Everson (Treasurer), Bill Russ, Karin Saywell, Janet Johnson, and Jean Orick.

When I began here at the Kirtland Senior Center, we were still under COVID lockdown. As we were learning more about the spread and how to prevent it, strict protocols were in place. Our number one goal was to keep our Seniors safe, and we were slowly figuring out the best way to do so. As we reopened for one-on-one appointments and drive-thru lunches, one thing became abundantly clear. I was fully masked, fully vaccinated at that point, and had to figure out a way to get Dorothy hugs while maintaining the guidelines. Turns out that is impossible. To know Dorothy Green is to love her, and to know Dorothy Green is to be loved by her.

I hate using the phrase "blank-years-young." If it would apply to anyone, it would be to Dorothy. But rather than diminish the importance of her age and wisdom, she will tell you that she is a strong and proud 92-year-old woman. She was born in Concord, the middle of nine children. This tenacious lady is the only one of her siblings who is still with us, and not a day goes by that she isn't grateful for it. A favorite childhood memory is waiting for the plow trucks to come down the road. The youngsters would hide in the ditch, and let the plow push the snow over them. While she would not do that today, and I feel morally responsible to advise everyone to avoid said behavior, it remains a time that brings a mischievous glint to her ever-twinkling eyes.

Every Saturday, you could find this mover and shaker at the Chesterland dance, where she met her eventual husband, Don. Throughout their 56 year marriage, these two did everything all the time. If you have a minute (or eight), ask her about the tractor club and their weekend travel to shows! She also spent 14 years at the Burton Historical Society, where her love of people manifested itself into cooking meals with joy.

If you ask anyone who knows her (and you should. Right now. I'll wait.), they will tell you that Dorothy loves to love and loves to help. If someone drops something on the floor, try to stop her from picking it up first. As she told me, "I'm closer to the ground." Regardless of her height, she packs a punch by loving above her weight class. From making baby blankets to looking after "old people" to volunteering at her church and her Center, this gal is constantly on the move.

Dorothy lives with her 66-year-old son Daniel, but you better believe that she will not let him help in her flower beds. While she grudgingly allows him to mow the lawn, her flowers are a point of well deserved pride. Weeds have no place in her world, and she will attack them with a vigor I can only strive for.

You can find her every Sunday morning with her chosen family at the Little Church in the Vale in Gates Mills. The community truly looks after each other, and called to make sure she was fine after she accidentally slept in on Daylight Savings Day. We should all be so lucky to have people who care about us, and luckily you do. You may have not yet met, but you can bet your bottom dollar that Dorothy loves you.

Don, Dorothy's beloved husband, passed away 13 years ago, and she misses him terribly to this day. They were constant fixtures here at 7900 from the day we opened our doors. He would be in the front working the crowd, while she was rocking and rolling in the puzzle room. An institution at the Kirtland Senior Center, she assisted with the meal program when it was here and runs our weekly Bingo.

You ask Dorothy about herself, and she will tell you about everyone else. Not to be redundant, but from her mouth to your eyes (I'm consolidating for effect): "I just love all the people here. Everyone treats you like a person, not a number. I've met so many wonderful people - even if I don't know their names, I love them anyway. We need this place (editor's note: and all the people in it!). Everyone knows where to find me if they want to - in the puzzle room!"



When asked if she had any advice for all of y'all, she chose what she models. Help other people. Don't be selfish. If anyone needs help, get up and do it. Treat everyone nicely, no matter what. She's been living this way for 90+ years. I'm still trying to figure out how, but I have another 50+ to go to catch up to her.

She does warn us though - she is stubborn. Although she always walks away rather than fights, she did say that if something needs to be dug up, she's got her shovel. I think she was referring to gardening, but one can never be too careful.

I asked her what she wanted to be when she grows up, and she said, "I just want to be me." Well, Dorothy, I can speak for all of us and say that we're glad you are. Thanks for the hugs!

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7900 EUCLID-CHARDON ROAD
KIRTLAND, OH 44094

BAD JOKES FOR APRIL:

How do you get two whales in a car?
What do you call a parade of rabbits hopping backward?

Answers inside!

KIRTLAND SENIOR CENTER

(440) 256-4711

communitycenter@kirtlandohio.com

www.kirtlandcommunity.com

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

*Funding provided by the City of Kirtland Recreation and Senior Levy
and the Lake County Commissioners Senior Citizens Levy*